

ABOUT THIS ISSUE

Chloe Cavis-Haie & Sam Neboschizkij

SCHOOL SCHMOOL WAS CREATED IN TIOH'TIA:KE ("MONTREAL"), UNCEDED INDIGENOUS KANIEŃKEHA:KA (MOHAWK) TERRITORY. IT HAS ALSO HISTORICALLY BEEN A MEETING AND LIVING SPACE FOR HAUDENOSAUNEE, ABÉNÁKI, AND ALGONQUIN PEOPLE. WE ALSO RECOGNIZE THE CONTINUED PRESENCE OF MÉTIS, INNU, AND INUIT FOLK ON THIS LAND.

School Schmoool is your radical guide to your often unradical school. University can (and should be) more than an ivory tower. We hope to bridge (and break) the gap between academia and issues outside the classroom.

School Schmoool began as a bi-annual publication that brought together group profiles, articles, and practical resources of use to all students, especially those interested in environmental and social justice issues. It was resurrected as an agenda and resource book in the summer of 2006, and has been connecting the McGill, Concordia, and greater Tioh'tia:ke communities ever since.

We hope to showcase work that takes a non-judgemental, anti-oppressive, decolonial and intersectional perspective. We want the pieces to be accessible to all, without the classist academic jargon. Work by Queer and/or Trans Black and/or Indigenous and other contributors of colour was prioritized.

The theme for this year's 2017-2018 edition is transition: the process of moving through or past something from one place to another; a shift in state or form, akin to the different ways in which our local communities have an effect and are affected by a multitude of movements bursting forth and their subsequent entanglements. We reflected on ways to support one another and move forward against the larger currents.

As part of our commitment to the Indigenous people of the land, we aimed to center Indigenous voices within our publication— specifically women and LGBTQ-IA2S+ Indigenous voices. We reject the settler-colonial occupation of this territory by so-called "Canada".

In light of the recent 150/375th settler colonial celebrations, we have adopted Idle No More's UNsettling 150 as one of our primary mandates for our publication.

1. Unsettling 150, "A Call to Action"

We recognize and affirm that settler-colonial jurisdiction over Indigenous lands, territories, and resources is inseparable from the issue of self-determination for Indigenous people. Violence against women, trans, and 2spirit Indigenous people is connected to the loss of authority over our lands. It is worsened by extraction industries that attempt to claim ownership to Indigenous lands and people through acts of violence.¹



DEFEND THE TERRITORY



#resist150
#anti375

ABOUT QPIRG MCGILL

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The Québec Public Interest Research Group at McGill (QPIRG-McGill) is a non-profit, student-run organization that supports action, research, and education on a wide array of social and environmental justice issues. Here's a quick guide to our projects, resources, and events.

WORKING GROUPS

Our working groups are the heart of our organization. Touching on issues as varied as independent media, urban gardening, Indigenous sovereignty, workers' rights, prisoner support, anti-racism, migrant justice, and solidarity with the so-called "Middle East," our working groups are engaged in making creative, direct, and grassroots social change.

RESEARCH

We think that research should be community-based and useful to those striving for social change! In this vein, the Community University Research Exchange allows students to fulfill their course, internship, or thesis requirements while doing research that is needed by community organizations around Montréal. The Convergence journal showcases engaged and community-based undergraduate research and action projects.

POPULAR EDUCATION

Throughout the year, QPIRG-McGill puts on workshops, panels, films, and discussion groups. Whether as part of Culture Shock!, which touches on the myths surrounding immigrant, Indigenous, and communities of colour; Social Justice Days, which provides a space for students to learn about social and environmental issues; or the Radical Skills series, which helps you learn how to fight for social change, our popular education projects provide opportunities for critical reflection and thoughtful activism.

QPIRG-McGill is by and for students. Whether by joining a working group, planning an event, joining the Board of Directors, or helping organize a conference, QPIRG-McGill would love to have you.



ABOUT QPIRG CONCORDIA

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The Québec Public Interest Research Group at Concordia is a resource centre for student and community research and organizing. We strive to raise awareness and support grassroots activism around diverse social and environmental issues.

Our work is rooted in an anti-oppression analysis and practice. We seek to make campus-community links and inspire social change through engaging, inclusive, and non-hierarchical approaches. Our core projects include the Study In Action undergraduate and community research conference; the Disorientation alternative orientation; the Community-University Research Exchange (CURE); and our Alternative Library.

We also produce various publications including *Convergence*, a journal of undergraduate and community research, and the School Schmoool radical agenda—which you're holding in your hands right now!

Importantly, we support close to thirty Working Groups that organize on a wide variety of social justice issues including: radical childcare, prison justice, art skillsharing, anti-capitalism, migrant justice, radical mental health, anti-police brutality work, queer issues, accessibility, international solidarity, and more.

We maintain an active schedule of events throughout the year, including book launches, films, skillshares, and teach-ins.

In essence, QPIRG Concordia is a campus-community link for social change. Both students and community members are welcome to make use of our space and resources, and participate in our projects.

We believe in the power of collective organizing to achieve social justice!



TIOHTIÀ:KE AND SURROUNDING AREAS IN THE KANIEN'KEHA:KA LANGUAGE

By Karonhí:io Delaronde & Jordan Engel



1. ganienek.net

EXCERPT FROM MONTREAL IN MOHAWK

This map of Tiohtià:ke tsi ionhwéntsare was made by Karonhí:io Delaronde, a Kanien'kéha speaker from Kanièn:ke', and Jordan Engel, a map-maker from Ka'skonhtsherá:kon (Rochester). The following list of toponyms contains the Kanien'kéha place name, its translation, and the English place name.

A'NENHARITHÀ:KE (PLACE WHERE THE GRAPES ARE COOKED) – SAINT-EUSTACHE

IONIATARAKWÁ:RONTE (IT HAS A BULGE IN THE LAKE/RIVER) – CHAMBLY

KA'NESHATÀ:KE (WHERE THE FINE SNOW-CRUST IS [NAMED SO BECAUSE WHEN GOING THERE WHEN IT IS REALLY SUNNY THE SANDS OF THE FOOTHILL SPARKLE LIKE THE SNOW-CRUST]), OR **KANESHATÀ:KE** (ON THE FOOTHILL) – OKA

KAHENTÁ:KE (ON THE PRAIRIE) OR **KEN'TÁ:KE** – LA PRAIRIE

KAHNAWÁ:KE (ON/AT THE RAPIDS) – KAHNAWAKE

KANÁ:TSO (PAIL IN THE WATER, PAIL BOILING) – THE OTTAWA RIVER

KANIÁ:TARE TSI KAHNHOKÁ:RONTE – THE RICHELIEU RIVER **KANIATAROWANÉNHNHE** (PLACE OF THE BIG RIVER) OR

KAHRHIONHWA'KÓ:WA (THE GREAT SIZED RIVER) – THE ST. LAWRENCE RIVER

KARONHIATSI'KOWÁHNE (WHERE THE SKY IS NOTICEABLY GREAT) – LONGUEUIL

OSHAHRHÈ:'ON (MOST LIKELY TO DO WITH OSHÁHRHE [CATTAIL]) – CHATEAUGUAY

OSHAHRHÈ:'ON OR **SHAHRHÈ:'ON** – THE CHATEAUGUAY RIVER

OTSIRÁ:KE (ON THE FIRE) OR **O'SERONNÍ:KE** (PLACE OF WHERE THE AXES ARE MADE) OR **TIOHTIÁ:KON/TÍÓTIAH'KE** (BROKEN IN TWO [THE ST. LAWRENCE RIVER BREAKS INTO TWO AROUND THE ISLAND]) – MONTREAL ISLAND

SKANIATARÁ:TI (ACROSS THE RIVER) – LACHINE

TIOHTIÁ:KE (FROM TIOHTIÁ:KON/TÍÓTIA'KE [BROKEN IN TWO]) – MONTREAL

TKEN'TARÓ:TON (MANY CHIMNEYS ARE STANDING THERE) – SAINT-PLACIDE

TSI IENONTAHRÁSTHA (PLACE TO MARCH UP A MOUNTAIN) – CALVARY MOUNTAIN

TSI KAHATIATONSHERÓN:NI (WHERE THE PAPERS ARE MADE) – SALABERRY-DE-VALLEYFIELD

TSI KANIÁ'TARÓN:NI (WHERE THE CLOTHS ARE MADE) – BEAUHARNOIS

TSI TKAHNÁ:WATE (WHERE THE RAPID IS) – LASALLE

WISHÒN:KE (PLACE OF THE PLUMS) – SAINT-PHILIPPE

VISIT DECOLONIALATLAS.WORDPRESS.COM FOR MORE INFORMATION

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ARTICLES & COMICS



BISSAN EID

is a 24 year-old dual Canadian-Palestinian citizen, Concordia master's student and new mother held in Gaza - under Israeli siege - for half a year.

After many months and considerable public pressure, Bissan Eid and her child Sarah, born in the Gaza strip, returned to Tiohtiàke (so-called 'Montréal') on June 30th 2017.

The many obstacles they faced while held in Gaza - including restriction of freedom of movement, and lack of adequate medical resources - are tangible results of structural racism imposed by Israel on Palestinians.

In June 2016, Bissan left Québec to visit her aging grandparents and get married in Gaza.

University and community groups continued to mobilize in support of Bissan and Sarah, in solidarity with all people living under the violence of colonial borders and apartheid.

They used pressure tactics to force the Canadian government to take action and bring them home.

Context of Gaza: Israel has had Gaza under a land, sea and air blockade for 10 years.

Israel's blockade has virtually cut off all access to the outside world for more than **two million Palestinians** - refusing them access to humanitarian supplies, clean drinking water, electricity, medical care, and freedom of movement within and outside of Gaza.

To date, Israeli air strikes have killed more than 2000 residents of Gaza and injured 11,000 others.

We fought to
#BRINGBISSANHOME

Her fight is one of many.

More info: tadamon.ca

From the river to the sea, Palestine will be free
END ISRAELI APARTHEID

Hikaru Ikeda
July 2017

APPROPRIATION AND REDSKINS/REDMEN

An excerpt from Decolonization 101

By Molly Swain and Lindsay Nixon

CW¹: RACISM, CULTURAL APPROPRIATION, SLURS

1. CW refers to content warnings, which warn the audience of any content that has a strong possibility to trigger (or cause) a severe negative emotional response.

tanisi kahkiyaw awiyak, Molly Swain êkwa Lindsay Nixon nitisiyakâsonân, Molly otipêmsiw-iskwêw ôma wiya otôskwanihk ohciw, Lindsay anishnaabekwe/nêhiyaw-iskwêw ôma wiya Tootinaowaziibeeng Nation ohciw. nikîhokêwinân onatowêw-askîy êkwa pîtos nêhiyawak-askîy. osihchikawak Indigenous Women and Two-Spirit Harm Reduction Coalition. namoya wi-yôski-pikîskwawak.

I've stopped going out on Halloween, and there are two main and overlapping reasons: the rampant cultural appropriation and the inevitable racist caricatures they represent. They're prevalent throughout most of the year, but become shockingly ubiquitous around Halloween, and it's a lot less upsetting to just stay home and miss out on the "fun," rather than go out and be confronted with the level of dehumanization Halloween has come to embody.

The issue of cultural appropriation has been kind of a big deal in mainstream media for a few years now, and it's good to see folks start to take it seriously. If you don't already know, cultural appropriation is the adoption of certain restricted cultural items or traditions by someone from another culture. What do I mean by restricted? A university degree, for example, is a restricted item in settler culture. You have to earn a degree through years of hard work and training, and that diploma represents something about your accomplishments. Not just anyone can stick a fake medical degree on the wall and call themselves a doctor—there would be serious repercussions. No one would argue that they actually just really, really respect the medical profession, and that's why they have that fake Harvard MD in the living room. But that's exactly what we Indigenous folks hear when people try to justify wearing a fake headdress, or eagle feathers, or when they talk about their 'spirit animals.' They really "respect" us, they want the "Native experience."

Of course so much of this racism is bound up in capitalism. Urban Outfitters will sell you stolen "Native" prints on the cheap, some asshole on Etsy will sell you a chicken feather headdress, you can pay to take a test that will tell you what your "spirit animal" is. Capitalism and colonialism are complicit in centuries of ongoing genocide against Indigenous peoples. This has included banning many of our ceremonies, sacred items, and cultural practices, and now they are being repackaged as cheap knock-offs so settlers can play-act some fantasy of the historical "Indian" while our lands continue to be stolen, our children continue to be taken, and our women and girls continue to be murdered. Cultural appropriation is a big fuckin' deal, so don't be surprised if we get pissed off!

And yeah, Indigenous cultures have created some gorgeous stuff. And not everything is restricted! Moccasins, for example, are an unrestricted item and they're comfy as hell and if they're authentic will often have absolutely gorgeous beading. If you want mocs, go authentic. Seriously. They are expensive, but save up or go without, if you want to engage with some of our cultural items the least you can do is get them from us and appreciate the incredible craftsmanship that goes into their creation. Real Indigenous artists will not try to sell you restricted items, and if you're not sure, ask!

Check out apihtawikosisan's excellent piece on cultural appropriation here for an expanded discussion:

APIHTAWIKOSISAN.COM/2012/01/ THE-DOS-DONTS-MAYBES-I-DONT-KNOWS-OF-CULTURAL-APPROPRIATION

Now on to Redmen and Redskins!

In case you skipped the "Terminology" section of this zine, redman and redskin are slurs! So why are McGill's men's sports teams called the Redmen (they used to be called the Indians)? Why are there professional sports teams called the Redskins? The answer, unsurprisingly, is racism. Settler colonialism loves the idea of Indigenous peoples, but hates actual living breathing ones. Caricatures and stereotypes of Indigenous folks have been around just about as long as settlers have, and they have been used simultaneously to position Indigenous peoples as extinct or dying out (the only thing left is this smiling red face), and to dehumanize Indigenous peoples—just about every Indigenous person has a story (or dozens of stories) about being told that they "just don't seem like a REAL Indian," because of course, "real Indians" are supposed to live in tipis and hunt with a bow and arrow, not play too much Candy Crush and love Star Trek (actually that may just be me).

There are of course many other stereotypes that Indigenous peoples are faced with: the Noble Warrior, the Squaw, the Pocahottie/Sexy Indian Princess (a Halloween favourite!), the Shaman, the Drunk Injun, the list goes on and on and none of these are even remotely ok! For example, the sexualization of Indigenous women seen in Sexy Indian Princess costumes is resultant of "Squaw" narratives. Squaw narratives ascribe terra nullius on our lands to our bodies, marking our bodies as available for conquest by settlers and thereby rapable and disposable. These narratives actually condone ongoing sexualized violence against Indigenous women, Two-Spirit peoples, and girls. So, when you wear a Sexy Indian Princess costume at Halloween you are in fact enacting gendered and sexualized violence against Indigenous women.

Would you just stand by and accept it if McGill's team name was a racist slur against another group? Wouldn't you be embarrassed and angry? My point is that racism against Indigenous peoples is so normalized and engrained that it's not even on people's radars, or it is and they just can't be bothered to care. There has been lots of good writing on how stereotypes of Indigenous peoples are emotionally and materially harmful, so do that research and educate yourself and those around you! There are "Change the Name" campaigns and lawsuits being filed to pressure racist institutions to get their acts together. It's well past time for McGill to follow suit, and as a student or Montréal community member you are very well positioned to start shaming them for their apathy and racism.

So yeah, as Halloween rolls around, skip the redface and institute a 'no racist costumes' policy at your party. Then maybe I'll be able to join you this year.

ARTICLES

DEALING WITH THE POLICE

An excerpt from "Guess What: We've Got Rights?!"
By the Collectif Opposé à la Brutalité Policière

CW: POLICE BRUTALITY, PRISON INDUSTRIAL COMPLEX, LAW ENFORCEMENT, CRIMINAL JUSTICE SYSTEM

We have to rely on ourselves to know our rights and ensure that they are respected. The police systematically abuse their power, particularly when confronting marginalized individuals: the poor, youth, and anyone questioning authority. The information below is based on Canadian laws as well as on rules and regulations applying to police forces in Québec.

Identifying Yourself

Your identity is your own. You are under no obligation to identify yourself to a police officer except in the following cases:

- if you are under arrest
- if you are driving a motor vehicle, you must show your driver's licence as well as the vehicle's registration (remember: passengers do not have to identify themselves)
- if you are found at night in a public place (park, street, etc). According to some municipal by-laws, people who refuse to identify themselves can be charged with vagrancy
- if you take the metro and use a reduced rate pass: in this case, police and metro security may only ask you for your "Privilege" card to ensure that you have the right to the reduced rate.

Other than these exceptions, you are never obliged to speak to the police. If cops call out to you, you can pretend you don't hear them and peacefully continue on your way. If the police insist and ask you to identify yourself or to come with them, ask them: "Am I under arrest?" If you are not, you must firmly but calmly tell them that you don't have to and/or will not identify yourself and/or follow them.

The police have to identify themselves. According to their own code of conduct, the police are required to identify themselves and/or wear badges with their names and ID numbers on them.

DON'T TALK TO THE POLICE UNLESS YOU HAVE TO!

Demonstrations

Depending on the type of demo or action, it might be a good idea not to speak about it on the phone or any place where you might be overheard.

Protecting your identity

The identification division of the Montréal Police "accompanies" demos, rallies, etc., with the sole purpose of identifying demonstrators, activists, organisers, and speak-

ers. You can choose to wear a mask or a disguise in order to protect your identity. Wearing a mask will attract the attention of police, especially of undercover cops, as well as of the media. Being masked or disguised “with the intent to commit a crime” is a specific criminal offence. A disguise might also frighten some demonstrators.

What to bring

- Pen and paper: these are handy to take detailed notes of any incident that might occur during the event. For example, if there are arrests: the names of the people arrested, their phone numbers, friends to contact, details of the arrest, actions of the police, identification numbers of the police cars, descriptions of the police, and, if possible, their names and badge numbers, as well as the names and phone numbers of anyone who witnessed the arrests.
- Camera and video cameras: you can photograph the license plates of all undercover cop cars, take pictures of the police, those who might be police or suspected provocateurs, and photograph any incident (arrests, police brutality, etc.)
- Tape recorder: a tape recording of cop’s remarks and statement is a valuable addition to photos and videotapes.

What not to bring

Leave your address book or any other documents that may contain sensitive information at home. Don’t bring any illegal drugs or anything that cops might consider to be a weapon. Choose beforehand which ID you’ll bring, and leave the rest.

Clothing

Before going to a demo, ask yourself: am I wearing shoes that are good for running? Does the colour of my clothes make me easy to identify? Can I be easily grabbed by the hair? Etc.

Undercover cops

Don’t expose an undercover cop on your own, since you might then be accused of “obstruction”. Discreetly and calmly spread the word to people you know. Then you may collectively decide to circle the cop while chanting, pointing fingers, and jumping. Usually, the undercover cop won’t stick around. Never forget that the person beside you may be an undercover, so watch what you say.

Voluntary dispersing

The end of the demo is always your most vulnerable time. Always leave in groups, because if people have been targeted for arrest, this is generally the time police will easily proceed to those arrests.

ARTICLES

CONSENT CULTURE

By Cliff Pervocracy¹

1. Note: the two sections marked as School Schmool additions were excerpted from a previous edition of the Slingshot Organizer or written ourselves. They are not part of Cliff's original article.

CW: CONSENT, SEXUALITY, SEXUAL INTIMACY, POWER DYNAMICS INTIMACY, RELATIONSHIPS, BDSM, R*PE

A consent culture is one in which the prevailing narrative of sex—in fact, of human interaction—is centered around mutual consent. It is a culture with an abhorrence of forcing anyone into anything, a respect for the absolute necessity of bodily autonomy, a culture that believes that a person is always the best judge of their own wants and needs.

I don't want to limit it to sex. A consent culture is one in which mutual consent is part of social life as well. Don't want to talk to someone? You don't have to. Don't want a hug? That's okay, no hug then. Don't want to try the fish? That's fine. Don't want to be tickled or noogied? Then it's not funny to chase you down and do it anyway.

The good news is, there are things you can do to bring this about. Things beyond just “don't rape people” (although that's an excellent start).

Ways You can Work Toward The Creation Of a Consent Culture

1. Don't rape people. It does bear saying.

“There is no implicit consent to touch someone's genitals because you have kissed them, or to have intercourse because you've had oral sex. Consent means that all parties involved have agreed to the activities voluntarily and uncoerced. Consent can also be revoked at any time if someone doesn't want to continue.”
(School Schmool addition)

2. When you see something that looks abusive or nonconsensual going on, don't turn your back.

At least be a witness—just the presence of another person can be someone's biggest guarantee of safety. Stepping in and checking if everything's okay is even better.

3. Ask before touching people.

Say “do you want a hug?” and if they say no then don't hug them—and also don't give them any shit about not being friendly or affectionate. Don't make a big deal out of it, just make it part of your touching-people procedure.

4. Negotiate sex!

Explicitly negotiate sex play, and BDSM play if you do that. Be eminently clear about the fact that play is not a package deal for you, and your partner is free to change their mind about any part of it at any time— as are you.

5. Learn to love consent. I worry that I've made getting consent sound like a chore. It's anything but. Asking for consent is a moment of emotional connection.

It's much less pressure to offer someone a choice ("Would you like to come home with me or would you rather hang out here?") than a request ("Would you come home with me tonight?"). If we allow for slow and comfortable intimacy, we are likely to experience it more fully and joyfully. So, if you are often the initiator of your sexual experiences, experiment with patience and let someone else take the lead. If you are less likely to initiate sex, think of ways you could safely ask for intimacy. (School Schmoool addition)

6. Talk about consent. Make consent part of the stories you tell about sex. Just a natural part of the process, something that ought to be taken for granted will be part of a sex story.

"So last night I asked Sandra if she wanted to hook up and she totally said yes."

"Ohmygod, Jane asked me to have sex with her, and it was awwwwesome."

"Kirk laid Spock tenderly across the science console and whispered hoarsely in the Vulcan's pointed ear, 'Do you want this? Do you want me inside you?'"

7. Bring consent out of the bedroom.

I think part of the reason we have trouble drawing the line "it's not okay to force someone into sexual activity" is that in many ways, forcing people to do things is part of our culture in general. Cut that shit out of your life. If someone doesn't want to go to a party, try a new food, get up and dance, that's their right. Stop the "aww c'mon" and "just this once" and the games where you playfully force someone to play along. Accept that no means no— all the time.

It's good to practice drawing your own boundaries outside of the bedroom, too. It can be shockingly empowering to say something as small as "no, I don't want to sit with you." "No, you can't have my phone number." "I love hugs, but please ask me first." It's good practice for the big stuff. Simply learning to put your mind in the frame of "this person does not want me to say no to them, and they will resist me doing it, but I'm doing it anyway" is a big, important deal.

Consent culture is a tough thing to build. But it grows in little microcultures, tiny bubbles of sex-positivity, and circles of friends where consent is the norm, and it has potential to grow so much more. Give it a hand. Make it part of your own life, and it becomes just a little bit bigger part of the world. Start living consent culture.

8. Decolonize your views on consent.

Think about how a lack of consent in your current context is informed by settler colonial doctrines. Think about how racialized bodies are disposable and forced into things they didn't consent to and how that plays into power dynamics. (School Schmoool addition)

PERVOCRACY.BLOGSPOT.CA/2012/01/CONSENT-CULTURE

SELF-CARE AS POLITICAL WARFARE

By Anabel Khoo

CW: CAPITALISM, ACADEMIA, MENTAL HEALTH AND BODILY WELLNESS

We live in a neoliberal capitalist system that often frames taking care of ourselves as either shameful or individualistic. Especially for those of us who are racialized, disabled, and/or poor, prioritizing our self-compassion, nourishment, release, and rest is delegitimized and leaves us struggling to just get through each day.

In academic institutional settings like universities, we're often not encouraged or given permission to meet the needs and desires of our beautiful minds, spirits, and bodies. Whether it's the lack of accessibility of learning environments, the legacy of violent exploitation of Black, Indigenous, and People of Colour's (BIPOC) knowledge and bodies in the name of "research", or the limited funding available for safer spaces and mental health resources, barriers to self-care are constantly popping up, leaving us burned out, silenced, or in a constant state of crisis.

The narratives and systems that force us to believe that self-care is unnecessary or selfish are not only dehumanizing, but also betray the fact that we are interdependent and complex beings who are capable of building loving relationships with ourselves so that we can build resilient movements for collective liberation.

These are a few tips that I found helpful in my six years navigating the waters of undergrad and grad school as a queer woman of colour. There are many more out there and I encourage you to think of what would work best for you in your situation, and I hope you know that if you're having a hard time, you're not alone!

1. Find outlets for your expression

Let's start with the fact that you are a unique, brave, dynamic, and awesome person. You have things to say and feelings to share and they deserve outlets! Find activities and spaces for your creative, emotional, physical, and political expression, where you can speak your mind, be vulnerable, or manifest your creative vision. This might include starting a blog, joining a club, engaging in activism, art, music, journaling, sports, sex, and if possible, channelling your genius into your school work.

2. Get inspired and hang in there!

Root into students, activists, theorists, and professors who found a way to make waves through academia, whether through their written work and/or on-campus activism. There are projects and resources that exist to support political activism and self-care while in the academic industrial complex such as: Alexis Pauline Gumbs' Brilliance Remastered initiative, Crunk Feminist Collective, the zine "Dismantling the Ivory Tower: A How-To Guide for POC* Charting New Strategies for Social Justice", the Critical Ethnic Studies Association, or CURE Montreal community research exchange. Use these sources of inspiration as a way to locate your time in school as part of a larger purpose, passion, or vision of a better world.

Feeling like you have to pretend to be something you aren't in order to belong in academic settings (impostor syndrome) is common, especially among marginalized folks, so reminding yourself every day of how brilliant you already are—your lived experience, insight, survival strategies, and creative wisdom—is paramount. I literally printed out self-affirmations, quotes, and photos of my favorite sources of

“Caring for myself is not self-indulgence, it is self-preservation, and that is an act of political warfare.”

- Audre Lorde

inspiration and taped them around my desk and in my planner to keep me going.

3. Nurture a relationship with your body

Our bodies need healing, nourishment, and rest, but for many reasons, including the trauma and violence that come with colonization, it can be difficult to regularly take in the sacredness of the land, the nutrients in food, and the ecosystems that our bodies hold. The imbalanced focus on the “rational mind” in academia comes at the cost of our bodies, so cultivating an embodied practice, resting, experiencing bodily pleasure, or nourishing ourselves and the land in whatever ways we can manage can go a long way.

4. Make a plan that works for you

Trying to get all the things done while also being gentle with ourselves can be a hard balance to achieve, but if you can, find a system for mapping and organizing your goals and tasks in a way that suits your own work and learning style. It can be through visual mapping, talking it out with a friend, creating a study buddy support team, journaling, or other ongoing ways of evaluating what conditions and structures you need to manage your tasks.

When I was in school, I was really embarrassed by what I saw as my lack of efficiency, productivity, and academic performance (capitalism strikes again). It took me a long time to kindly admit to myself that I’m just someone who can only study or write in short, concentrated 15-minute bursts, and not for a continuous set of hours. I need a lot of breaks and ironically found that having one or two other distractions going on (music, TV, loud coffee shop sounds, conversations, etc.) around me actually helped me to focus long enough to get a task done (if you haven’t already guessed, I have a Gemini moon). It took me a long time to accept that I couldn’t be productive or successful in the ways I saw others being, which was frustrating, but when I started to embrace my learning style, I was more able to identify and find the spaces and support I needed to get my work done and meet other commitments.

5. Reach out for support

There can be a lot of guilt and shame that prevents us from showing our vulnerability and asking for help when we need it. However, in a world where the majority of humans and our planet as a whole are struggling to survive various forms of toxic violence, it’s no wonder that many of us feel isolated and disempowered. Reach out to supportive friends, groups, and counselling from people who can meet you where you’re at with a harm reduction approach and who won’t pathologize you for your reactions or experiences.

Links:

Brilliance Remastered: alexispauline.com/brilliance Remastered

Zine: “Dismantling the Ivory Tower: A How-To Guide for POC* Charting New Strategies for Social Justice”: issuu.com/moyabailey/docs/_dismantlingivorytower_zine

Crunk Feminist Collective: crunkfeministcollective.wordpress.com

Critical Ethnic Studies Association (CESA): criticalethnicstudies.org

CURE Montreal community research exchange: curemontreal.org

INTERSECTIONAL FEMINISM

By Cera Yiu

CW: ANTI-BLACKNESS, LGBTQIA2S+ PHOBIA, CLASSISM, TRANSPHOBIA, MISOGYNY

The term “intersectionality” was coined by Black legal scholar Kimberlé Crenshaw in 1989. It originated from the Black feminist movement in order to address the ways in which Black women were experiencing multiple oppressions such as racism and sexism, and were marginalized from both the Black liberation movement and the mainstream liberal feminist movement. Intersectional feminism aims to explain that people’s identities are complex, multi-layered, and overlapping. One cannot attempt to examine these oppressions in isolation because they inform each other. For example, a working-class woman of colour cannot experience her life separately as racialized, as a woman, and as working-class. She lives her life simultaneously as a working-class woman of colour. An intersectional approach to feminism acknowledges these layered identities, and how they impact people’s personal, social, and political interactions with the world.

The goal of intersectionality at its core is to highlight the ways in which mainstream feminism often centres on white, middle-class, cisgendered, and able-bodied people and does not reflect the ways in which women’s experiences are influenced by other identities, oppressions, and backgrounds. Subsequently, its focus on “women” often translates to cis women and therefore excludes and erases trans* women and non-binary people from feminist spaces and communities, which inhibits the much-needed solidarity work amongst people who experience gender oppression and misogyny.

Intersectionality can be a fancy term that is often used without a real understanding of what it means and the responsibilities it entails. As such, an intersectional feminist movement must be built on a commitment to community, accountability, and solidarity for all people who experience gender oppression. This does not only involve educating ourselves about other people’s needs and struggles, but also entails actively supporting those struggles and acting as allies. Even further, as people who also have overlapping privileges, we must be accountable for the ways in which we uphold and perpetuate systems of domination such as white supremacy, settler colonialism, transmisogyny, classism, heterosexism, and ableism. Finally, an intersectional feminist movement needs to be anti-colonial and centre trans women of colour – Black women and Indigenous women – whose work have laid the foundations for anti-racist and trans-inclusive feminisms.

Intersectional feminism provides the framework necessary for us to work towards the liberation of ourselves and our communities, without relying on mainstream feminist thought, which has often ignored, or outright devalued, the many unique and complex struggles and identities that make up other feminist movements.

HOW TO GET CALLED OUT ON RACISM/WHITE PRIVILEGE

Anonymous

CW: SETTLER COLONIALISM, ANTI-BLACKNESS, WHITE SUPREMACY, WHITE FRAGILITY

Hey fellow white people! We white folks are the beneficiaries of white supremacy, a powerful and complex system of institutionalized racial discrimination that advantages white people over Black, Indigenous, and People of Colour. White supremacy can manifest itself in pretty subtle ways, and as white people we are less likely to notice it than BIPOC because we do not experience its negative outcomes. This means that we white people will get called out for perpetuating white supremacy, either as a group or as individuals. To help dismantle this system that we benefit from, it's important to learn how to respond when other folks point out that things we do/say/assume/etc, are racist.

Fortunately, responding to valid criticism in a respectful, thoughtful way isn't actually that hard! Here are some steps that you can take if you are called out on racism/white privilege:

1. Breathe.

It's ok, this isn't the end of the world.

2. Listen.

If it's happening in person, do NOT interrupt the person telling you what you did wrong. It probably took courage for them to bring it up, and it's rude to interrupt people. It's assuming of us to interject as if we know better.

3. Remember: this isn't just about you as an individual – it's about a system.

We white people carry benefits that hundreds of years of white supremacy have afforded us. As much as we can try to not be racist, it's pretty much impossible to separate ourselves from that legacy.

4. Reflect on the truth of the call-out.

BIPOC know better than us what racism looks like. Believe them when they tell you something is racist.

5. Respond, and apologize.

There are lots of ways to respond respectfully when someone calls you out. A simple "you're right, I'm sorry I did that and I'll try not to do it again. Thank you for telling me" makes it possible for the conversation to keep moving forward without turning it into a big deal.

6. Take time to learn more – in the moment or on your own time.

If you don't fully understand the call out, it's fair to want more explanation – but also recognize that not everyone wants to be your personal tutor in How Not to Be Racist. You can say "I'm sorry I don't completely understand the full effect of what I did; do you have time to explain more, or if not are there specific resources I should check out?" That leaves space for others to give you more information if they feel like it, but also direct you to other resources for later.

7. Keep examining white privilege/supremacy on your own time!

Seek out info that BIPOC have created explaining different racist stereotypes/behaviours/assumptions/etc. Examine your own thought processes and how they might be a product of white supremacy. Talk to other white people about things they're learning and changes they're making. The more we're aware of how white supremacy works, the more effective we can be in countering it!

ARTICLES

NOTHING ABOUT US WITHOUT US: REFLECTIONS BUILDING AND HEALING THROUGH A LOCAL HARM

By Chloe Cavis-Haie

CW: DRUGS, RACISM, ANTI-BLACKNESS, SETTLER-COLONIALISM, MENTAL HEALTH, INCARCERATION

1. ADELE THOMAS, "STOLEN PEOPLE ON STOLEN LAND: DECOLONIZING WHILE BLACK", RACEBAITR, 2016.

2. SEE: KYLE T. MAYS, "FROM FLINT TO STANDING ROCK: THE ALIGNED STRUGGLES OF BLACK AND INDIGENOUS PEOPLE", CULANTH, 2016.

KEEDRA GIBBA, "STOLEN PEOPLE ON STOLEN LAND: STANDING ROCK AND BLACK LIBERATION", TRUTHOUT, 2016.

3. KELLY HAYES MEMBER OF ASSATA'S DAUGHTERS AND BLM CHICAGO, "OUR HISTORY AND OUR DREAMS: BUILDING BLACK AND NATIVE SOLIDARITY", TRUTHOUT, 2015.

4. AARON GOGGINS, "BLACK SOLIDARITY WITH FIRST NATIONS IS COMPLICATED, SACRED AND NECESSARY", THE ROOT, 2016.

This article was developed through my conversation with Sasha Simmons, a member of the Black Indigenous Harm Reduction Alliance (BIHRA). These conversations are happening in our local contexts and expanding in profoundly amazing ways, creating different frameworks to heal from our collective and distinctive struggles. What are we doing to cultivate embodied knowledge? How can we unearth and respond to more shared narratives between Black and Indigenous people?*

"We have to inhabit our history, but we also have to inhabit our dreams."³

— Page Mays

The histories of Black and Indigenous people intertwine countless times throughout the past, present, and future. They form a complex web boasting breathtaking moments of collaboration and shared struggles, but also key areas of complacency through lateral violence and respectability politics.⁴ There are times in our relationships where we decidedly, repeatedly chose to not have each other's back. Yet our intergenerational traumas are both deeply rooted in the dispossession of our identities, bodies, and land.⁵

White supremacy has worked tirelessly to fray the threads between our communities, erasing our shared pre-colonial narratives so that they may continue to weave their narrative of Terra Nullius⁶ overtop our existence. Our intergenerational traumas are rooted in the dispossession of our identities, bodies, and land. The forced reconfiguration of our identities into monoliths has historically allowed the settler state to dictate the nature of our relationships.

However, Haudenosaunee Clan Mothers and Black trans women sex workers like Marsha P Johnson breathed life into the decolonization that does not ask permission to exist, and that doesn't search for acceptance within broader settler colonial context. A movement by us, for us— one that is transparent about our needs and doesn't centre the dreams of the colonizer.

Transformative justice⁷ offers the possibility to bridge our movements—to develop methods of mutually reinforced accountability. It organizes explicitly under the premise of abolition, refusing to preoccupy itself with reforms in an effort to salvage a state that is dependent on our continued exploitation. Transformative justice provides a place for kinship and collective liberation within decolonization movements. It requires a desire to dream of post-colonial futures and a belief that our pre-colonial realities and shared histories are worth more than we have been told. That we can afford to be vulnerable with each other. That we are "enough."⁸

BIHRA is a grassroots group in Tio'tia:ke (Montréal) that tackles these notions head on. Their focus is on those in our community who are struggling with the reverberations of multiple intersecting traumas. BIHRA emerged from The Indigenous Women & 2 Spirit Harm Reduction Coalition (IW2SHRC), started five years ago by Lindsay Nixon and Molly Swain. Their goal was to provide harm reduction

ON BLACK AND INDIGENOUS COMMUNITY HARM REDUCTION ALLIANCE'S PRACTICE

5. Chukwubikem Nnebe, "A Discourse on Race: Anti-Blackness and Its Transatlantic Roots", McGill Daily, 2015. Leanne Betasamosake Simpson, *Indict the System: Indigenous & Black Resistance*, Briarpatch, 2014
6. Latin for "nobody's land", manifest destiny
7. Also known as "healing justice". An intersectional, community based practice of healing and transformation from trauma and structural violence.
8. Rachel Zellars and Naava Smolash, "If Black Women Were Free: Part 2. Practicing Transformative Justice in—and Beyond—Black Communities", Briarpatch 2016.

materials to urban Indigenous people, and build their understanding of what it means to "decolonize harm reduction". By 2016, the group felt an increasing importance to expand their vision to consider the broader decolonial context by becoming public with their reflections on the shared struggles of Black and Indigenous peoples. Robyn Maynard, a Black feminist writer, activist, and educator joined the group, and they were reborn as BIHRA. Sasha explains:

"It was about building connections between communities. [BIHRA] started from a friendship and we're now building that connection between newer members of the collective. Using organic relationships that are trusting and go at their own pace, instead of doing some sort of collision course in trust building."

Turtle Island's overdose crisis within our communities has been well-documented, but our repeated suggestions of harm reduction approach have been ignored.⁹ Now, more than ever, the celebration of 150 years of settler colonial violence across "Canada" in the midst of this crisis serves as an important reminder to pick up those forgotten threads. A call for alternatives. A search for more healing ways of relating to one another. Harm reduction has, and will always be, a method which recognizes how colonization affects our vulnerability and ability to effectively deal with trauma. Harnessing our ancestral knowledge for the future positions decolonial practice in itself.

"Harm reduction is just a way to describe the way that we used to do things already, the way we've always been doing things. [Harm reduction] comes naturally to us."

— Sasha Simmons

Current white-lead harm reduction initiatives whitewash the racial and radical roots of harm reduction. It erases our histories with addiction and abuse, and refuses to recognize ancestral knowledge as integral to the practice. It reconstructs the practice through the erasure of their complicity in addiction and abuse.

"Putting hard rules in, criminalization, prison, these were systems brought in with colonialism. Harm reduction combats these systems by encouraging us to see individuals where they're at, to both have goals of things that you would like to be better and to have the clarity to realize that something isn't supporting you," says Sasha.

Racialized prisoners incarcerated for drug related incidents are left behind as legalization takes place. The colonizer's implementation of harm reduction picks and chooses which communities it will approach with compassion. Harm reduction and trust in ourselves must go hand-in-hand. Born from strategies of resilience and our ancestral knowledge, think of it as an exercise in self-determination. Once we cease our preoccupation with validation from the colonial structure, we gain the ability to centre ourselves, past, present, and future, in our own healing.

BIHRA embodies this wisdom through their Connect Prison Project, a joint initiative with AIDS Community Care Montreal (ACCM). The 8-part conversational workshop series tackles a wide range of topics from sexual wellness to self acceptance. The project was launched after the recent move of detainees from Tanguay prison in

ARTICLES

9. Ciann Larose Wilson, Sarah Flicker, Jean-Paul Restoule & Ellis Furman, "Narratives of Resistance: (Re) Telling the Story of the HIV/AIDS Movement – Because the Lives and Legacies of Black, Indigenous, and People of Colour Communities Depend on It", Health Tomorrow Vol.4, 2016.

10. MOLLY BILLOWS, "A TWO-SPIRIT RESPONSE TO CARIMAH TOWNES: "TRANS WOMEN OF COLOR ARE MISSING FROM THE CONVERSATION ABOUT TRANSPHOBIA" AND THOUGHTS ON BLACK-INDIGENOUS SOLIDARITY", 2016.

Tioh'tià:ke (Montréal) to the Leclerc provincial prison in "Laval". This has isolated prisoners and severed access to their established networks of support.

Incarcerated Black and Indigenous LGBTQ2S+ are especially invisibilized¹⁰, their needs stifled by the Prison Industrial Complex. BIHRA and ACCM facilitate community building around the voices of these very same people. While our situations may be unique, valuable insight can be gained through collaborative discussion and the affirmation of our identities.

The guidance to find the answers within yourself. Getting back to the place where we can trust ourselves and have a community that supports us in that rather than giving the answers.

That's the attitude about the project that we do. Usually we're alone with them, without the staff... so what we try to have is an environment where we value their [self] knowledge and we are going to have conversations about strategies that we all use to reduce the risks."

— **Sasha Simmons**

By prioritizing conversations that explicitly engage and examine the complicated relationships between Black and Indigenous people on Turtle Island, we can plant the seeds of self-directed decolonization and liberation. BIHRA offers a safe space to build futures, both inwards and out.

The work of decolonization will be done in different ways, with different medicines. To open the mind to the possibility of healing is to halt the unraveling of ourselves. We will continue to mend the threads of kinship, resistance, and self-determination.

Visit their website for information on upcoming events, zines, and how you can donate and get involved:

BLACKINDIGENOUSSHARMREDUX.COM

WHY SHOULD I BECOME A PENPAL TO A QUEER OR TRANS PRISONER?

By the Prisoner Correspondence Project

CW: INCARCERATION, RACISM, ANTI-BLACKNESS, SETTLER COLONIALISM, MENTAL HEALTH, PRISON INDUSTRIAL COMPLEX, CAPITALISM, STATE BRUTALITY, TRANSMISOGYNY, LGBTQIA2S+ PHOBIA

Prisons function by removing people from their communities, using isolation to punish people for committing what have been determined to be “crimes”. This punitive approach to a range of social issues is merely another iteration of the oppressive systems that have come to structure society. It’s no mistake, for example, that in so-called “Canada”, a state historically built through colonization, Indigenous people represent nearly 25% of the prison population but only about 4% of the general population.

Taking an abolitionist approach to dismantling these systems that oppress people through isolation can seem both urgent and daunting. How to even start taking apart this centuries-old system? We say start with a letter.

Penpal organizations have been at the heart of the abolition movement for decades. Creating friendships between people on the inside and outside is a powerful tool for breaking the isolation people in prison face and fostering networks for action. Given the fact that Queer and Trans people in prison often face added layers of isolation and violence, having someone on the outside who shares some aspect of their identity to talk to opens the door to a deeper relationship of support. Trans people, for example, face higher levels of violence and erasure, often are placed in prisons that do not match their gender identity, isolated for their supposed safety, or prevented from accessing appropriate medical care. Maintaining a sense of Queer and/or Trans community is vital to surviving an institution that tries to break people in the name of supposed “rehabilitation”.

Regardless of if you have a lot more or a lot less in common, being a penpal to someone on the inside is a tangible way to begin to manifest abolition through building relationships, one letter at a time.

To sign up for a penpal through the prisoner correspondence project, send us an email at:

**INFO@PRISONERCORRESPONDENCEPROJECT.COM
OR VISIT PRISONERCORRESPONDENCEPROJECT.COM**

RESOURCES FOR NAVIGATING UNIVERSITY WHEN YOU HAVE A DISABILITY

by Anonymcrip

CW: BUREAUCRACY, ABLEISM, CLASSISM, ACADEMIA, HEALTHCARE, MENTAL HEALTH

As we start the new school year, a few of us anonymcrips—everybody’s favourite crip vigilantes—want to be your proverbial crip¹ best friend, and tell you some of the resources that we know of so that you don’t have to go through as many hoops just to experience more access to education. This non-exhaustive information is based on our experiences and research. We hope it can offer some direction in seeking out access.

Here are some things that can be covered by the province, for students with certain disabilities:

1. Tuition. If you are a student with certain disabilities and you are eligible for loans through the Québec loans and bursaries program, all the money you get in terms of loans are automatically turned into bursaries
2. Housing allowance
3. Accessible transportation if you live outside the reach of public transit

To access these things:

1. Apply for Loans and Bursaries on the Aide financière aux études website and provide the required documentation of your disability (sorry it’s so medicalized)

MESRS.GOUV.QC.CA/EN/AIDE-FINANCIERE-AUX-ETUDES

2. The Financial Aid and Awards office at Concordia can help you apply.

TO MAKE AN APPOINTMENT, EMAIL: HELP@FAAO.CONCORDIA.CA

OR CALL: 514-848-2424, EXT. 3507

Here are some things that can be covered by the province, and have to be accessed through the Access Centre for Students with Disabilities:

1. Equipment such as screen reading software, speech-to-text software, scanner, printers, and certain other kinds of technology
2. Braille course materials
3. Academic support such as tutoring, physical support in classrooms, note-takers (paid or volunteer, your choice), or attendants (someone to assist you with personal care while at school)
4. Translation into Québec sign language (langue des signes québécoise - LSQ), American Sign Language (ASL), or signed French or English of the class contents

To access these things:

1. request an appointment with the Access Centre for Students with Disabilities (ACSD) or the McGill Office for Student with Disabilities (OSD)

EMAIL ACSDINFO@CONCORDIA.CA

CALL 514-848-2424 D 3525 (ACSD) OR

514-398-6009/514-398-8198 (for hearing disabilities) (OSD)

DROP-IN H-580 1455 DE MAISONNEUVE BLVD. W. (SGW CAMPUS) OR

3459 MCTAVISH STREET, REDPATH LIBRARY BUILDING, SUITE RS56 (DOWNTOWN)

2. Ask what type of official documents you will need to register with the Centre
3. Seek out the documents, attend the first meeting and follow up!
4. Remind yourself before and after that it is not your fault the process is so hard, you deserve access to education!!!

If you feel like you might like an advocate to help you prepare or come to a meeting with you, please email us at: anonymcrip@gmail.com. We will do our best to support you in any way that could help. We are happy to share document templates or tips based on our experiences and knowledge of the centre, to accompany you to a meeting, or to offer solidarity in the form of hanging and venting about the process.

If student / university events are not accessible to you because of any number of reasons, such as the presence of alcohol, because there's no child care available, or because there's no ASL or LSQ, get in touch! Whenever possible we would like to work to remind organizers that access is in the mandate of the university and to increase accessibility at their events.

If you're looking for gender-neutral / single-stall, wheelchair accessible bathrooms at Concordia: **GENDERADVOCACY.ORG/TRANS-HEALTH-ADVOCACY/** (hit the link under Gender-neutral bathrooms.)

We hope this information can be of use to you, and we support you in seeking out an education that's as accessible as possible, including social events.

For other resources, information about Critical Disability Studies here at Concordia, and groups around Tiohtià:ke (Montréal) check out:

Accessibilize Montréal

FACEBOOK.COM/ACCESS4MTL/

MONTREALACCESSIBLE.WORDPRESS.COM/

Get in touch for any

information or solidarity

ANONYCRIP@GMAIL.COM

CRITICAL DISABILITY STUDIES WORKING GROUP (CDSWG)

MIA.MOBILITIES.CA/CRITICALDISABILITY/

CDMC.CONCORDIA.CA/

Québec Accessible

QUEBEC-ACCESSIBLE.CA

AWESOME ARTICLE: THE SPOON THEORY, BY CHRISTINE MISERANDINO

BUTYOUdontLOOKSICK.COM/ARTICLES/WRITTEN-BY-CHRISTINE/THE-SPOON-THEORY

¹ "Crip" is a shortened version of the word "cripple"—a term which has historically been used in a derogatory way against disabled people (especially physically disabled people). Crip is a term that many disabled people have politically reclaimed ("reclaiming" a term in this sense means that a community or communities deliberately choose to refer to themselves with a word that has historically been used against them in a derogatory way—reclaiming words is a way of taking power back). Crip is considered to be a term that includes all disabled people (however, there are some physically disabled people who feel that the term should only be used by physically disabled folks).

THE LIMITS OF “TENANTS’ RIGHTS” BASED ADVOCACY

By Catherine Jeffery

CW: BUREAUCRACY, ABLEISM, CLASSISM, RACISM, GENTRIFICATION, CAPITALISM, NEOLIBERALISM, TENANT-LANDLORD POWER DYNAMICS, STATE BRUTALITY

What do tenants’ rights even entail? How do tenants assert their rights without fear? And how is this dilemma accentuated for marginalized people? These are a few questions I’ve been asking lately, and these are my thoughts on them so far.

In my exploration of the city and my investigation of housing rights and gentrification, I’ve heard my fair share of rights-based campaign talk. A particularly interesting intersection of tenants rights and gentrification is Section G of a Montréal lease, where it states the old rent rate and asks the new tenant to consent to a given increase. A fairly “easy” way of resisting gentrification, at least in a small way, is to always refuse your rent increase. This is because landlords, while entitled to a rent adjustment for building repairs, inflation, and taxes, often exaggerate these costs and try to get away with raising rents every year, therefore bringing rents up overall and driving out lower-income residents. However, using this Section G trick (and, for that matter, asserting any other tenant right) means that a tenant has to be comfortable asserting that right to the landlord, which puts the labour back on the individual and, as I’ll be discussing, can have some serious restrictions.

Of course, it’s not that tenants’ rights aren’t worthwhile or that everyone is hyper-conscious of their rights and therefore these campaigns don’t have value. The inverse is true: these community projects are crucial for the city. However, what’s lacking from the conversation is a critical analysis of the limitations of these sorts of advocacy methods.

In my short journey so far, I’ve learned a lot about my rights as a tenant, and have been connected with several resources. In fact, a lot of tenants have almost no idea of their rights, and organizations which spread awareness are vital, especially for students. However, when you keep digging, it becomes obvious that even this kind of advocacy doesn’t go far enough.

In contrast to legal papers and experts, where everything is black and white, personal experience and basic critical thinking reveal the challenges of asserting your rights as a tenant, especially if you’re marginalized.

The legal approach to tenants rights is fine— as long as you’re not scared of conflict. For people whose landlords are less-than-ideal (aka most landlords), it gets complicated. What if you are a person of colour and your landlord is a Quebecois nationalist? What if your landlord has a problem with your gender expression, or intentionally misgenders you? What if you’re a young femme person and your landlord has already made you feel physically unsafe?

Because of the constraints of systemic oppression, marginalized people are less likely from the beginning to confront their landlords; I interviewed a young woman of colour who expressed distress at the fact that although she knew her rights, she didn’t feel safe insisting on them. But even when we do assert our rights the consequences can be harsh. Despite the fact that it is illegal to discriminate against a tenant, experiences of marginalized people demonstrate that it happens. Furthermore, many marginalized groups have oppression-ridden relation-

ships with the legal system anyway, and are unlikely to turn to them if having challenges with their landlords. And even in the most perfect scenario, where a young marginalized person actually does want to go to the courts to sort out the problem, isn't it fair to assume that their case is differently judged because of institutional racism?

Besides social barriers, there are also physical ones. Are all conversations being had with landlords accessible for all tenants? Is the setting for the tribunal physically accessible? Are there cheap, comfortable and accessible methods of getting there? I doubt it. Another barrier is one which is created by Canada's laws in the first place: for undocumented immigrants, the risk isn't just prejudice, but could be deportation. And finally, apart from specific identity-driven barriers, taking the time to file a dispute and appear at a tribunal is a huge transaction cost and one that is far too expensive for many people.

These numerous barriers all make it harder for marginalized people to actually assert their rights, and in the case that they do, these same barriers prevent them from succeeding.

Overall, we can't possibly argue that filing complaints against a landlord is in any way accessible. There are a million and one overwhelming and valid reasons why someone would not want to even begin to embark on that task.

I've heard great stories about some tenants habitually filing rent-fixing requests every year like clockwork, and it not affecting their landlord-tenant relationship, but I refuse to believe this is always the case. In a power dynamic that is asymmetrical by nature, the stakes are high and the law is arbitrary.

It's clear that there are costs and barriers involved in getting your rights respected. Thus, expecting tenants to keep their landlords in line is not only unrealistic, but also unethical.

If tenants are taking all this trouble to keep landlords in line, we should be paying them a wage for that labour. Tenants shouldn't be our city's legal check on landlords. And if they are, they should be getting paid for that work and it should be recognized as labour that is directly combating systems of oppression which work against them.

So: while it is really important for tenants to know their rights, because in some situations they'll be comfortable enough to confront their landlord, it's also important to acknowledge that in many scenarios this won't be the case. How can we enhance the system to actually work for marginalized people, and prevent tenants from having to do all the labour just to have their rights respected?

That's a question I'm still asking.

ARTICLES

SUPER BROKE-ASS GUIDE TO MONTREAL: FOR STUDENTS

By Regina Dentata

**CW: BODIES, MENSTRUATION, MONEY & FINANCES, FOOD,
SEX, SWEAR WORDS, ALCOHOL**

**THIS IS THE THIRD EDITION OF THE BROKE-ASS GUIDE, AND HAS BEEN EDITED
DOWN DUE TO SPACE CONSTRAINTS BY THE SCHOOL SCHMOOL COORDINATORS.¹**

1. AN *ASTERISK
MEANS SOMETHING
WAS ADDED BY THE
COORDINATORS.
CHECK OUT PREVIOUS
VERSIONS OF THE
AGENDA TO SEE
REGINAS COMPLETE
ARTICLE!

Aside from 'fuck exploitative capitalism and its creation and maintenance of poverty and fuck the capitalist class that benefits from the theft of lands and labour, this text is not meant to make any value judgments about how marginalized people choose to resist oppressive systems or reduce the harms caused by them. AKA I am not and encourage others to not be self-righteous assholes about things like dumpster diving and shoplifting – there are lots of reasons people choose to engage or not engage in those and other tactics and I super respect that. If you are visibly queer and/or racialized these tactics can be more risky.

Some places employ secret shoppers. Always watch out for cameras. Beware of bedbugs when dumpstering and curb shopping especially during moving season (June-July).*

FOOD

- Dumpster dive
- Dollar stores can carry a lot of non-perishable food– and the spices are especially cheap! Be aware however that Dollarama's labour practices are EXTREMELY shitty.
- Wine & Cheeses – bring a Tupperware or three.
- Samosa sales – literally the only worthwhile campus eating situation at McGill (aside from the Midnight Kitchen). Also available at Le Frigo Vert at Concordia.*
- Free lunch! Midnight Kitchen, the First Peoples' House, Rabbit Hole Café, the People's Potato, and Mother Hubbard's* all have free or by-donation meals at least once a week!
- Know your grocery stores – some are way more expensive (IGA, Metro) than others (P.A., Aubut, local marchés). Get in the habit of checking sales fliers online.
- Food bank/food basket – the Midnight Kitchen at McGill does this.
- Save up those little packets of condiments from food courts and diners.
- At fast food joints with fill-yr-own fountain drinks, it's pretty easy to swipe an empty cup off an uncleared table or out of the trash and fill it up– free soda and reusing disposables all at once!
- It is legal in Montréal to drink in any public park if you are having a picnic, which essentially means that you can drink in parks if you also have food with you. This is way less expensive than hitting a bar, and you get to be in the sunshine!
- In the spring/summer, plant veg and herbs on your balcony; volunteer at a community garden where you can take home produce– the People's Potato has one at the Loyola campus.*

SHELTER

- Live with lots of roommates and split the cost of bulk foods
- Turn down your heat! Shower less! Bathe never! More layers!
- Winter-proof your goddamn house!

SCHOOL

- Books – textbooks are infuriatingly expensive. See if you can find a free pdf copy or a cheaper physical copy online; borrow or split the cost of a copy and scan the necessary readings onto a USB.
- School supplies – check the dumpsters behind big pharmacies like Pharmaprix or Jean Coutu; rummage through people’s moving garbage; get your pens and post-it notes for the year for free from various groups during the first few weeks of class.
- Apply for literally every grant and bursary – even if you don’t think you qualify for a scholarship or award, apply anyway. I’ve gotten shit that’s good for both my bank account and résumé simply because no one else applied.
- See if you can turn your job into an internship for credit – you’ll get paid for your schoolwork, for once!
- Laptops are flippin expensive. McGill has grants for students to buy a laptop, but they usually don’t cover the whole cost of a machine. There’s also a computer refurbishing club, Reboot McGill, that takes donated machines and brings them back up to snuff before providing them to people in the “McGill community”.

CLOTHING

- No Fripperies on St-Laurent, go out of downtown and find little local fripps.
- Clothing swaps with buds – more challenging if you are not the same size as most of your buds.
- Free shit boxes/piles/etc. – most collective houses will have something like this. Take advantage if it’s for public use. You can also find these at the end of the year at some McGill residences.
- Dumpster dive behind fripperies – all the shit they don’t think they can sell they toss.

AMENITIES

- Living outside of the area immediately around campus will likely lower your rent, but keep in mind that you’ll need some kind of transportation to get to campus, work, parties, etc. Full time students can get reduced-fare OPUS cards. Beginning Sept 1st 2017 this includes folks over 26!*
- Consider getting a bike. The Flat, Right to Move, La Cave, and SantroVélo are all DIY bike repair shops with experienced volunteers to help you learn to care for your steed. (note: there are lots of reasons folks don’t bike - beware bike culture that glorifies the vélo as the ultimate revolutionary tool or whatever)

CURB SHOP FUCK YEAH JULY 1st!

ARTICLES

- Join a local listserv/facebook group - folks often post about stuff they're giving away, trades, or cool shit they see up for grabs in the streets.
- The Union for Gender Empowerment (UGE) and Queer Concordia have pay-what-you-can (PWYC) sexy, safer sexy, and gender empowerment items.
- Alternative Libraries! The Association of McGill University Support Employees (AMUSE), the Québec Public Interest Research Groups (QPIRGs) at McGill and Concordia, the UGE, the Center for Gender Advocacy, the DIRA Anarchist space, and many other groups and orgs have free lending libraries! Also check out the Grande Bibliotheque Nationale and your neighbourhood library!*

BODY STUFF

- There are lots of zines and online DIY guides to making your own hygiene products.
- If you menstruate, consider getting a Diva Cup/Keeper, reuseable pads, or make your own pads. Remember the UGE has PWYC. Menstrual cups especially cost a lot up front, but they last for years so you'll more than make up the cost.

EARNING \$\$

- Busk!
- Summer stipends.
- Know Yr Labour Rights – If you are a student worker on campus you are likely a member of a union. Figure out which one and grab a copy of your Collective Agreement or get in touch with the exec to make sure you are receiving your correct rate of pay and all the benefits to which you are entitled.
- Scam yuppies! Do you like to make stuff? Yuppies will pay a shit ton of money for things that you might be already doing – home canning pickles or embroidering patches, for example. Give'em to your buds in the gift economy but set up an Etsy or display your wares at yuppie-central places like Atwater market.
- Studies – there are mailing lists and registries for medical and psychological studies that will pay you to do anything from answer a few questions to be a guinea pig for a couple of months. Some of these can pay extremely well, if you don't mind being a guinea pig.

FUN

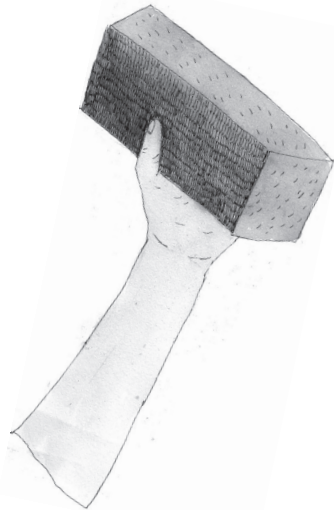
- Sex! Free condoms are pretty easy to cum by [sic] on campus. Cut them into dental dams! McGill's Shag Shop has at-cost pregnancy tests, learn to make sex toys via DIY Sex Toy zines. Coconut oil makes great lube.
- Bike path adventures, especially up the mountain!
- Go to a demo/solidarity event.
- Free museum days (depends on the museum).

- Do some street art. Find a DIY wheatpaste glue recipe that works for you!
- Sabotage your local bank/government office/university administration building.
- Write a letter to a friend! You can send it for free by writing their address in the sender spot on the envelope and your address on the receiver spot, don't include a stamp, and the post office will "return to sender" your letter to your friend – hooray free mail!
- PWYC and free shows, panels and festivals
- Start a podcast, host a radio show at CKUT/CJLO, join a club or group!

A lot of these strategies are things that my friends, lovers, comrades, and I have found work for us as broke-ass people. You may find new and unexplored tactics of your own! If you do, I hope that you will consider sharing them freely with your broke-ass network, the more we can help one another navigate these bullshit rich-as-fuck campuses the more we can resist the monetization of our education and the classist fuckery that passes for "professionalism," "good manners," and "leisure."

In broke-ass solidarity,

Regina Dentata



PRISONS IN CANADA

By The Termite Collective

CW: RACISM, PRISON INDUSTRIAL COMPLEX, INCARCERATION, STATE BRUTALITY, CAPITALISM, SETTLER-COLONIALISM, ANTI-BLACKNESS, SETTLER-COLONIALISM, MENTAL AND BODILY WELLNESS, TRANSMISOGYNY, LGBTQIA2S+ PHOBIA

In Laval, a suburb of Montréal, there are two federal prisons, one provincial prison, and one migrant detention centre. On the island itself, there are two provincial prisons and a handful of other sites the state uses to lock people up (cop shops, cells at the courthouse, etc). These prisons and jails are sites of violence, whether it's the violence of a bureaucracy that delays release dates, the violence of the strip search that folks are subjected to after visiting their loved ones, the violence of forced labour, or the violence of the isolation units.

Prisons magnify systems of colonialism, white supremacy, and gender-based oppression. Nearly 85% of Indigenous people in federal prisons are imprisoned until they have served two thirds of their sentences, which is the time when most prisoners are entitled to statutory release. This is compared to 69% for non-Indigenous people in prison. Imprisoned Black people are unemployed inside prison at a rate of 7%, while the rate for all prisoners is 1.5%. Generally, Indigenous and Black prisoners face longer sentences, are more likely to land in maximum security prisons, and are more likely to be classified as "dangerous offenders," making the possibility of being released on parole even harder.

Prisoners with life sentences in Canada actually serve more time on average than prisoners with life sentences in the United States. Lifers (the term used inside for folks with life sentences) generally have a harder time accessing programming needed for release on parole. Prison policies that were put in place during the Harper era have made it harder to access family visits, compassionate release passes, and work release programs. In 2013, the government raised the rate of "room and board" that prisoners are required to pay, even though their initial pay rate, set and unchanged since the 1980s, already included room and boarding fees. These days, the most money one can make while working full time in prison is about \$35 every two weeks. Many people are going without family visits and needed amenities from the canteen due to a lack of funds.

Contrary to job descriptions, the role of parole officers isn't to support people on parole in finding jobs, housing, or a solid support system. In fact, their role is to scrutinize those newly released from prison to make sure they don't break any of their parole conditions. These conditions leave people vulnerable to punishment at any sign of perceived "lack of transparency", such as failure to disclose to a parole officer every single purchase, phone call, or intimate detail of a partner or ex-partner's life. Parole conditions can also include mandatory urinalysis, complete lack of association with anyone who has a criminal record, and mandatory participation in life skills programs. Any perceived failure to adhere perfectly to the Correctional Service of Canada's release plan can result in an automatic return to prison – for as long as five years.

We live in a time when the Canadian government has built new prisons and expanded existing facilities. The Conservatives were elected on a tough-on-crime platform and took over Parliament with the rest of the parties toeing the same line. Despite promises to the contrary, Trudeau hasn't done much to change this. Some federal prisoners and supporters wrote him an open letter in 2016 detailing what they would like to see changed.

You can check out their demands at DEMANDPRISONSCCHANGE.WORDPRESS.COM

It's always been important to fight against prisons and what they represent, and that's still true today. While this piece has mostly focused on specific violence happening within the prison system, it is also important to vision (and fight for) a world without prisons.

the GENDER EUPHORIA flowchart

@emciel

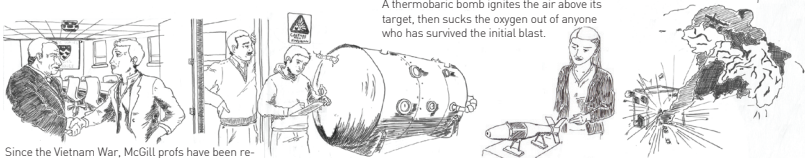


DEMILITARIZING MCGILL: *Illustrated*

McGill & the Military

McGill takes money from armies and defence contractors to conduct research that supports deadly invasions and occupations.

SHOCK WAVE PHYSICS GROUP



Since the Vietnam War, McGill profs have been receiving money from American and Canadian military agencies to aid in the development of thermobaric explosives and, more recently, hypersonic weapons.

Through the SWPG and two front companies, Profs David Frost and Andrew Higgins have been doing explosives research at McGill for more than a decade.

Thermobaric weapons have been used by the United States to kill people taking shelter in buildings and caves in Afghanistan and Iraq, and by the Assad regime against Syrian civilians.

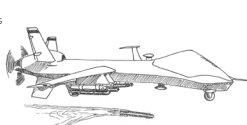
CFD LAB



Defense contractors CAE, Bombardier, and Bell Helicopter fund the CFD Lab in exchange for substantial control over research; a CAE vice-president sits on McGill's Board of Governors.



Directed by Dr Wagdi Habashi, the lab develops simulation software for aircraft, with a specific focus on drones.



CAE uses simulation tools to train U.S. and Israeli attack drone pilots, while drone makers use the technology to optimize the design of their aircraft.



U.S. drone strikes in Pakistan, Yemen and Somalia have killed more than 2,800 people between 2002 and 2015, including as many as 1,121 civilians, and at least 182 children. Countless others live in constant fear.

AEROSPACE MECHATRONICS LAB



The Canadian military funds robotics research and development at McGill. Prof Inna Sharf led a recent project focused on mini-UAVs for use in urban warfare.

Flight tests have been conducted at Macdonald campus.

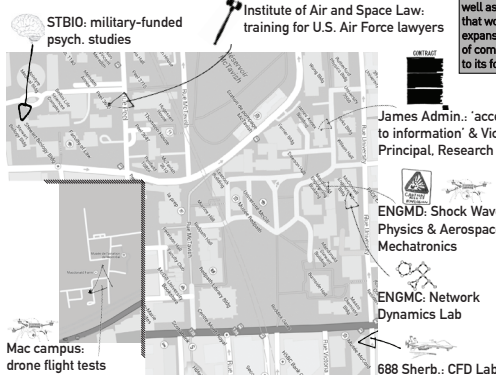


The military objective is to develop small drones that can autonomously land on rooftops and armored vehicles.



Police in North America are already using mini-UAVs to surveil protests and for border control. There are plans to equip the drones with tear gas and rubber bullets.

Mapping Military Research at McGill



The end products may change, but the system repeats: through military collaborations, McGill helps develop the weapons used by states to enact imperialist and colonial violence on a massive scale in wars without end. War creates demand as well as testing grounds for military research, so that by maintaining lab facilities that would be unprofitable without military contracts, McGill invests itself in the expansion of warfare. These research projects are not aberrations – McGill's history of complicity in colonization, white supremacy, and imperialist warfare extends back to its founding on stolen Iroquois land by a settler who got rich off the slave trade.

Beyond Bombs and Drones



Prof. Derek Ruths of McGill's Network Dynamics Lab collaborates with intelligence agencies to develop methods of controlling populations in times of social upheaval. His research depicts social networks via diagrams like this one.

It would be a mistake to restrict our outlook to McGill's contributions to physical weapon systems. Prof. Ruths' network analysis work is one example of how the militarization of the University is more insidious. Psychology Prof. Don Taylor recently did research on Somali-Canadians and their 'propensity to support terrorism' without telling subjects that the military was funding it. The Institute of Air and Space Law teaches active members of the U.S. Air Force the law enabling space warfare. The breadth of military collaborations on campus implicates McGill in endless configurations of repressive violence and state-sanctioned terror.

Learn more and review source material at www.demilitarizemcgill.com

CREATIVE WRITING

MY AFRO

By Jess Goldson

My afro grows up toward the sun like tulips in the spring.
Up, up, my curls defy gravity.
My thick thighs anchor me to my roots.
My roots
my feet give me a glide that makes my buttocks bounce.

My fervent frame falters occasionally, unable to find the energy that coaxes me into confidence.
My confident, slow stride;
arms swaying back and forth,
slowly inflating my mood.
Faked
into reality.

My soul surrenders to my body.
My body feeds my soul.
I feed my body, at times for others, at times for myself.
I feel the nutrients nestle in my stomach,
slowly stretching out to my arms when I reach for a door.
I want the door to open, I make it open. I enter a new space and then take it up,
but not too much...

My afro grows up toward the sun like a lone tulip in the winter.
I try to maintain my beauty,
but the air is cold and stifles my growth,
chills me to my core.
I flounder,
fall,
fade away.
Until that glorious spring day when I shall bloom again.

CURTAIN (WHITE)

By Jess Goldson

Sounds clatter,
Drowning out the waves that wash over me.

Crowded landscapes lose meaning,
Undefined by the elements.

The impossibility of centering myself
while the notes oscillate
away from me.

This writing was inspired by Adam Basanta's eponymous sound installation.

A MOLT IN THE AFTERNOON

By Anna Vail

I have my red fruits to eat today, in time for your going.
All peel and pile with a

Wet look and a wet feel.

It is enough to swallow one, two, even three
Whole.

And I've got nothing to do with loss.
Only a taking off,

Their quick becoming – they are.
But no loss, I say,
Not this long day.

A mewl here, there,

And the pile takes the pit, the second,

The third, a very many parts.

All heaps and heaps in a shift that gives way and
Gives away.

The kind to mind well,

To give name to and watch.
Just a tilt in the heart where I
Wanted. I did,

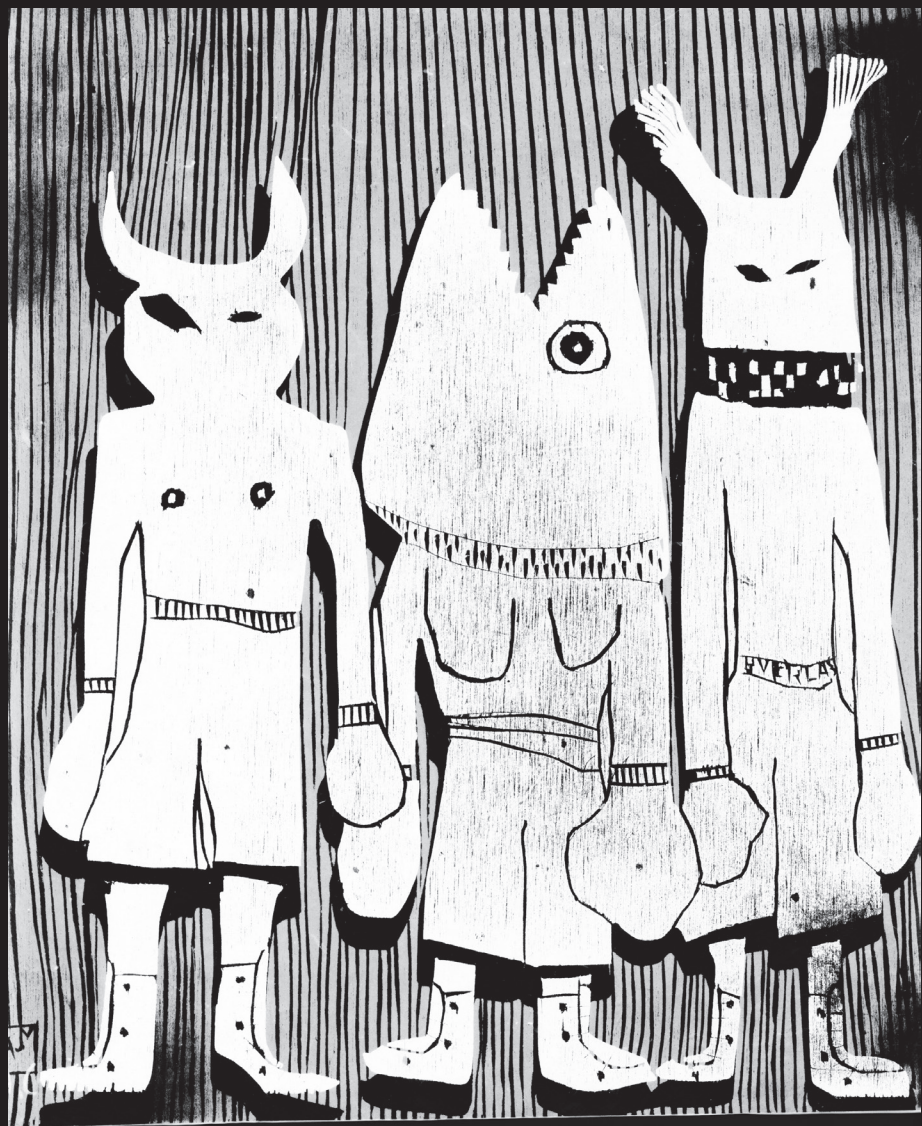
I'll admit.

I thought I'd get another ghost,
Another quiet mouth for a hot year.
And so I have, let's say.

But it is not you, just the fruit,
Just a molt in the afternoon.

A lot of loss, then, I'll take what I can get.

THE AGENDA



RELIGIOUS HOLIDAYS

We recognize that it would be impossible to list all the holidays and dates held dear to all the people in our various communities, but we equally recognize that spirituality and faith traditions are too often left out of our social justice movements, and we seek to change that. Here is our sincere and imperfect attempt. Listed below are important religious dates from major faiths. We encourage you to consult it, as well as one another, when planning and organizing events.

* Holiday begins at sundown on the previous day.

SEPTEMBER 2017

1
Religious year begins – Orthodox Christian

1–4
Eid al Adha* – Islam

8
Nativity of Virgin Mary – Christian

14
Elevation of the Life Giving Cross – Christian

21–22
New Year Hijra* – Islam
Rosh Hashanah* – Jewish

21–29
Navaratri – Hindu

22
Equinox
Mabon* – Wicca/Pagan northern hemisphere
Ostata* – Wicca/Pagan southern hemisphere

25
Ganesh Chaturthi* – Hindu

27
Meskel – Ethiopian Christian

29
Michael and All Angels – Christian

30
Yom Kippur* – Jewish
Dasara – Hindu

OCTOBER 2017

1
Ashura* – Islam

4
St Francis Day – Catholic Christian
Blessing of the Animals – Christian

5–11
Sukkot* – Jewish

12
Shemini Atzeret* – Jewish

13
Simchat Torah* – Jewish

18
St. Luke, Apostle & Evangelist – Christian

19
Diwali – Hindu – Sikh – Jain

20
Birth of the Báb* – Baha'i
Installation of Scriptures as Guru Granth – Sikh
Jain New Year – Jain

28
Milvian Bridge Day – Christian

29
Reformation Day – Protestant Christian

31
All Hallows Eve – Christian
Reformation Day – Protestant Christian

NOVEMBER 2017

1
All Saints Day – Christian
Samhain* – Wicca/Pagan northern hemisphere
Beltane* – Wicca/Pagan southern hemisphere

2
All Souls Day – Catholic Christian

4
Birthday of Guru Nanak Dev Sahib – Sikh

12
Birth of Baha'u'llah* – Baha'i

15
Nativity Fast begins – Orthodox Christian

24
Martyrdom of Guru Tegh Bahdur – Sikh

26
Christ the King – Christian
Day of the Covenant* – Baha'i

28
Ascension of 'Abdu'l-Baha – Baha'i

30
St. Andrew's Day – Christian

CALENDAR

RELIGIOUS HOLIDAYS (CONTINUED)

DECEMBER 2017

1
Mawlid an Nabi* – Islam

3–24
Advent – Christian

6
Saint Nicholas Day – Christian

8
Bodhi Day/Rohatsu – Buddhist
Immaculate Conception of Mary – Catholic Christian

12
Our Lady of Guadalupe – Catholic Christian

13–20
Hanukkah* – Jewish

16–25
Posadas Navidenas – Hispanic Christian

21
Solstice
Yule – Christian
Yule* – Wicca/Pagan northern hemisphere
Litha* – Wicca/Pagan southern hemisphere

24
Christmas Eve – Christian

25
Christmas* – Christian
Feast of the Nativity – Orthodox Christian

26
Zarathosht Diso – Zoroastrian
St Stephen's Day – Christian

28
Holy Innocents – Christian

31
Watch Night – Christian
Holy Family – Catholic Christian

JANUARY 2018

1
Mary, Mother of God – Catholic Christian
Feast Day of St Basil – Orthodox Christian
Gantan–sai/New Year – Shinto
Feast of the Holy Name of Jesus – Orthodox Christian

2–4
Mahayana New Year – Buddhist

5
Twelfth Night – Christian
Guru Gobindh Singh birthday – Sikh

6
Epiphany – Christian
Feast of the Epiphany (Theophany) – Orthodox Christian
Dia de los Reyes (Three Kings Day) – Christian
Nativity of Christ – Armenian Orthodox

7
Feast of the Nativity – Orthodox Christian
Baptism of the Lord Jesus – Christian

8
Feast of the Holy Family – Catholic Christian

13
Maghi – Sikh

17
Blessing of the Animals – Hispanic Catholic Christian

18–25
Week of Prayer for Christian Unity – Christian

19
Timkat – Ethiopian Orthodox Christian

21
World Religion Day – Baha'i
Triodion begins – Orthodox Christian

22
Vasant Panchami – Hindu

25
Conversion of St. Paul – Christian

31
Tu BiShvat* – Jewish

FEBRUARY 2018

2
Candlemas – Christian
Imbolc* – Wicca/Pagan Northern hemisphere
Lughnassad* – Wicca/Pagan Southern hemisphere
Saint Brigid of Kildare – Celtic Christian

3
St. Blaze Day – Christian
Setsebun Sai – Shinto

4
Four Chaplains Sunday – Interfaith

8
Nirvana Day – Buddhism

11
Cheesefare Sunday – Orthodox Christian
Transfiguration Sunday – Christian

12
Triodion – Orthodox Christian
Clean Monday/Lent begins – Orthodox Christian

- 13**
Shrove Tuesday – Christian
- 14**
St. Valentine's Day – Christian
Maha Shivaratri – Hindu
Ash Wednesday/Lent begins– Christian
- 15**
Nirvana Day – Buddhist – Jain
- 16**
Chinese New Year – Confucian, Daoist, Buddhist

18
Orthodox Sunday – Orthodox Christian

26 – March 1st
Intercalary Days – Baha'i

MARCH 2018

- 1**
Purim* – Jewish
St. David of Wales – Christian
- 2–20**
Nineteen Day Fast* – Baha'i
- 3**
Holi – Hindu
- 6**
Meatfare Sunday – Orthodox Christian
- 17**
St. Patrick's Day – Christian
- 18**
New Year – Hindu
- 18–26**
Ramayana – Hindu
- 19**
St. Joseph's Day – Christian
- 21**
Spring Equinox
Norooz/New Year – Persian/Zoroastrian
Naw-Rúz/New Year* – Baha'i
Ostara* – Wicca/Pagan Northern hemisphere
Mabon* – Wicca/Pagan Southern hemisphere
- 25**
The Annunciation – Orthodox Christian
Palm Sunday – Christian
- 26**
Ramanavami – Hindu
- 28**
Khordad Sal – Zoroastrian

29
Maundy Thursday – Christian

30
Good Friday – Christian

31–April 7th
Pesach/Passover* – Jewish

31
Lazarus Saturday – Orthodox Christian
Hanuman Jayanti – Hindu
Lord's Evening Meal – Jehovah's Witness
Magha Puja Day – Buddhist

APRIL 2018

1
Easter – Christian
Palm Sunday – Orthodox Christian

3
Mahavir Jayanti – Jain

6
Holy Friday – Orthodox Christian

8
Pascha/Easter– Orthodox Christian

12
Yom HaShoah* – Jewish

13
Lailat al Miraj* – Islam

14
Baisakhi/Vaisakhi – Sikh

21
First Day of Ridvan* – Baha'i

23
St. George's Day – Christian

29
Ninth Day of Ridvan – Baha'i
Visakha Puja/Buddha Day – Buddhist

30
St. James the Great Day – Orthodox Christian

30–May 2nd
Theravadin New Year – Buddhist

CALENDAR

RELIGIOUS HOLIDAYS (CONTINUED)

MAY 2018

1
Beltane* – Wicca/Pagan Northern hemisphere
Samhain* – Wicca/Pagan Southern hemisphere
Lailat al bara'ah* – Islam

2
Last day of Ridvan* – Baha'i

3
Saints Philip and James – Christian
Lag B'Omer* – Jewish

10
Ascension of Jesus – Christian

16–June 15th
Ramadan* – Islam

17
Ascension of Jesus – Orthodox Christian

20–21
Shavuot* – Jewish

20
Pentecost – Christian

23
Declaration of the Bab* – Baha'i

27
Pentecost – Orthodox Christian
Trinity Sunday – Christian

29
Ascension of Baha'u'llah* – Baha'i

31
Corpus Christi – Catholic Christian

JUNE 2018

2
All Saints – Orthodox Christian

8
Sacred Heart of Jesus – Catholic Christian

9
St. Columba of Iona – Celtic Christian

11
Laylat al Kadr* – Islam

15–17
Eid al Fitr/Ramadan ends* – Islam

15
Saint Vladimir Day – Christian

16
Guru Arjan martyrdom – Sikh

19
New Church Day – Swedenborgian Christian

20
Waqf al Arafa/Hajj Day* – Islam

21
Solstice
Litha* – Wicca/Pagan Northern hemisphere
Yule * – Wicca/Pagan Southern hemisphere

29
Feast Day of Saints Peter and Paul – Christian

JULY 2018

9
Martyrdom of the Bab* – Baha'i

11
St Benedict Day – Catholic Christian

13–15
Obon/Ulambana – Buddhist – Shinto

15
St. Vladimir the Great Day – Orthodox Christian

22
Tish'a B'av * – Jewish

25
St. James the Great Day – Christian

27
Asalha Puja Day – Buddhist

AUGUST 2018

1
Lammas – Christian
Fast in Honor of Holy Mother of Jesus – Orthodox Christian

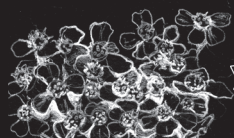
2
Lughnassad* – Wicca/Pagan – Northern hemisphere
Imbolc * – Wicca/Pagan Southern Hemisphere

6
Transfiguration of the Lord – Orthodox Christian

15
Assumption of Blessed Virgin Mary – Catholic Christian
Dormition of the Theotokos – Orthodox Christian

22–25
Eid al Adha* – Islam

29
Beheading of St. John the Baptist – Christian
Raksha Bandhan – Hindu



YARROW STOPS BLEEDING
ALMOST INSTANTLY.

BACK IN THE DAY
IT WAS CARRIED INTO BATTLE.

YARROW GROWS WILD
IN MANY PLACES
FROM MOUNTAINTOPS
TO THE SIDES OF ROADS

DRY THE LEAVES
AND CARRY THE POWDER
WITH YOU

PLANTS ARE A PART OF
THE REVOLUTION

Image by Sarah Farahat

ANISHINAABEK MEDICINE WHEEL

By Amanda Roy and Priscilla Goulais for the Union of Ontario Indians

Chimigwech to Alan Cobiere, Joseph Pitawanakwat and Perry McLeod-Shabogies for their valuable input and guidance.

Mshkiki Detibiseni

Medicine Wheel

Flora design by Falcon McLeod-Shabogies

Created on behalf of the Indigenous Mental Health & Addiction Working Group funded provided by the Ministry of Health and Long Term Care, Ontario

RULES OF HARVESTING

It is imperative that we treat all plants with care, for in doing so we nurture an attitude of respect, honor and dignity for all of Creation. We as Anishinabek, hold our relationship to the great Mshkiki Nation as sacred. Therefore there are certain rules that we abide by in harvesting:

- Always offer Asemaa (tobacco) first.
- Introduce yourself and as you ask for help, always state who and what the medicine is to be used for.
- Take only what you need and harvest only in clean areas.
- Never harvest more than one-third of an area.
- Keep medicines away from negativity which may include people, places or things.

MSHKIKI: STRENGTH FROM THE EARTH

It is Anishinabe belief that every thing has a name, a purpose and a place within Creation. When a plant is created, the plant being, be created four kinds: flowers, grasses, trees and vegetables.

He blessed each with a spirit of life, the gift of kindness and he sowing, as well as growth and beauty. Then he placed each one on Aki, our Mother the Earth, where it would be the most beneficial.

Each year the Creator not only colours the medicines for us, but also provides us with the knowledge to know what we will need to harvest to prepare for ailments coming up in the next season.

Through spiritual connection the plants will also tell you what their medicine can be used for.

WORDS OF CAUTION

Each of the medicines listed only contains a limited amount of information about what the plant is used for. As you get to know each one, you will find that they have far more medicinal properties than we have been able to include in the wheel.

- Know that Anishinabe plant names will vary according to region and how your community uses the medicine.
- Never use medicines without proper guidance from an experienced healer/medicine keeper. Proper dosage is critical.
- Know your medicines before you pick them. Picking the wrong one can be dangerous (i.e. Cow Parsnip is often confused with Giant Hogweed).
- Very few medicines are safe to use during pregnancy, always consult with a healer or your practitioner prior to use.
- All plants have guardians, some may pose safety issues (i.e. The rattlesnake protects Nnemin).

PARTS OF THE PLANT

Ojibwa (fruits): They are our time-releak medicine. They help anchor the plant and draw nutrients from the soil.

Saskatoon (stems): Supports the plant and carries water and nutrients to the fruit.

Wabigoon (leaves): Capture the sunlight and use it to make food.

Wabigoon (leaves): They are the reproductive part of the plant containing pollen and ovules.

Maanongw (stems): Provides a protective covering for the seeds.

Mishkiki (seeds): They are considered the most powerful part of the plant, for they carry new life.

WILD PLANT NAME SUFFICES IN OJIBWE

-jibek or ojibik: root
 -imn: berry
 -akik: long grassy stem
 -niz: small tree, shrub
 -bag: leaf
 -pim: potato like, tuber
 -andag: bough

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6 ○	7	8	9
10	11	12	13 ◐	14	15	16
17	18	19	20 ●	21	22	23
24	25	26	27 ◑	28	29	30

SEPTEMBER — SEPTEMBRE

VIRGO AUG 23 — SEPT 22

LIBRA SEPT 23 — OCT 22



MONDAY

CONCORDIA CO-OP BOOKSTORE USED TEXTBOOK
CONSIGNMENT PERIOD (AUG 21ST – OCT 13TH)

LUNDI
28

TUESDAY

PGSS WELCOME BBQ – THOMSON HOUSE (MCGILL)

MARDI
29

WEDNESDAY

MERCREDI
30

TO DO – À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

31

FRIDAY

VENDREDI

1

SATURDAY

SAMEDI

2

SUNDAY

DIMANCHE

3

NOTES



MONDAY

STATUTORY / LEGAL HOLIDAY

LUNDI

4

TUESDAY

CLASSES START (MCGILL & CONCORDIA)

MARDI

5

WEDNESDAY

MERCREDI

6

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

7

FRIDAY

VENDREDI

8

SATURDAY

SAMEDI

9

SUNDAY

DIMANCHE

10

NOTES



MONDAY

LUNDI

11

TUESDAY

MARDI

12

WEDNESDAY

MERCREDI

13

TO DO — À FAIRE

- | | | | |
|--------------------------|-------|--------------------------|-------|
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |

THURSDAY

JEUDI

14

FRIDAY

VENDREDI

15

ANNUAL POWWOW
AGSEM TA TRAINING
QPIRG CONCORDIA COMMUNITY BIKE TOUR

SATURDAY

SAMEDI

16

SUNDAY

DIMANCHE

17

NOTES



MONDAY

LUNDI
18

LAST DAY TO ADD FALL & TWO TERM COURSE. WITHDRAWAL DEADLINE W/ TUITION REFUND (CONCORDIA)
HOMEWORK ZONE AFTERSCHOOL FALL PROGRAM - VOLUNTEER APPLICATION DEADLINE (MCGILL)
INDIGENOUS AWARENESS WEEK (18-22)
QPIRG-C'S DISORIENTATION WEEK STARTS

TUESDAY

MARDI
19

ADD/DROP DEADLINE FOR COURSES (MCGILL)
STUDENT PARENT ORIENTATION (MCGILL)
CONCORDIA CO-OP BOOKSTORE OPT-OUT OF AWESOMENESS STARTS 10AM

WEDNESDAY

MERCREDI
20

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

21

FRIDAY

QPIRG-C'S DISORIENTATION WEEK ENDS

VENDREDI

22

SATURDAY

SUNDAY

SAMEDI

DIMANCHE

23

24

NOTES



MONDAY

LUNDI

25

TUESDAY

COURSE OR UNIVERSITY WITHDRAWAL WITH TUITION REFUND DEADLINE (MCGILL)

MARDI

26

WEDNESDAY

SEDE MCGILL SOCIAL EQUITY UNDERGRADUATE
RESEARCH AWARD SYMPOSIUM — THOMSON HOUSE 4PM—7PM

MERCREDI

QPIRG-C ANNUAL GENERAL MEETING

27

TO DO — À FAIRE

THURSDAY

**JEUDI
28**

FRIDAY

**VENDREDI
29**

SEDE MCGILL COMMUNITY ENGAGEMENT DAY (MCGILL)
MCGILL DAILY IS HIRING!

SATURDAY

**SAMEDI
30**

SUNDAY

**DIMANCHE
1**

NOTES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5 ○	6	7
8	9	10	11	12 ◐	13	14
15	16	17	18	19 ●	20	21
22	23	24	25	26	27 ◑	28
29	30	31				

OCTOBER — OCTOBRE

LIBRA SEPT 23 — OCT 22 / **SCORPIO** OCT 23 — NOV 21



MONDAY

CONCORDIA CO-OP BOOKSTORE 15TH ANNIVERSARY

LUNDI

LAST DAY FOR CONCORDIA CO-OP BOOKSTORE OPT-OUT OF AWESOMENESS

2

TUESDAY

MARDI

3

WEDNESDAY

MERCREDI

4

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

SEDE MCGILL CAFÉ COLLAB STUDENT MEDIA-MAKING WORKSHOP 1.2

JEUDI

5

FRIDAY

VENDREDI

6

SATURDAY

SAMEDI

7

SUNDAY

DIMANCHE

8

NOTES



MONDAY

STATUTORY / LEGAL HOLIDAY

LUNDI

9

TUESDAY

MARDI

10

WEDNESDAY

MERCREDI

11

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

12

FRIDAY

CONCORDIA CO-OP BOOKSTORE USED TEXTBOOK
CONSIGNMENT PERIOD LAST DAY

VENDREDI

13

SATURDAY

SEDE MCGILL CAFÉ COLLAB
COMMUNITY DINNER DISCUSSION 1.2

SAMEDI

14

SUNDAY

DIMANCHE

15

NOTES



MONDAY

LUNDI

16

TUESDAY

MARDI

17

WEDNESDAY

MERCREDI

18

TO DO — À FAIRE

THURSDAY

JEUDI

19

FRIDAY

VENDREDI

20

SATURDAY

SAMEDI

21

SUNDAY

DIMANCHE

22

NOTES



MONDAY

LUNDI

23

TUESDAY

SEDE MCGILL CAFÉ COLLAB
COMMUNITY DINNER DISCUSSION 1.2

MARDI

24

WEDNESDAY

MERCREDI

25

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

26

FRIDAY

VENDREDI

27

SATURDAY

SAMEDI

28

SUNDAY

DIMANCHE

29

NOTES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 ○
5	6	7	8	9	10 ◐	11
12	13	14	15	16	17	18 ●
19	20	21	22	23	24	25
26 ◐	27	28	29	30		

NOVEMBER – NOVEMBRE

SCORPIO OCT 23 – NOV 21 / **SAGITTARIUS** NOV 22 – DEC 21



MONDAY

LAST DAY FOR ACADEMIC WITHDRAWAL FROM FALL-TERM
COURSES WITH NO REFUND (MCGILL)

LUNDI

30

TUESDAY

MARDI

31

WEDNESDAY

MERCREDI

1

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

2

FRIDAY

VENDREDI

3

SATURDAY

SAMEDI

4

SUNDAY

DIMANCHE

5

NOTES



MONDAY

LAST DAY FOR ACADEMIC WITHDRAWAL FROM FALL-TERM COURSES (CONCORDIA)

LUNDI
6

TUESDAY

MARDI
7

WEDNESDAY

MERCREDI
8

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

9

FRIDAY

VENDREDI

10

SATURDAY

SAMEDI

11

SUNDAY

DIMANCHE

12

NOTES



MONDAY

LUNDI

13

TUESDAY

SEDE OFFICE CAFÉ COLLAB STUDENT MEDIA-MAKING WORKSHOP 2.1

MARDI

14

WEDNESDAY

MERCREDI

15

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

16

FRIDAY

VENDREDI

17

SATURDAY

SAMEDI

18

SUNDAY

DIMANCHE

19

NOTES



MONDAY

LUNDI

20

TUESDAY

CONCORDIA CO-OP BOOKSTORE'S 15TH AGM:
THE 'A' STANDS FOR 'AWESOME'!

MARDI

21

WEDNESDAY

MERCREDI

22

TO DO — À FAIRE

- | | |
|--------------------------------|--------------------------------|
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

THURSDAY

JEUDI

23

FRIDAY

VENDREDI

24

SATURDAY

SAMEDI

25

SUNDAY

DIMANCHE

26

NOTES



MONDAY

LUNDI

27

TUESDAY

SEDE OFFICE CAFÉ COLLAB COMMUNITY DINNER DISCUSSION 2.2

MARDI

28

WEDNESDAY

MERCREDI

29

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

30

FRIDAY

VENDREDI

1

SATURDAY

SAMEDI

2

SUNDAY

DIMANCHE

3

NOTES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 ○	4	5	6	7	8	9
10 ◐	11	12	13	14	15	16
17	18 ●	19	20	21	22	23
24	25	26 ◑	27	28	29	30
31						

DECEMBER – DÉCEMBRE

SAGITTARIUS NOV 22 – DEC 21 / **CAPRICORN** DEC 22 – JAN 19



MONDAY

CLASSES END (CONCORDIA)

LUNDI

4

TUESDAY

CONCORDIA CO-OP BOOKSTORE'S 12 DAYS OF BOOKMAS GIVEAWAY STARTS TODAY!

EXAMS BEGIN (CONCORDIA)

MARDI

5

WEDNESDAY

MERCREDI

6

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

7

FRIDAY

EXAMS BEGIN (MCGILL)

VENDREDI

8

SATURDAY

MCGILL STUDY DAYS WEEKEND

SAMEDI

9

SUNDAY

MCGILL STUDY DAYS WEEKEND

DIMANCHE

10

NOTES



MONDAY

LUNDI

11

TUESDAY

MARDI

12

WEDNESDAY

MERCREDI

13

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

14

CONCORDIA CO-OP BOOKSTORE USED TEXTBOOK CONSIGNMENT
PERIOD FOR WINTER 2018. 10AM – FRIDAY FEBRUARY 16TH, 2017

FRIDAY

VENDREDI

15

SATURDAY

SAMEDI

16

SUNDAY

DIMANCHE

17

NOTES



MONDAY

LUNDI
18

TUESDAY

CONCORDIA CO-OP BOOKSTORE'S 12 DAYS OF BOOKMAS GIVEAWAY ENDS TODAY!

MARDI
19

WEDNESDAY

EXAMS END (MCGILL)

MERCREDI
20

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

EXAMS END (MCGILL)

**JEUDI
21**

FRIDAY

CO-OP BOOKSTORE CLOSED FOR BOOKMAS UNTIL JAN 4TH.

**VENDREDI
22**

**SATURDAY
SAMEDI
23**

**SUNDAY
DIMANCHE
24**

NOTES



MONDAY

STATUTORY / LEGAL HOLIDAY

LUNDI

25

TUESDAY

MARDI

26

WEDNESDAY

MERCREDI

27

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

28

FRIDAY

VENDREDI

29

SATURDAY

SAMEDI

30

SUNDAY

DIMANCHE

31

NOTES

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 ○		2	3	4	5	6
7	8 ◐		9	10	11	12	13
14	15		16 ●	17	18	19	20
21	22		23	24 ◑	25	26	27
28	29		30	31 ○			

JANUARY – JANVIER

CAPRICORN DEC 22 – JAN 19 / **AQUARIUS** JAN 20 – FEB 18



MONDAY

STATUTORY / LEGAL HOLIDAY

LUNDI

1

TUESDAY

MARDI

2

WEDNESDAY

MERCREDI

3

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

CONCORDIA CO-OP BOOKSTORE OPENS

JEUDI

4

FRIDAY

VENDREDI

5

SATURDAY

SUNDAY

SAMEDI

DIMANCHE

6

7

NOTES



MONDAY

LUNDI

8

TUESDAY

CLASSES BEGIN (MCGILL & CONCORDIA)

MARDI

9

WEDNESDAY

MERCREDI

10

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

11

FRIDAY

VENDREDI

12

SATURDAY

SAMEDI

13

SUNDAY

DIMANCHE

14

NOTES



MONDAY

LUNDI

15

TUESDAY

MARDI

16

WEDNESDAY

MERCREDI

17

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

18

FRIDAY

VENDREDI

19

SATURDAY

SAMEDI

20

SUNDAY

DIMANCHE

21

NOTES



MONDAY

LUNDI

22

SEDE OFFICE HOMEWORK ZONE AFTERSCHOOL PROGRAM
VOLUNTEER APPLICATION DEADLINE (WINTER 2019)

LAST DAY TO ADD WINTER-TERM COURSES. DEADLINE FOR WITHDRAWAL
WITH TUITION REFUND FROM WINTER-TERM COURSES

TUESDAY

MARDI

23

CO-OP BOOKSTORE OPT-OUT OF AWESOMENESS 10AM

SEDE OFFICE CAFÉ COLLAB STUDENT MEDIA-MAKING WORKSHOP 3-1
ADD / DROP DEADLINE FOR COURSES (MCGILL)

WEDNESDAY

MERCREDI

24

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

25

FRIDAY

VENDREDI

26

SATURDAY

SAMEDI

27

SUNDAY

DIMANCHE

28

NOTES

Slavers not saviours.



**On se
souvient.**

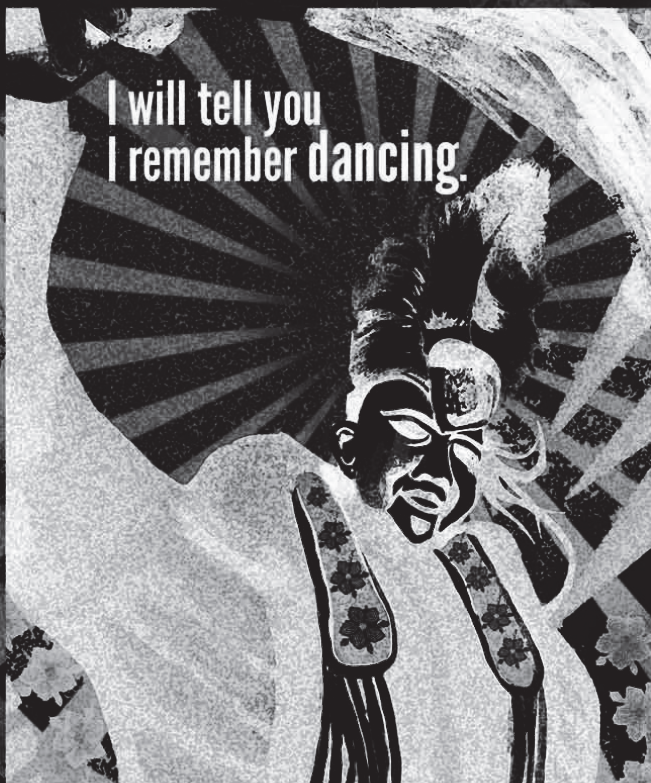
#UNsettle150

#anti375

The Dance of Decolonial Love

When I am old,

I will tell you
I remember dancing.



I will tell you I remember every time they
said our starvation
was natural and our
dispossession was progress.

When I am old, I will tell you I remember refusal.

The dream of these twelve moons, just like the
twelve thousand before and after, is freedom.

And one last thing, before I forget,
remember:

our memories contain every future,
every sunrise, you will ever need.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7 ☾	8	9	10
11	12	13	14	15 ●	16	17
18	19	20	21	22	23 ☾	24
25	26	27	28			

FEBRUARY – FÉVRIER

AQUARIUS JAN 20 – FEB 18 / **PISCES** FEB 19 – MAR 20



MONDAY

LUNDI

29

TUESDAY

MARDI

30

WEDNESDAY

MERCREDI

31

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

1

BLACK HISTORY MONTH
TRANSITIONS CONFERENCE 2019 (TBD)
SEDE OFFICE – BLACK HISTORY MONTH OPENING CEREMONYL

FRIDAY

VENDREDI

2

SATURDAY

SAMEDI

3

SUNDAY

DIMANCHE

4

NOTES



MONDAY

CONCORDIA CO-OP BOOKSTORE'S OPT-OUT OF AWESOMENESS

LUNDI

CONCORDIA READING WEEK BEGINS

5

TUESDAY

MARDI

6

WEDNESDAY

MERCREDI

7

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI
8

FRIDAY

CONCORDIA READING WEEK ENDS

VENDREDI
9

SATURDAY

SAMEDI
10

SUNDAY

DIMANCHE
11

NOTES



MONDAY

LUNDI

12

TUESDAY

CONCORDIA CO-OP BOOKSTORE USED TEXTBOOK CONSIGNMENT PERIOD DEADLINE

MARDI

13

WEDNESDAY

MERCREDI

14

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

15

FRIDAY

VENDREDI

16

SATURDAY

SAMEDI

17

SUNDAY

DIMANCHE

18

NOTES



MONDAY

LUNDI

19

TUESDAY

SEDE OFFICE CAFÉ COLLAB COMMUNITY DINNER DISCUSSION 3.2

MARDI

20

WEDNESDAY

MERCREDI

21

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

22

FRIDAY

VENDREDI

23

SATURDAY

SAMEDI

24

SUNDAY

DIMANCHE

25

NOTES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 ○	2	3
4	5	6	7	8	9 ◐	10
11	12	13	14	15	16	17 ●
18	19	20	21	22	23	24 ◑
25	26	27	28	29	30	31 ○

MARCH — MARS

PISCES FEB 19 — MAR 20 / **ARIES** MAR 20 — APRIL 19



MONDAY

LUNDI

26

TUESDAY

MARDI

27

WEDNESDAY

MERCREDI

28

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI

1

FRIDAY

VENDREDI

2

SATURDAY

SAMEDI

3

SUNDAY

DIMANCHE

4

NOTES



MONDAY

LUNDI

5

SEDE OFFICE'S ALTERNATIVE SPRING
BREAK (ASB) WEEK BEGINS
MCGILL READING WEEK BEGINS

TUESDAY

MARDI

6

WEDNESDAY

MERCREDI

7

TO DO — À FAIRE

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

THURSDAY

JEUDI
8

FRIDAY

VENDREDI
9

SEDE OFFICE'S ALTERNATIVE SPRING
BREAK (ASB) WEEK ENDS
MCGILL READING WEEK ENDS

SATURDAY

SAMEDI
10

SUNDAY

DIMANCHE
11

NOTES



MONDAY

LUNDI

12

TUESDAY

COURSE OR UNIVERSITY WITHDRAWAL WITH NO REFUND DEADLINE

CAFÉ COLLAB STUDENT MEDIA-MAKING WORKSHOP 4.1

MARDI

13

WEDNESDAY

MERCREDI

14

TO DO — À FAIRE

THURSDAY

JEUDI

15

FRIDAY

VENDREDI

16

SATURDAY

SAMEDI

17

SUNDAY

DIMANCHE

18

NOTES



MONDAY

STATUTORY / LEGAL HOLIDAY

LUNDI

19

TUESDAY

MARDI

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WEDNESDAY

MERCREDI

21

TO DO — À FAIRE

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THURSDAY

JEUDI

22

FRIDAY

VENDREDI

23

SATURDAY

SAMEDI

24

SUNDAY

DIMANCHE

25

NOTES



MONDAY

LUNDI

26

TUESDAY

MARDI

27

WEDNESDAY

MERCREDI

28

TO DO — À FAIRE

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THURSDAY

JEUDI

29

FRIDAY

VENDREDI

30

SATURDAY

SAMEDI

31

SUNDAY

STATUTORY / LEGAL HOLIDAY

DIMANCHE

1

NOTES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8 ☾	9	10	11	12	13	14
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22 ☾	23	24	25	26	27	28
29 ○	30					

APRIL – AVRIL

ARIES MAR 21 – APR 19 / **TAURUS** APR 20 – MAY 20



MONDAY

STATUTORY / LEGAL HOLIDAY

LUNDI

2

TUESDAY

SEDE OFFICE CAFÉ COLLAB COMMUNITY DINNER DISCUSSION 4.2

MARDI

3

WEDNESDAY

MERCREDI

4

TO DO — À FAIRE

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THURSDAY

JEUDI

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FRIDAY

VENDREDI

6

SATURDAY

SAMEDI

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SUNDAY

DIMANCHE

8

NOTES



MONDAY

LUNDI

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TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

JEUDI

12

FRIDAY

CAFÉ COLLAB YEAR END SHOWCASE

VENDREDI

13

SATURDAY

MCGILL STUDY WEEKEND

SAMEDI

14

SUNDAY

MCGILL STUDY WEEKEND

DIMANCHE

15

NOTES



MONDAY

CLASSES END (MCGILL & CONCORDIA)

LUNDI
16

TUESDAY

EXAMS BEGIN {MCGILL}

MARDI
17

WEDNESDAY

EXAMS BEGIN {MCGILL}

MERCREDI
18

TO DO — À FAIRE

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THURSDAY

JEUDI

19

FRIDAY

VENDREDI

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SATURDAY

SAMEDI

21

SUNDAY

DIMANCHE

22

NOTES



MONDAY

LUNDI

23

TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

JEUDI

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FRIDAY

VENDREDI

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SATURDAY

SAMEDI

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SUNDAY

DIMANCHE

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NOTES

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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13	14	15	16	17	18	19	
20	☾	22	23	24	25	26	
27	28	29	30	31			

MAY — MAI

TAURUS APR 20 — MAY 20 / **GEMINI** MAY 20 — JUN 20



MONDAY

EXAMS END (MCGILL)

LUNDI

30

TUESDAY

EXAMS END (CONCORDIA)

MARDI

1

WEDNESDAY

MERCREDI

2

TO DO — À FAIRE

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THURSDAY

JEUDI

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FRIDAY

VENDREDI

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SATURDAY

SAMEDI

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SUNDAY

DIMANCHE

6

NOTES



MONDAY

LUNDI

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TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

JEUDI

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FRIDAY

VENDREDI

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SATURDAY

SAMEDI

12

SUNDAY

DIMANCHE

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NOTES



MONDAY

LUNDI

14

TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

JEUDI

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FRIDAY

VENDREDI

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SATURDAY

SAMEDI

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SUNDAY

DIMANCHE

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NOTES



MONDAY

LUNDI

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TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

JEUDI

24

FRIDAY

VENDREDI

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SATURDAY

SAMEDI

26

SUNDAY

DIMANCHE

27

NOTES



MONDAY

LUNDI

28

TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

JEUDI

31

FRIDAY

VENDREDI

1

SATURDAY

SAMEDI

2

SUNDAY

DIMANCHE

3

NOTES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

JUNE – JUIN

GEMINI MAY 21 – JUN 20 / **CANCER** JUN 21 – JUL 22



MONDAY

LUNDI

4

TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

JEUDI

7

FRIDAY

VENDREDI

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SATURDAY

SAMEDI

9

SUNDAY

DIMANCHE

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NOTES



MONDAY

LUNDI

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TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

JEUDI

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FRIDAY

VENDREDI

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SATURDAY

SAMEDI

16

SUNDAY

DIMANCHE

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NOTES



MONDAY

LUNDI

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TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

JEUDI

21

FRIDAY

VENDREDI

22

SATURDAY

SAMEDI

23

SUNDAY

STATUTORY / LEGAL HOLIDAY

DIMANCHE

24

NOTES



MONDAY

LUNDI

25

TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

**JEUDI
28**

FRIDAY

**VENDREDI
29**

SATURDAY

**SAMEDI
30**

SUNDAY

**DIMANCHE
1**

STATUTORY / LEGAL HOLIDAY

NOTES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JULY – JUILLET

CANCER JUN 21 - JUL 22 / **LEO** JUL 23 - AUG 22



MONDAY

LUNDI

2

TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

JEUDI

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FRIDAY

VENDREDI

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SATURDAY

SAMEDI

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SUNDAY

DIMANCHE

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NOTES



MONDAY

LUNDI

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TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

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FRIDAY

VENDREDI

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SATURDAY

SAMEDI

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SUNDAY

DIMANCHE

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MONDAY

LUNDI

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TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

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FRIDAY

VENDREDI

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SATURDAY

SAMEDI

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SUNDAY

DIMANCHE

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MONDAY

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TUESDAY

MARDI

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WEDNESDAY

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TO DO — À FAIRE

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THURSDAY

JEUDI

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FRIDAY

VENDREDI

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SATURDAY

SAMEDI

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SUNDAY

DIMANCHE

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NOTES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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26	27	28	29	30	31	

AUGUST-- AOÛT

LEO JUL 23 - AUG 22 / **VIRGO** AUG 23 - SEP 22



MONDAY

LUNDI

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TUESDAY

MARDI

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

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FRIDAY

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SAMEDI

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SUNDAY

DIMANCHE

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NOTES



MONDAY

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THURSDAY

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SUNDAY

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NOTES



MONDAY

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THURSDAY

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SATURDAY

SAMEDI

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SUNDAY

DIMANCHE

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MONDAY

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TUESDAY

MARDI

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WEDNESDAY

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THURSDAY

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SATURDAY

SAMEDI

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SUNDAY

DIMANCHE

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NOTES



MONDAY

LUNDI

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TUESDAY

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WEDNESDAY

MERCREDI

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TO DO — À FAIRE

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THURSDAY

JEUDI

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FRIDAY

VENDREDI

31

SATURDAY

SAMEDI

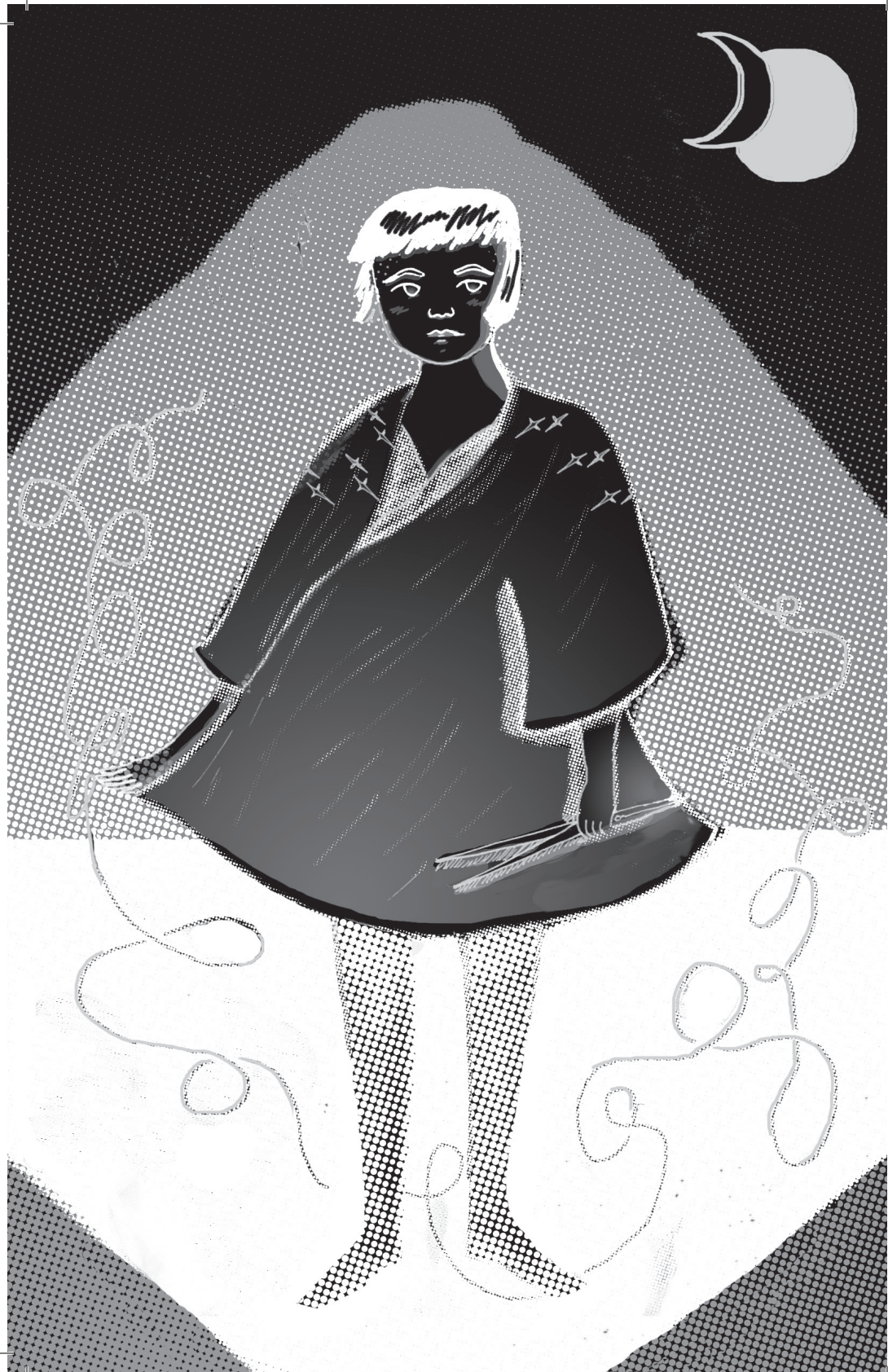
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SUNDAY

DIMANCHE

2

NOTES



GROUPS & RESOURCES

FOR MORE INFORMATION ON ACCESSIBILITY AND INCLUSIVENESS, PLEASE CONTACT THE RESOURCE OR GROUP LISTED. WE HAVE DONE OUR BEST TO COMPILE QTBIPOC FRIENDLY, BILINGUAL, AND ACCESSIBLE RESOURCES.

These groups and services are located on Tioh'tia:ke ("Montreal"), unceded indigenous Kanien'keha:ka (mohawk) territory. It has also historically been a meeting and living space for Haudenosaunee, Abénaki, and Algonquin people. We also recognize the continued presence of Innu and Inuit folk on this land.



GROUPS

MCGILL GROUPS

AGSEM

The Association of Graduate Students Employed at McGill AGSEM is a Union of McGill's Teaching Assistants and Invigilators. We are autonomous, and the General Assembly, where every member has a vote, is our highest decision-making body. Our mandate is to protect and improve the working conditions of our members and campaign for quality education at our University. AGSEM members encountering problems in their workplace have access to confidential advice about their rights and representation should they wish to pursue a grievance. AGSEM also has a mandate to help non-unionized teaching support workers (e.g. graders, undergraduate course assistants, etc.) to organize.

MAIL@AGSEM-AEDEM.CA
AGSEM.CA



AMURE

AMURE is the Association of McGill University Research Employees that represents casual research assistants, research assistants and research associates working at McGill. We signed our first collective agreement for research assistants and associates with McGill in April 2013.

SEAN.CORY@AERUM-AMURE.CA
AERUM-AMURE.CA



AMUSE

The Association of McGill University Support Employees (AMUSE) is a labour union that represents 'casual' or 'temporary' employees at McGill, as well as Floor Fellows in student residences. This includes both students and non-students, working in part-time and some full-time positions. In total, our approximately 1500-strong members make up about 55% of McGill's non-academic employees. For more information, support, or ways to get involved:

COMMUNICATIONS.AMUSE@
GMAIL.COM
AMUSEMCGILL.ORG



CKUT

CKUT is McGill's kickass campus-community radio station. CKUT broadcasts live on *90.3FM* and can be live-streamed or downloaded on our website. Our programming covers very diverse musical genres, news, arts, and culture. As a non-commercial alternative media source, the content you hear on our airwaves is unlike what you get from mainstream media. The best part is that McGill students and Montréal community members just like you create all of our programming! If you want to get involved, come up to 3647 University. We have orientations every first Thursday of the month at noon, 3pm, and 6pm. There's a wealth of knowledge, skills, and hands-on-experience to be gained at CKUT. Come by and learn all about radio, podcasting, audio editing, and much more!

CKUT.CA



MCGILL DAILY

The McGill Daily, in production for over 100 years, is an on-campus independent newspaper run entirely by students. Our aim is to report on issues taking place on campus and beyond, through an intersectional lens that prioritizes the voices of marginalised people and communities. We publish in print on Mondays, and produce online content throughout the week, alongside weekly radio segments for CKUT 90.3 FM. McGill students are welcome to get involved! Give us a call, email us, or drop by our office in room B-24 of the Shatner Building to talk to our editors.

COORDINATING@
MCGILLDAILY.COM
MCGILLDAILY.COM

THE
McGill Daily

MCGILL FARMER'S MARKET

The McGill Farmers' Market is a weekly market and a gathering spot for students, faculty, and community members to discover healthy, local, and sustainably produced foods. With more than twelve local suppliers, the Market provides the opportunity for downtown residents to connect with agricultural producers from Québec. Come see us every Thursday from 10am – 5pm, July through October. We are located on McTavish Street in front of the University Centre on McGill Campus.

INFO@MCGILLFARMERSMARKET.COM
MCGILLFARMERSMARKET.COM



MIDNIGHT KITCHEN

During the school year, Midnight Kitchen serves by-donation, bring-your-own-dish, vegan, nut-free lunches at 12:30pm Monday-Thursday in the SSMU building, 3480 rue McTavish, 3rd or 4th floor. We also cook for campus and community-based events that align with our anti-oppression and political mandate. Beyond cooking, we organize popular education events, have a summer food bank and garden, offer discretionary funding, and support direct action and grassroots organizing. We're always looking for new volunteers and collective members!

MIDNIGHTKITCHENCOLLECTIVE@GMAIL.COM
FACEBOOK/INSTAGRAM: @MIDNIGHT-KITCHENCOLLECTIVE
MIDNIGHTKITCHENCOLLECTIVE.WORD-PRESS.COM



MUNACA

The members of MUNACA are non-academic staff at McGill who support students and faculty by providing services such as library services, administrative support, academic counseling, payroll services, lab technicians, and many more.

RECEPTION@MUNACA.COM
MUNACA.COM



THE POST-GRADUATE STUDENTS' SOCIETY (PGSS)

The Post-Graduate Students' Society is an association that represents over 9000 graduate students and post-doctoral fellows at McGill University. PGSS represents its membership at all levels of McGill's governance structure, maintains and manages Thomson House (a multipurpose building complete with meeting rooms, a ballroom, and a restaurant), and provides an array of support services (health insurance, advocacy and equity resources, courses, special project funding etc).

INFO.PGSS@MAIL.MCGILL.CA
PGSS.MCGILL.CA



THE UNION FOR GENDER EMPOWERMENT (UGE)

The UGE is a trans-positive and anti-racist feminist organization. We coordinate an alternative library; a co-op stocking pay-what-you-can ecologically responsible menstrual products, safer sex supplies, and gender empowerment items; and a zine library and distro. The UGE also runs trans 101/allyship and anti-oppression workshops for other organizations and projects, and coordinates community events in Montreal. Our office and lounge space is accessible to folks who use wheelchairs and is a safe(r) space for people of all genders, and is equipped with a microwave, a fridge for breastmilk, dishes, a kettle, and lots of tea! Stop by to eat lunch and hang out! You can find us in room 413, on the 4th floor of the Shatner University Centre.

UGECOLLECTIVE@GMAIL.COM
THEUGE.ORG

GROUPS

QPIRG-MCGILL WORKING GROUPS

ATELIER CÉLADON

Atelier Céladon is an artist organization that prioritizes the voices and labour of Indigenous and People of Colour engaged with shifting ideas of diasporic living. We have no physical home, but have been housed in various locations. All members are accepted and no experience is required.

ATELIERCELADON.COM

BARRIERE LAKE SOLIDARITY

We are a network that supports Barriere Lake, an Algonquin community four hours north of Montréal, that has been asserting their decisive role in determining what logging and other activities take place on their traditional territories. This means that the community is able to continue to practice and protect their way of life and language, and to contest impositions by governments and resource extraction companies. We do campaigning to build support for the community and provide various other forms of assistance to community efforts.

BARRIERELAKESOLIDARITY@GMAIL.COM

BARRIERELAKESOLIDARITY.ORG

DEMILITARIZE MCGILL

Demilitarize McGill is a campaign aiming to interrupt the University's history of complicity in colonization and imperialist warfare by ending military collaboration at McGill. We are students and community members who use research, popular education, and direct action to impede military research at McGill. We strive to be anti-hierarchical, anti-oppressive, and self-critical in our organizing. We welcome new members, new ideas, and any questions you might have!

DEMILITARIZEMCGILL.COM

HOWL! ARTS COLLECTIVE

Howl! arts collective is a Montréal-based collective of cultural workers, artists, and activists working for social justice via artistic expression.

HOWLARTS.NET

LAKAS PAGGAWA (LABOUR POWER)

Exploitation does not stop at permanent residency. The immigration-sponsored children of former migrant workers (LCP) are joining the workforce in Canada. They have become a new source of cheap

labour for the Canadian capitalist class. Where will their future take them as they struggle for the economic well-being of their families? Lakas Paggawa will pool together young Filipino workers and provide them with the venue and resources to start fighting back. "Social transformation, not integration!" is the fighting call of the day.

MCGILL STUDENT CHAPTER OF INDEPENDENT JEWISH VOICES

McGill IJV is a grassroots student initiative. It aims to create solidarity links between non/anti-Zionist Jewish voices and Palestinian human rights groups in Montréal. McGill IJV promotes dialogue surrounding Jewish diasporic resistance to the Israeli occupation, and empowers critical Jewish voices to take solidarity actions, aiming to achieve justice in Palestine.

IJVMCGILL@GMAIL.COM

FACEBOOK.COM/IJVMCGILL



RAD FROSH MCGILL

Rad Frosh is a three-day orientation program that introduces first-year students at McGill to a variety of social and environmental justice organisations on campus as well as in the broader Montréal community. Rad Frosh tries to build this bridge between students and the community through workshops and walking tours as well as social events in the evenings: performance nights, sober activities, delicious meals, and parties. Rad Frosh puts an accent on accessibility, safety, and inclusivity. Find out more information on our website and facebook page, including info on events open to the general public! Some of our 2017 events:

FRIDAY, SEPT 1ST: BENEFIT SHOW AT BAR LE RITZ PDB

SATURDAY, SEPT 2ND: PERFORMANCE NIGHT : "OUR BODIES, OUR STORIES"

SUNDAY, SEPT 3RD: OPEN-MIC NIGHT

QPIRGADFROSH@GMAIL.COM

FACEBOOK.COM/RAD.FROSH

QPIRGMCGILL.ORG/RADFROSH



SIGAW NG BAYAN

Sigaw ng Bayan is the longest running Filipino radio show in Montreal, airing on Fridays at 2pm-3pm on CKUT 90.3 FM. With Filipino student activists starting this project in 1999, Sigaw ng Bayan continues to pride itself in perspectives of culture and grassroots social justice movements within Montréal's Filipino community.

SKÁTNE IONKWATEHIAHRÓNTIE'

Skátne ionkwatehiahróntie' is a youth-led grassroots program dedicated to sharing sexual and reproductive health teachings through a cultural land-based framework and artistic interpretation, geared toward young families, expectant parents, and youth thinking of starting families under the age of 25, including non-biological, non-nuclear, and two-spirited and LGBTTIQQA caregivers.

TADAMON!

Tadamon! (Arabic for "solidarity"), is a Montréal-based collective which works in solidarity with struggles for self-determination, equality, and justice in the 'Middle East' and in diaspora communities in Montréal and beyond. Tadamon! strives for a world in which every human being is free to live and flourish in dignity and justice.



INFO@TADAMON.CA

TEMPORARY AGENCY**WORKER'S ASSOCIATION (TAWA)**

The Temporary Agency Workers Association is a workers collective actively engaged in mobilizing temporary agency workers to unite against workplace injustice. TAWA works to end unfair temporary agency practices and ensure quality workplace standards that foster respect, equality, and security for temporary agency worker communities.

IWC-CTI.ORG

THIRD EYE COLLECTIVE

The Third Eye Collective is an intergenerational grassroots collective led by female-identified people of Black/African origins dedicated to healing from and organizing against intimate partner violence, state violence, and institutional violence against us.

THIRDEYEMONTREAL.COM

GROUPS

CONCORDIA GROUPS

ART MATTERS

Art Matters is a student-run festival that celebrates the vitality of Concordia University's multidisciplinary artistic community. The festival promotes the emerging talent of Concordia by developing working relationships with creative institutions, galleries, and artist-run centres throughout Montréal. Since its inception in 2000, the annual festival has proudly exhibited art produced by Concordia students in the fields of visual art, design, cinema, dance, music, spoken word, and theatre. The Art Matters Festival takes place in March and features exhibitions organized and curated by Concordia students in venues throughout Montréal as well as other events such as artist discussions, workshops, and vernissages.

INFO@ARTMATTERSFESTIVAL.ORG
ARTMATTERSFESTIVAL.ORG



CAFÉ X

Café X is a student-run, non-profit, vegetarian and vegan café located on the SGW Concordia campus in two locations: 2nd floor of the VA building and on the 7th floor of the EV building.



CAFEXMONTREAL@GMAIL.COM
FACEBOOK.COM/CAFE.X.MONTREAL

THE CENTRE FOR GENDER ADVOCACY

The Centre for Gender Advocacy is an independent, student-funded, Concordia University organization, mandated to promote gender equality and empowerment, particularly as it relates to marginalized communities. We believe that gender oppression is inextricably linked to social and economic justice and work to achieve our mandate within a feminist framework that challenges systemic oppressions. Through ongoing programming, campaigns, resources, services, and advocacy, the Centre for Gender Advocacy works in support of and in solidarity with social movements, to provide services such as confidential peer-to-peer support, collaborates with



volunteers, and provides an accessible space to facilitate community organizing and action, all while promoting gender self-determination, bodily sovereignty, and self-love.

GENDERADVOCACY.ORG

CINEMA POLITICA

Cinema Politica is a Montréal-based non-profit media arts network of community and campus locals that screens independent political film and video by Canadian and international artists throughout Montréal, Canada, and abroad. Cinema Politica is very active in Montréal! Check out our weekly Monday screenings from September to April at Concordia, other screenings at UQAM, McGill, and in Villeroy, and find more information about our special events on the website.

CINEMAPOLITICA.ORG/MONTREAL



CITY FARM SCHOOL

The City Farm School is an initiative to develop partnerships and expertise in urban agriculture on the island of Montréal. Our aim is to promote a cultural shift towards more resilient communities able to meet the challenges posed by climate change and a collapsing global food system by focusing on local food autonomy. The City Farm School (CFS) offers seminars, discussions, internship placements, volunteer opportunities, and on permaculture, organic crop planning, producing seedlings, mushroom cultivation, composting, pest management, organic plant nutrition, rain water harvesting, and other topics of public interest, promoting a strong focus on experiential learning.

INFO@CITYFARMSCHOOL.COM
CITYFARMSCHOOL.COM



CJLO

CJLO1690AM is Concordia University's one and only radio station. 100% non-profit and run almost entirely by volunteers, the station is located in the heart of the Loyola campus in the NDG borough of Montréal. Our on-air personalities are the backbone of the station and there are over eighty DJs spinning

for your listening pleasure. Whether you are interested in Rock, Alt, Hip-Hop, Electronic, Punk, Metal, Jazz, Blues, Country, or Talk and Sports, CJLO has something for you, and is always looking for more on-air talent!



FACEBOOK.COM/
CJLO1690AM

**CONCORDIA COMMUNITY
SOLIDARITY CO-OP BOOKSTORE**

The Concordia Community Solidarity Co-op Bookstore is a fiercely independent not-for-profit bookstore located in Montréal's downtown core. You'll find new and used books priced below suggested retail - we specialize in Race, Class, and Gender Studies, Sustainable Development, Graphic Novels, and a bunch of quirky weirdness. We've been serving our community for going on 15 years, offering services such as a Consignment Service for Used Textbooks and Artisanal wares (zines, T-shirts, etc), as well as Special Orders, an Event Space, and Bookseller Services. A lifetime membership (which brings with it member-discounted prices!) will set you back \$10 (\$5 for Concordia undergraduate students).



2150 Bishop Street
COOPBOOKSTORE@GMAIL.COM
CO-OPBOOKSTORE.CA

CONCORDIA FOOD COALITION

The Concordia Food Coalition is a not-for-profit organization concerned with the social, environmental, and economic well-being of the Concordia community manifested through our campus food system. Through popular education events and funding opportunities for alternative agriculture and educational projects, we work to bring together students, faculty, and staff to promote and facilitate a transition to a community-centered sustainable food system at Concordia and beyond.



CONCORDIAFOODCOALITION@GMAIL.
CONCORDIAFOODCOALITION.COM

CONCORDIA GREENHOUSE PROJECT

The Concordia Greenhouse Project is a collectively run, consensus-based, non-profit organization. It uses the Henry H. Hall Building rooftop greenhouse as an all-organic space geared towards community, education, and sustainable horticulture. The Greenhouse is a year-round green space that hosts workshops, projects and events that raise awareness around food issues and alternatives to mainstream consumerism. We aspire to strengthen the urban agriculture movement at Concordia University and in Montréal by growing local produce using ecological practices, providing experiential learning opportunities through volunteering, internships, and jobs, and networking with other like-minded individuals and organizations. Plant sales every October, February, and May!

1455 de Maison-
neuve W. 13th floor
FACEBOOK.COM/
CUGREENHOUSE
CONCORDIAGREENHOUSE.COM



LE FRIGO VERT

Le Frigo Vert is a local, non-profit, collectively run, natural and organic health food store. Our membership is comprised of all students at Concordia University as well as individuals from the greater Montreal community. Members pay into the organization in exchange for discounted prices in the store and access to our other services. One of our top priorities is to provide food essentials at a low price. We carry this out through by assigning our lowest mark-ups to bulk, medicinal, and produce items. We also offer healthy and affordable food for people who are on the go, the most popular being our 50 cent coffee, 60 cent samosas, and cheap falafel sandwiches!

1440 rue
Mackay
mon, wed,
thurs 11 am - 6 pm & tues 11 am - 7pm
LEFRIGOVERT.COM



GROUPS

CONCORDIA GROUPS (CONTINUED)

THE HIVE

The mission of the Hive Cafe Co-op is to be a model food system at Concordia University that provides food through sustainable practices and empowers the student community. Stop by either location to enjoy a coffee, a grilled cheese, or just to enjoy the space. If you are at Loyola from 12:30pm-1:30pm, Monday to Friday, enjoy the Hive Free Lunch, which serves free daily vegan meals. Membership is \$10 and gives you a 10% discount and vote!

SGW campus: H Building, 2nd floor

Loyola campus: SC Building, 2nd floor

HIVECAFE.CA



**HIVE CAFÉ
SOLIDARITY
CO-OPERATIVE**

THE PEOPLE'S POTATO

Initiated in 1999 to address student poverty, the People's Potato is an autonomous, non-profit, vegan community kitchen. We serve four-course vegan lunches and work with community groups on broader goals of social justice, environmental sustainability, and food security issues. Lunch is served on the 7th floor of the Hall building every Monday to Friday during the school year from 12:30pm-2pm. Meals are offered on a by-donation basis. No one is turned away! We strive to create an accessible and anti-oppressive space for collective members, volunteers, and everyone who enjoys our meals. This project would not be possible without our amazing volunteers!

PEOPLESPTATO@GMAIL.COM

[FACEBOOK.COM/PEOPLESPTATO](https://www.facebook.com/PEOPLESPTATO)

PEOPLESPTATO.COM



RIGHT TO MOVE

Right to Move is a volunteer-run community bike repair shop that aims to make bicycling more accessible by helping people to repair their own bikes. We do so by providing tools, low-cost new and used parts, and the guidance of our volunteer mechanics during our drop-in hours. We aim to be a welcoming space to all cyclists regardless of race, gender, age, class, sexuality, immigration status, or previous bike repair experience. Right to Move is open from 6pm-9pm Monday, Tuesday, Thursday and Friday. We also run a closed shift for women, trans, and femme folks from 6pm-9pm on Wednesdays. We charge a drop-in fee of \$2 per visit, or a yearly membership of \$20. We also welcome new volunteers throughout the year, regardless of bike repair experience! Right to Move can be accessed through the parking lot behind Concordia's Hall building between Mackay and Bishop.

RIGHTTOMOVE@GMAIL.COM

COM

RTM-LVL.ORG



SUSTAINABILITY

ACTION FUND

The Sustainability Action Fund (SAF) is a Concordia University fee-levy granting organization for students who want to develop projects in sustainable infrastructure, community-building, and education around social and environmental sustainability issues. The SAF provides significant financial support to a diversity of projects with an active effort to empower the Concordia community and develop a culture of sustainability on campus and beyond.

SAFCONCORDIA.CA



**SUSTAINABILITY
ACTION FUND**

QPIRG-CONCORDIA WORKING GROUPS

[BLANK] COLLECTIVE

[Blank] Collective is a new journal based on Kanien'kéha:ka and Omàmiwininiwak ceded territory, otherwise known as Montréal. We are a collective of writers and artists and we publish queer, trans, and People of Colour voices in our biannual publication. We welcome submissions in the form of poetry, prose, non-fiction, and visual art. We also organize events and writing/art workshops that can be found on our Facebook page.

CERTAIN DAYS

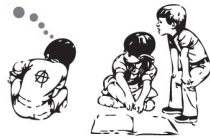
The Certain Days Political Prisoner Calendar Committee works to support, educate, and fundraise for political prisoners through the production of a yearly calendar. The calendar is a project produced by organizers in, Montréal and Toronto, with the support of three political prisoners in New York State. We work with an anti-imperialist, anti-racist, feminist, queer and transliberationist perspective to help free our movement's political prisoners.

CERTAINDAYS.ORG

CHILDCARE COLLECTIVE

The Childcare Collective offers strategic childcare in response to the fact that childcare is frequently overlooked and underappreciated. We aim to assist parents, caregivers, youth, and children, including but not limited to low-income communities, non-status and immigrant communities, communities of colour, and queer and trans communities.

MONTREALCHILDCARECOLLECTIVE.COM



CLAC

CLAC (The Anti-Capitalist Convergence) is a convergence and coordination space for the radical anti-capitalist milieu of the Montéreal area. CLAC's mandate is to put forward an anti-capitalist analysis on a public platform through the organization of a variety of campaigns and protests, including the yearly May 1st anti-capitalist mobilization. We adopt an anti-authoritarian approach and respect the principles set out by the People's Global Action. CLAC is an explicitly anti-capitalist, anti-authoritarian and anti-colonial space.

CLAC-MONTREAL.NET



THE COLLECTIVE OPPOSED TO POLICE BRUTALITY (COBP)

COBP is an autonomous group that brings together victims, witnesses and anyone concerned about police brutality as well as any form of abuse perpetrated by the police. COBP not only denounces police harassment, violence, intimidation, arrests, and abuses of power, but also informs the public about their rights in regards to the police. We provide support to victims in helping them file complaints to the police ethics board and in facing abusive accusations.

COBP.RESIST.CA

COMITÉ D'ACTION DES PERSONNES SANS-STATUS / NON-STATUS ACTION COMMITTEE

Nous préconisons le rejet du cas par cas et l'adoption par les gouvernements fédéral et provincial d'une mesure globale, inclusive pour tous.te.s les Sans-papiers.

CONTEMPT OF COURT: LEGAL CLINIC BY AND FOR SOCIAL MOVEMENTS

The Contempt of Court Legal Clinic is a project by and for people active in social movements. Our goal is to support people facing legal repression as a result of actions that share an affinity with our political principles. Our project is based on solidarity and we intend to complement existing legal support initiatives. We recognize the legal skills and experience of people engaged in social struggles. We want to share our experience of the justice system, both theoretical and lived, in the context of monthly or bimonthly clinics, through individual support, and through events like workshops on particular infractions or accusations. Our objective is to contribute to building enduring power in relation to the justice system. If you are facing charges, if you want to respond to state violence in the courts, or if you want to share your experiences and offer support, you're welcome to join us!

GROUPS

QPIRG-CONCORDIA WORKING GROUPS (CONT'D)

CURE

The Community-University Research Exchange (CURE) from QPIRG C & M facilitates collaborations between grassroots community groups and university students. Community groups can make research or project requests, and students can undertake those projects, often for class credit. CURE is rooted in a community-driven social justice research model, based on the idea of research as a tool for social transformation. Students: get in touch about how to link your classroom experience with local community organizations and their research requests. There are multiple projects in the CURE database for students to consider.

CUREMONTREAL.ORG



L'ÉCOLE-LIBRE

RADICALE DE MTL RAD SCHOOL

The Rad School provides a space for children to pursue their own interests, explore at their own pace, and participate in a democratic community. They are encouraged to learn what they are passionate about, to explore, question, discover, and grow! This working group is focused on making student-centered learning available to everyone - freedom in education for all! If you are interested in getting involved with this project, please visit our website.

MONTREAL@ECOLELIBRE-FREE-SCHOOL.ORG

ECOLELIBRE-FREESCHOOL.ORG



ÉQUIPE SONORE / SOUNDTEAM

Équipe Sonore / Soundteam provides sound services for Montréal area community groups that cannot afford to pay professional rates. We build, maintain and operate P.A. systems for community events, rallies, conferences and performances. We also strive to distribute and share the technical knowledge of audio production systems. Our purpose is to support grassroots initiatives and act in the interests of communities and their struggles for economic and political justice.



FILIPINO INDIGENOUS PEOPLE'S

ORGANIZATION OF QUÉBEC (FIPOQ)

FIPOQ is a non-profit grass root organization. We are networking with other indigenous groups of Filipinos and non-Filipinos in the community. Our objective is to strengthen and expand network in Québec and around Canada to make our campaigns more visible, more progressive, and more productive.



LA GRANGE

La Grange Farm Collective is a group of Montréal and Laval residents who like to play in the dirt. Working on, restoring, and maintaining a piece of land located near Terrebonne in Laval (accessible via STM), the group aims to create a space where people can come together to share DIY farming skills and the joys of organic, local food.

JUSTICE FOR THE VICTIMS OF POLICE KILLINGS

The Justice for the Victims of Police Killings Coalition brings together directly affected families and friends of the victims of police killings, as well as their allies. Our main goals and purpose as a coalition are to remember the victims who lost their lives due to police violence, impunity, and abuse; and to support their families and friends in any way we can. The Coalition follows from years of struggle and support for the families and friends of police killing victims. The Coalition currently involves the family members and friends of Anas Bennis, Claudio Castagnetta, Ben Matson, Brandon Maurice, Quilem Registre, Gladys Tolley, Jean-François Nadreau, and Fredy Villanueva, all of whom died as a direct result of police actions and interventions. We continue to reach out to family and friends of other victims of police killings.

22OCTOBRE.NET

MONTREAL ANARCHIST BOOKFAIR COLLECTIVE

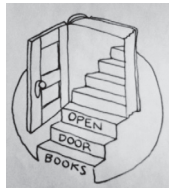
The Montreal Anarchist Bookfair and month-long Festival of Anarchy bring together anarchist ideas and practice through words, images, music, theatre, and day-to-day struggles for justice, dignity, and collective liberation.

ANARCHISTBOOKFAIR.CA

OPEN DOOR BOOKS

The Open Door Books (ODB) collective is part of an informal network of Books to Prisoners programs throughout North America. ODB seeks to support and work in solidarity with imprisoned people through the provision of books and informational resources. We believe that prisons and the (in) justice system act as institutions of social control and oppression that further target marginalized people. If you would like to get involved or donate books, you can reach us at:

BOOKSTOPRISONERS@GMAIL.COM
FACEBOOK.COM/ODBMONTREAL
OPENDOORBOOKS.WORDPRESS.COM



OPEN SOURCE BIRTH PROJECT / ACCÈS POPULAIRE À LA NAISSANCE

The Open Source Birth Project//Accès Populaire à la Naissance is a tiny pilot project in Tiotia:ke (Montréal) that dreams to create online and offline spaces which will increase access to information regarding reproductive health, reproductive rights, and reproductive justice for all. We hope to challenge the industrial medical complex, which treats reproductive health as an illness, by creating an online database of resources and hosting popular education events that are free and open to all.

PROJECTIONS INSURGÉES

Formed in so-called Montréal during the spring of 2014 by Medi@s Libres, subMedia.tv, and Ni Québec, Ni Canada, the folks who inhabit Projections Insurgées continue to recognize the vital importance of radical independent media and still work to build places where beautiful and dangerous ideas can live. Continuing to organize screenings in various venues around the city based on anti-

capitalist, anti-colonial, anti-patriarchal, and anti-authoritarian principles, we helped to facilitate the International Anarchist Film Festival held during the 2015 Montreal Anarchist Bookfair, which saw thirty films from fourteen countries screened over three days in May!

QUÉBEC ACCESSIBLE

Québec Accessible is a grassroots initiative advocating for a strong provincial accessibility law to combat disability discrimination. Our group educates, unites, and advocates for improved accessibility and inclusion in Quebec.

QUEER BETWEEN THE COVERS (QBTC)

The QBTC bookfair collective aims to provide access to queer-written materials in Tio'tia:ke, aka Montréal, prioritizing traditionally marginalized voices and a variety of queer experiences. QBTC participates in local literary events, maintains a year-round distro, and organizes an annual book fair as part of Pervers/cité, the alternative pride festival. Through this work we aim to create spaces that foster the growth of new and existing queer communities. We are supported by QPIRG Concordia.

QUEERBETWEENTHECOVERS@GMAIL.COM
QUEERBETWEENTHECOVERS.ORG



QOULEUR COLLECTIVE

Qouleur is a grassroots collective of self-identified 2-spirited and LGBTQ Indigenous people and people of colour based in Montréal. We build community through empowerment, skill-share, and support networks. We use art to self-represent, challenge dominant narratives and institutions, and document our experiences. We create anti-oppressive spaces, resist colonial legacies, commit to Indigenous solidarity, and create alliances across our differences.

QOULEUR.CA

GROUPS

QPIRG-CONCORDIA WORKING GROUPS (CONT'D)

RE:BODIES

Re:bodies is a collective dedicated to the well-being, bodily sovereignty, and creativity of Black, Indigenous, and People of Colour, particularly those identifying as two-spirited, queer, trans, gender non-conforming, intersex, and/or women. Re:bodies coordinates the sharing of body-centred knowledge, resources, practical skills, and community connections between and led by members of these communities.

REBODIES.WORDPRESS.COM

RE-CON

Re-Con is a prisoner initiated reintegration program created in 1999 that focuses on challenges facing individuals with a life sentence. The group is made up of currently incarcerated people, formerly incarcerated people now serving their sentence on parole, and outside volunteers. It is Re-Con's main goal to establish links between prisoners and the community after a long period of incarceration and isolation. We aim to diminish the effects of institutionalization through personal development workshops and by sharing access to outside community resources that may help reintegration upon release from prison.

RECON.FTC@GMAIL.COM

SIDETRACKS SCREENPRINTING COLLECTIVE

Sidetracks is a collective whose mandate is to make screenprinting accessible to projects and organizations working for social change, especially those that work around self-representation, self-expression, anti-racism, and queer liberation.

SIDETRACKS.TEAM@GMAIL.COM

FACEBOOK.COM/SIDETRACKSCollective

STEEMILIESIDETRACKS.WORDPRESS.COM



SUBMEDIA.TV

subMedia.tv is a grassroots, independent media collective that runs on donations from our viewers and supporters. If you see value in the radical content we produce and have a few bucks to spare, please consider supporting our work.

COLLECTIF TECHNOLIBRE

TechnoLibre is a collectively-run community centre, hardware education centre, and e-waste recycling and reuse centre that's launching in 2017. We aim to disrupt the system of planned obsolescence, environmental degradation, and labour exploitation that underpins the computer industry by providing an alternative where old and unwanted computers are sent back into the community instead of disposed of. We accept donations of old computers and refurbish them to give them to volunteers or community groups, sell them at our thrift store, or recycle them ethically. Our work is based in principles of solidarity and accessibility of technology. We provide free and cheap computers to those who need them, teach volunteers about hardware, offer community workshops and open-help nights (kind of like a co-op bike garage for computers!) and promote open source software and the free exchange of knowledge.

TOOTI FROOTI HINDI/URDU SABHA

We are a Montréal-based group that comes together to practice speaking and understanding Hindi/Urdu and to talk about progressive politics and culture. Some of us speak Hindi/Urdu well, others speak a little and want to improve. This group is for people with a little bit of knowledge of Hindi/Urdu, or for fluent speakers. We want to create an environment where we support each other speaking and understanding Hindi/Urdu. It's also a group for people who share progressive politics: anti-caste, anti-colonial, feminist, in support of Indigenous and adivasi self-determination, against all forms of oppression including sexism, racism, homophobia and ableism, and support for progressive secular social justice movements on the subcontinent and here in North America.

TOUT LE HOOD EN PARLE

TLHEP met de l'avant les témoignages, les histoires et les cultures de personnes racisées.



QPIRG-C AND QPIRG-M WORKING GROUPS

ACCESSIBILIZE MONTREAL

Accessibilize Montreal! aims to make Montréal a more accessible place in every way: from the mindsets and interactions between Montrealers to the infrastructure that surrounds us. By holding workshops and providing trainings, we seek to challenge mainstream perceptions of disability, and through advocacy and direct action we protest transit and systemic discrimination. Join us in our movement beyond ableism and in a respect of diversity!

FACEBOOK.COM/ACCESS4MTL
MOUUMENTEXCLUSIF.ORG

BLACK INDIGENOUS HARM REDUCTION COALITION (BIHRA)

BIHRA is a community-based harm reduction service and resource coordination initiative, by and for the Indigenous and/or Black communities. The alliance provides reflexive harm reduction options with empathy and care, while developing resources, materials, and research on self-determined HIV/AIDS service, care, and support for our communities.

FACEBOOK.COM/BLACKIN-
DIGENOUSHARMREDUX



C-UNI-T (COMMUNITY- UNIVERSITY-TALKS)

C-Uni-T (pronounced 'see-unity') is a collective of students and community members committed to the pursuit of accessible education informed by anti-colonial and critical race discourses. Members pursue projects and organize events in which the diverse experiences and strengths of Black people and communities are centered, and that create opportunities for dialogue and collaboration between university students and members of local Black communities.

C.UNIT.FORUM@GMAIL.COM
C-UNI-T.ORG

MARCH 8 COMMITTEE WOMEN OF DIVERSE ORIGINS

The Women of Diverse Origins/Femmes de diverses origines is a network of individuals and organizations of women from different backgrounds. We are united against imperialism and the belief that

our resistance locally must be link with those of our sisters globally. Our activities centre around the celebration of International Women's Day, which underscores the struggle of the toiling masses, when we organize an annual conference and a rally.

PRISONER CORRESPONDENCE PROJECT

The Prisoner Correspondence Project is a collectively-run initiative based out of Montréal, Quebec. It coordinates a direct-correspondence program for gay, lesbian, transsexual, transgender, gendervariant, two-spirit, intersex, bisexual & queer inmates in Canada and the United States, linking these inmates with people outside of prison. It also coordinates a resource library of information and aims to make prisoner justice and solidarity a priority within queer movements on the outside through events like film screenings, workshops, and panels which touch on the broader issues relating to criminalization and incarceration of queer and trans people.

PRISONERCORRESPONDENCEPROJECT.COM

PRISONER
CORRESPONDENCE
PROJECT



SOLIDARITY ACROSS BORDERS

Solidarity Across Borders is a Montréal-based network engaged in the struggle for justice and dignity of immigrants and refugees. We are comprised of migrants and allies, and come together in support of our main demands: status for all, an end to deportations and detentions, and the abolition of double punishment of migrants with criminal records. We also work towards building a "Solidarity City" in Montréal. Some of us have direct experiences with the immigration and refugee system; some of us come from immigrant backgrounds; all of us organize as part of a collective struggle for justice and dignity. For us, there is no such thing as "illegal" human beings, only unjust laws and illegitimate governments. We organize not on the basis of charity, but on one of solidarity and mutual aid.

SOLIDARITESANSFRONTIERES@
GMAIL.COM
SOLIDARITYACROSSBORDERS.ORG



RESOURCES

ACCESSIBILITY

ACTION CENTRE

(514) 366-6868

Multicultural activity centre for those with physical or cognitive disabilities that aims to empower, support and include. Provides educational, recreational, and social activities, public outreach activities and peer support.

2214 Dollard Avenue, LaSalle

Easily reached by metro and bus or adapted transit. 21+

English and French

info@centreaction.org

CENTREACTION.ORG

DAWN-RAFH

(1-866) 396-0074 (TOLL FREE)

(514) 396-0009 (LOCAL)

MON-FRI 9 AM - 5 PM

DAWN-RAFH Canada is a resource, outreach and referral service whose mission is to end the poverty, isolation, discrimination and violence experienced by women with disabilities, especially Deaf women. Resource library available.

110 Sainte-Thérèse, suite 505

Confidential, contact form on website.

English and French

DAWNCANADA.NET

MCGILL OFFICE FOR STUDENTS WITH DISABILITIES

(514) 398-6009

(514) 398-8198 (TTY/TDD)

MON-FRI 9 AM - 5 PM

BY APPOINTMENT

The role of the OSD is to provide academic accommodations and services for McGill undergraduate, graduate and postdoctoral students who have a documented disability.

3459 McTavish street, Redpath Library Building, Suite RS56

Entrance is accessible by wheelchair. Call security in order to be assisted through the card-reader doors and around campus.

Drop in hours for registered OSD students only.

English and French

disabilities.students@mcgill.ca

MCGILL.CA/OSD

ACCESS CENTRE FOR

STUDENTS WITH DISABILITIES

(514) 848-2424 x 3525

MON-FRI 9 AM - 5 PM

Students with a variety of disability conditions can use the ACSD. Some examples are: vision, mobility, hearing, chronic medical conditions, learning disabilities, attention deficit disorder, mental health conditions, Autism Spectrum Disorder and other Neurodevelopmental Disorders. The centre can also provide services and accommodations to students with temporary disability conditions that are generally the result of illness or injury.

Concordia 1455 de Maisonneuve West, room H-58

English and French

acsinfo@concordia.ca

CONCORDIA.CA/STUDENTS/ACCESSIBILITY

RADICAL ACCESS MAPPING PROJECT (RAMP)

ONLINE RESOURCE

Disability Justice focused accessibility auditing is about collectively creating useful, accurate, broad-based and up-to-date accessibility information about the physical environment so we can make informed choices about what events and spaces we participate in and support.

English

RADICALACCESSIBLECOMMUNITIES.WORDPRESS.COM

STEP-FREE MONTRÉAL

ONLINE RESOURCE

A facebook group by and for temporarily or permanently physically disabled people, people who use mobility aids, and people who cannot or have difficulty climbing stairs.

English

SEARCH FACEBOOK FOR "STEP-FREE MONTRÉAL"

HEALTH AND WELLNESS

Includes both general and sexual health services.

INFO-SANTÉ

811
24/7

Speak directly to a nurse.

English and French

SANTEMONTREAL.QC.CA

SEXUALITY AND U

ONLINE RESOURCE

An initiative of the Society of Obstetricians and Gynaecologists of Canada. Provides accurate, credible, and up-to-date information and education on sexual and reproductive health.

English and French

SEXANDU.CA

MCGILL HEALTH SERVICES

(514) 398-601 (DOWNTOWN)
MON-FRI 8:30 AM - 4:30 PM

(514) 398-7992 (MACDONALD CAMPUS)
MON-THURS 9 AM - 4:30 PM

Urgent care walk-in, doctors, nurses, dentists, pap tests, STI tests, immunization, sick notes.

3600 McTavish, Brown Student Services building (downtown)
2111 Lakeshore Rd, Centennial Centre, suite 124 (Macdonald campus)

Physically accessible. For McGill students only.

English and French

MCGILL.CA/STUDENTHEALTH

THE POINTE-ST-CHARLES

COMMUNITY CLINIC

(514) 937-9251

MON-FRI 8 AM - 8 PM (BY APPOINTMENT)

MON 12 PM - 4 PM, TUE & THURS 8 AM - 12 PM (WALK IN)

Health card validation, doctors, nurses, social workers, psychologists, nutritionists, speech therapists, blood tests, sexual health, and vaccination services available. Pre and post natal assistance for pregnant folks. Food aid, checkups for children, workshops, and support groups are also available.

500 Ash Avenue

Physically accessible

English and French

CCPSC.QC.CA

SHAG SHOP

(514) 398-2087

McGill's online sexual health boutique. Offers contraceptives, menstrual products, toys, etc.

English

health.promotion@mcgill.ca

MCGILL.CA/HEALTHYMCGILL/SHAGSHOP

CONCORDIA HEALTH SERVICES

(514) 848-2424 X 3565 (DOWNTOWN)
MON-FRI 9 AM - 5 PM

(514) 848-2424 X 3575 (LOYOLA CAMPUS)

MON-FRI 9 AM - 11:30 AM & 1 PM - 4:30 PM

Urgent care walk-in, doctors, nurses, dentists, pap tests, STI tests, immunization, sick notes.

550 De Maisonneuve W., Room GM-200 (SGW campus)

7141 Sherbrooke Street W., Room AD-131 (Loyola campus)

Physically accessible. For Concordia students only.

English and French

CONCORDIA.CA/STUDENTS/HEALTH.HTML

HEAD & HANDS

(514) 481-0277

MON-THURS 10:00 AM - 9:30 PM FRI 10:00 AM - 5:00 PM

Walk-in clinic, STI testing, counselling, abortion referral, pregnancy tests, contraception, free condoms, hormone treatment program for trans-identified clients and more.

5833 Sherbrooke Street West

Free services. Ages 12-25 only. Physically accessible.

English and French

info@headandhands.ca

HEADANDHANDS.CA

AIDS COMMUNITY CARE MONTREAL

(ACCM)

(514) 527-0928

MON-THURS 10 AM - 6 PM

Specializes in peer support and treatment information programs. One-on-one counseling, weekly dinner & discussions on Monday evenings from 6 pm - 9 pm and private consultations for people living with HIV or hepatitis C. Access to phones, condoms, computers and video/book lending libraries. Services such as massages, yoga classes, tax support, haircuts, monthly food and nutritional supplement cooperatives available free of charge.

2075 Rue Plessis

Physically accessible

English and French

(514) 529-9462 (administration)

info@accmontreal.org

ACCMONTREAL.ORG

RESOURCES

HEALTH AND WELLNESS (CONTINUED)

ANOREXIA AND BULIMIA QUÉBEC

(1-800) 630-0907
MON-SUN 8 AM - 3 AM (PHONE)

ANEB is a non-profit organization that guarantees free, immediate, and specialized help to people with an eating disorder and to their loved ones. Open and closed support groups as well as a help and references phone line.

(514) 630-0907 (administration)
5500 route Transcanadienne
Free and confidential.
English and French
ANEBQUEBEC.COM

BILLY MAE

BY APPOINTMENT. HOME PRACTICE.

QTPOC Massage therapist. Tao Shiatsu massage practitioner whose practice consists of listening deeply to your body and supporting its natural capacity for healing. Treatments are done in comfortable loose clothing on a mat.

Point-St-Charles & Southwest
\$40/hr or sliding scale
Priority to trans people of colour
Trauma informed, consent based practice.
English and French
PM ON FACEBOOK

ALISHA VIJAYA

PAPER.RAINCLOUD@GMAIL.COM
BY APPOINTMENT. HOME PRACTICE.

QTPOC yoga Asana practitioner. Teachings are rooted in Ayurvedic principles of the body's innate ability to heal itself. Practice provides structural alignment as the foundation for ease of breath, strength and mobility.

\$30-60/hr sliding scale.
Trauma informed, consent based practice.
English and French

SAMIA MARSHY

SAMIAMARS@HOTMAIL.COM
BY APPOINTMENT. HOME PRACTICE.

Certified Swedish massage therapist. Sessions are designed around relaxation and intentionality.

Parc Extension
2nd floor, not physically accessible.
\$30-60/hr sliding scale. Insurance receipts available.

Prioritizes femmes and women of colour.
Trauma informed, consent based practice.
English and French



.kinnikinnick. *Arctostaphylos uva-ursi*. Bearberry.

ABORTION AND PREGNANCY SUPPORT

GROSSESSE-SECOURS

(PREGNANCY HELP CENTER)

(514) 271-0554
MON-FRI 9 AM - 5 PM

Non-judgemental, anonymous and confidential phone line. You can also set up an appointment with a counselor to do a pregnancy test and talk about your options.

79 rue Beaubien Est
Beaubien Metro
English and French
info@grossesse-secours.org
GROSSESSE-SECOURS.ORG

LE CENTRE DE SANTÉ DES FEMMES DE MONTRÉAL

(514) 270-6114
MON-FRI 8:30 AM - 4:30 PM (CLOSED FROM 12 PM - 1 PM)

Offers information sessions about abortion. They provide morning-after pills and abortion services, and have a supportive, non-judgemental approach.

3401 Avenue de Lorimier
English and French
info@csfmontreal.qc.ca
CSFMONTREAL.QC.CA

MORGENTALER CLINIC

(1-888) 401-4844
MON-FRI 9 AM - 5 PM

Abortion services, curettage (for miscarriages and stopped pregnancies) and contraception services. All-women team of doctors, nurses, and assistants.

1259 Rue Berri, suite 900
9th floor. Free with a valid Quebec Medicare card.
English, French, Spanish, Italian, and Hindi
(514) 844-4844 (local number)
infos@montrealmorgentaler.ca
MORGENTALERMONTREAL.CA/HOME

CLINIQUE MÉDICALE FÉMINA

(514) 843-7904
MON-FRI 8 AM - 5 PM

Abortion services, STI testing, family planning counselling, contraception including IUDs.

1265 Berri, suite 430
4th floor. Physically accessible.
English and French
femina@clinique-femina.com
CLINIQUE-FEMINA.COM

CLSC DES FAUBOURGS

(514) 527-2361 CALL FOR OPENING HOURS
MON-FRI 7 AM - 4 PM

Youth Clinic which provides counseling about pregnancy options and also provides abortion services.

6 rue Sainte-Catherine Street Est
Berri-UQAM Metro.
For youth 18 years and under.
English and French

THE POINTE-ST-CHARLES COMMUNITY YOUTH CLINIC

(514) 937-9251
MON-WED 2 PM - 6 PM

You can meet a nurse at the Youth Clinic to get a free pregnancy test and discuss your options. Pre- and post-natal services.

1955 Centre Street
Charlevoix metro.
For those 24 years old and younger. For more services, see Health and wellness section.
English and French
CCPSC.QC.CA

MONTREAL ABORTION ACCESS PROJECT

ABORTIONINMONTREAL@GMAIL.COM

MAAP/PAR am helps people accessing abortion navigate the system in Montreal by providing non-directional support and accompaniment services. The support team is comprised of trained doulas and sexologists. Supports people of all genders, sexualities, racial and ethnic identities, ages, and abilities during and after procedures. Information and resources related to abortion are free.

English and French
ABORTIONINMONTREAL.CA

HEAD & HANDS

(514) 481-0277
MON-THURS 10:00 AM - 9:30 PM FRI 10:00 AM - 5:00 PM

Pregnancy tests and abortion referrals.

5833 Sherbrooke W
For ages 12-25. For more services see Health and Wellness section.
info@headandhands.ca
HEADANDHANDS.CA

RESOURCES

MENTAL HEALTH AND COUNSELLING SERVICES

ARGYLE INSTITUTE

(514) 931-5629
MON-FRI 10:30 AM - 6 PM

Non-profit counselling and therapy on a sliding-scale. Includes psychotherapy for eating disorders and LGBTQIA2S+ counselling.

4150 Sainte Catherine St, suite 328
3rd floor. Physically accessible.

Sliding scale upon proof of income.

Insurance receipts available.

English and French

ARGYLEINSTITUTE.ORG

MCGILL COUNSELLING AND MENTAL HEALTH SERVICES

(514) 398-3601 (DOWNTOWN)
(514) 398-7992 (MACDONALD CAMPUS)
MON-FRI 9 AM - 4 PM

Free one-on-one short term counselling to individuals dealing with psychological and emotional issues and academic and vocational challenges.

3600 McTavish, Brown Student Services Building, suite 4200 & 5500 (downtown)

2111 Lakeshore Road, Centennial Centre, room CC1-124 (Macdonald campus)

Both locations are physically accessible. For McGill students only.

English and French

counselling.service@mcgill.ca
mentalhealth.stuserv@mcgill.ca

MCGILL.CA/COUSSELLING

MCGILL PEER SUPPORT CENTER

MON-FRI 11 AM - 3 PM

The Peer Support Centre offers free, drop-in, confidential, and non-judgemental peer-to-peer support and resource referral to McGill students.

3480 Rue McTavish, room 411, SSMU building

English and French

mcgill.psc@gmail.com

[HTTP://SSMU.MCGILL.CA/PSC](http://SSMU.MCGILL.CA/PSC)

CONCORDIA COUNSELLING & PSYCHOLOGICAL SERVICES

(514) 848-2424 X 3545 (SGW CAMPUS)
(514) 848-2424 X 3555 (LOYOLA CAMPUS)
MON-FRI 9 AM - 5 PM

Free one-on-one short term counselling to individuals dealing with psychological and emotional

issues and academic and vocational challenges.

1455 de Maisonneuve W, room H-440 (SGW campus)

7141 Sherbrooke St. W, room AD-103 (Loyola campus)

Both locations are physically accessible. For Concordia students only.

English and French

CONCORDIA.CA/STUDENTS/COUSSELLING

CONCORDIA PEER SUPPORT PROGRAM

(514) 848-2424 X 2859
MON-FRI 11 AM - 5 PM

Volunteer run program that works closely with other university services, and peers can make immediate appointments with the appropriate service if the situation calls for it.

2090 Mackay, Annex Z, room 02 (SGW campus)

7141 Sherbrooke St. W, Guadagni Lounge CC-408 (Loyola campus)

Physically accessible. For Concordia students only.

English

CONCORDIA APPLIED PSYCHOLOGY CENTRE

(514) 848-2424 X 7550
BY APPOINTMENT ONLY
MON-FRI 9 AM - 5 PM FROM SEPT-APRIL

Therapy, neuropsychological and psychological services and school evaluations for children, adolescents, adults, and families. Services are provided by psychology interns and psychologists.

7141 Sherbrooke Street W, room PY-111

Physically accessible. Open to all. Sliding scale

English and French

APC@CONCORDIA.CA

ALISON CARPENTER

CARPENTERALISON@HOTMAIL.COM
BY APPOINTMENT

Therapist. Individual and couple counsellor, licensed psychotherapist, clinical supervisor and educator. Humanistic, existential, client-centered, and feminist. Emotionally-Focused Couples' Therapy (EFT) also available.

English

ALISONCARPENTERTHERAPY.ORG

NICOLE MAREK

NNMAREK@GMAIL.COM
BY APPOINTMENT

Psychologist. Provides cognitive-behavioural therapy, humanistic therapy, emotionally-focused therapy, mindfulness-based practice, psychodynamic therapy, and collaborative therapy.

1247 boul. St-Joseph Est
Insurance receipts available.
English and French
NICOLEMAREK.CA

LORENA LOMBARDI

COACH@LORENALOMBARDI.COM
BY APPOINTMENT

Mindfulness Coach and Massage Therapist. Offers intersectional services that promote stress reduction, with an approach that balances the physical, the mental and the spiritual

English
LORENALOMBARDI.COM

PARNEET CHOHAN

RADICALSAFESPACES@GMAIL.COM
BY APPOINTMENT

Radical therapist, utilizing feminist, queer, social justice and multicultural therapy and theories in practice. Uses existential and narrative techniques to balance between understanding the individual places of a person, and the macro-level factors that impact an individual's mental health and wellness.

Sliding scale. Trauma informed practice.
English

MTL HEALING SPACE

ONLINE RESOURCE

A group where people can share resources and ideas about healing, personal growth, and health/illness. Members are encouraged to share perspectives, experiences, resources, questions, articles, and events that centre communities that are often marginalized by institutions and Western frameworks of health.

English
FACEBOOK GROUP

CRISIS LINES

24/7 and free of charge.

TRACOM CRISIS CENTRE

(514) 483-3033

Support for individuals with feelings of confusion, anxiety, distress, suicidal ideas.

TRACOM.CA

SUICIDE ACTION MONTREAL

(1-866) 277-3553 (TOLL FREE)
(514) 723-4000

Offers support services, crisis workers and monitoring for people who are at risk of committing suicide, for their friends and family and for people affected by suicide.

SUICIDEACTIONMONTREAL.ORG

RESOURCES

TRAUMA SURVIVOR SERVICES

SEXUAL ASSAULT CENTRE OF THE MCGILL STUDENTS' SOCIETY

(514) 398-8500

Support groups are offered based on demand throughout the school semester. Provides an accessible, non-judgmental, and safer space for members of many different communities and identifications. Clients will be matched with a group that suits their needs.

3480 McTavish, room B-27

Physically accessible. Location is confidential. Free. Open to all.

18+

English

supportgroups@sacomss.org

main@sacomss.org

SACOMSS.ORG

SEXUAL ASSAULT RESOURCE CENTRE AT CONCORDIA UNIVERSITY (SARC)

(514) 848-2424 x 3461

MON-FRI 9 AM - 5 PM

SARC provides confidential and non-judgmental support and services to Concordia University students, staff and faculty of all genders and orientations who have been affected by sexual violence and/or harassment. They also offer group meetings for survivors.

1455 De Maisonneuve Blvd. W, room H-645

Physically accessible. Free. Open to all.

English

sarc@concordia.ca

CONCORDIA.CA/STUDENTS/SEXUAL-ASSAULT

ENTRAIDE POUR HOMMES

(450) 672-6461

Individual counselling for men experiencing a crisis, depression, situations of conjugal violence, or abuse. They also offer services for people who have been violent or have committed abuse.

Address is confidential, call for location.

Physically accessible. Some costs offered at sliding scale. Maximum of 15 sessions.

English and French

ENTRAIDEPOURHOMMES.ORG

SERVICES D'AIDE AUX CONJOINTS

(514) 384-6296 (10 AM - 10 PM)

MON-FRI 12 PM - 6 PM

Provides assistance to men living in difficult situations. They provide individual and group support. This service also provides help to men who have been violent or abusive. Trans, LGBTQIA2S+ and/or BIPOC friendly.

Address is confidential, call for location.

English and French

SERVICEAIDCONJOINTS.ORG

CIRCLES COLLECTIVE

CIRCLESCOMMUNITYRESPONSE@GMAIL.COM

Community action group. A resource and letter of solidarity to fellow survivors. Their mandate focuses on reconstructing what it means to heal collectively from trauma and be resilient in the face of oppression and violence. Provides resources, coping tools, workshops, conflict de-escalation, facilitation, and reading materials.

FACEBOOK PAGE

AASK MONTREAL

Community action group. Our focus as a collective is to work towards self-education and skill-sharing within the music and arts community. Accessible, entry-level education & training, helping each other learn. Knowledge, skill sharing, and resources available. The collective hopes to facilitate a dialogue between show-goers, venues, promoters & musicians, address problems of discrimination and oppression.

AASKMONTREAL.TUMBLR.COM

THIRD EYE COLLECTIVE

Community action group. A survivor initiated intergenerational grassroots collective led by self-identified women of Black/African origins. This collective is dedicated to healing from and organizing against sexual, gender-based, intimate partner, and state and institutional violence by prioritizing the safety and self-determination of Black women survivors through the lens of transformative justice.

thirdeyecollectives14@gmail.com

THIRDEYEMONTREAL.COM

LEGAL AID

CONCORDIA STUDENT UNION LEGAL INFORMATION CLINIC

(514) 848-2424 X 7375
MON-FRI 1 PM - 5 PM

Free legal information for Concordia students.

1455 de Maisonneuve Blvd W, room H-711/H-729 (SGW campus)
7141 Sherbrooke Street W, room CC-426 (Loyola campus)
No court representation available. Loyola location closed during Summer.
English and French
legalclinic@csu.qc.ca
CSU.QC.CA/LIC

OUTRAGE AU TRIBUNAL / CONTEMPT OF COURT LEGAL CLINIC

OUTRAGEATRIBUNAL@RISEUP.NET

A project by and for people active in social movements with the goal of supporting people facing legal repression as a result of political/activist actions. Our project is based on solidarity and we intend to complement existing legal support initiatives. Provides individual support and workshops.

English and French
OUTRAGEATRIBUNAL.NET

MILE END LEGAL CLINIC

(514) 507-3054
MON-FRI 1 PM - 3 PM 5 PM - 7 PM (PARC-EX)
MON 6 PM - 7 PM (DOWNTOWN)
WEDNESDAY 4 PM - 7 PM (MILE-END)

Free legal advice to residents of Montreal.

419 St-Roch St, suite SS.03 (Parc-Ex)
870 Richmond Square, Tyndale St-Georges Community Centre (downtown)
99 Bernard St. West, Mile-End Community Mission (Mile-End)
Eligibility criteria. Free. No court representation available.
English and French
info@melc.ca
JUSTICEMONTREAL.ORG

HEAD & HANDS

(514) 481-0277
MON-THURS 10:00 AM - 9:30 PM FRI
10:00 AM - 5:00 PM

Legal Coordinator available for youth. Provide information and referrals for a variety of legal issues including tenant rights, labor law, family law, youth protection, debts, and ticketing. Legal clinic available for adults to access advice and/or information from volunteer lawyers.

5833 Sherbrooke W
Free. Suggested donation of \$20 for youth legal services.
For more services see Health and Wellness section.
info@headandhands.ca
HEADANDHANDS.CA

MCGILL INFORMATION CLINIC

(514) 398-6792

Student-run free legal information service. Provides legal information, referral and community services, with a continuing commitment to meeting the needs of marginalized groups. Also offers student advocacy services and a Commissioner of Oaths service.

3489 McTavish, William Shatner University Centre, room 107
Physically accessible. Free and open to all.
Provides legal information but not legal advice.
English and French
LICM.MCGILL.CA

RESOURCES

SERVICES FOR PEOPLE AFFECTED BY THE CRIMINAL (IN)JUSTICE SYSTEM

CONTINUITÉ-FAMILLE AUPRÈS DES DÉTENUES (CFAD)

(1 877) 229-9891 (TOLL FREE)
(514) 989-9891

CFAD first and foremost addresses the needs of women with a criminal record who are undergoing social reintegration and often facing issues such as poverty, marginalization, and isolation. CFAD aims to promote the social reintegration of these female inmates and ex-inmates notably by supporting their efforts to maintain and strengthen their bond with their children.

5128 Notre-Dame W
English and French

CFAD.CA

JUSTICE FOR VICTIMS OF POLICE KILLINGS

22OCT.MTL@GMAIL.COM

The Justice for the Victims of Police Killings Coalition currently involves the family members and friends of those who died direct result of police actions and interventions. We continue to reach out to family and friends of other victims of police killings.

22OCTOBRE.NET

DRUG USER SUPPORT AND SUPERVISED INJECTION SITES

AQPSUD/ L'INJECTEUR / L'ADDICQ

(514) 904-1241

L'Association Québécoise pour la promotion de la santé des personnes utilisatrices de drogues (AQPSUD) est un organisme provincial, qui selon la philosophie de réduction des méfaits et une optique d'empowerment, permet de regrouper des personnes utilisatrices de drogues qui aspirent à faire la promotion de la santé, la prévention des infections transmissibles sexuellement et par le sang et l'amélioration de leurs conditions de vie. L'AQPSUD est l'organisme communautaire responsable de la bonne gestion de L'Injecteur et de l'ADDICQ.

1555, blvd René-Lévesque E
English and French
info@aqpsud.org

LINJECTEUR.CA

CACTUS MONTRÉAL

(514) 847-0067

SEE VARIOUS SCHEDULE ON THEIR WEBSITE
SUPERVISED INJECTION SITE

A community organization for the prevention of blood-borne (BBSI) and sexually transmitted infections. We work with injecting and inhaling drug users, sex workers, and trans people. Harm reduction guides all our interventions. Services include supervised injection site, nurse consultation for those who use drugs by injection and/or inhalation, sex workers, and trans people, and distribution of sterile equipment.

1244 rue Berger
English and French

CACTUSMONTREAL.ORG

BIPOC RESOURCES

DOPAMINE

(514) 251-8872

MON-FRI 9 AM – 4:30 PM, 8 PM – 1 AM
SUPERVISED INJECTION SITE

Dopamine est un organisme communautaire situé dans le quartier Hochelaga-Maisonneuve qui, depuis 20 ans, a pour mandat d'accueillir, soutenir et accompagner les personnes consommant des psychotropes, leur entourage et la population en général du quartier et des secteurs environnants, dans un cadre de prévention du VIH/Sida, hépatites et autres ITSS (infections transmises sexuellement et par le sang). Services include supervised injection site, monthly medical services such as vaccinations, gynecological exams, and STI testing.

Confidential, call for address

Hochelaga-Maisonneuve

English and French

DOPAMINE.CA

VOLTEFACE

ONLINE RESOURCE

A policy innovation hub that explores alternatives to current public policies relating to drugs.

VOLTEFACE.ME

ALL BLACK EVERYTHING MONTRÉAL

ONLINE RESOURCE

Working document about resources available within Montréal's Black communities.

English

shaniceyarde@live.ca (for suggestions or concerns)

[GOO.GL/9R1IA6](https://www.youtube.com/watch?v=600.GL9R1IA6)

BLACK LIVES MATTER MONTREAL

BLACKLIVESMATTER.MONTREAL@GMAIL.COM

BLM Montreal is an action group that aims to form connections and to work in solidarity with black communities, black-centric networks, solidarity movements, and allies in order to dismantle oppression, violence, and brutality committed against black populations in Montréal.

English and French

[FACEBOOK.COM/BLMMONTREAL](https://www.facebook.com/BLMMONTREAL)

MONTRÉAL NOIR

Montréal Noir est un collectif de citoyens Montréalais inquiets par les dérapages policiers envers les communautés noires et le racisme anti-Noir.

English and French

[FACEBOOK.COM/MONTREALNOIR](https://www.facebook.com/MONTREALNOIR)

HOODSTOCK

Hoodstock est un événement annuel visant à mobiliser les forces des communautés culturelles avec des ateliers, des spectacles et des moments d'échange par, avec et pour les membres des communautés noires et racisées. Hoodstock se déroulera à Montréal-Nord, constitué d'une population de plus de 60% de citoyens.ne.s des communautés racisées.

Parc Henri-Bourassa

12004 Boulevard Rolland, La Maison Culturelle Communautaire de Montréal-Nord

Both are physically accessible

Anglais et Français

HOODSTOCK.CA

RESOURCES

BIPOC RESOURCES (CONTINUED)

TOUT LE HOOD EN PARLE

TLHEP met de l'avant les témoignages, les histoires et les cultures de personnes racisées.

French

[FACEBOOK.COM/TOUTLEHOODENPARLE](https://www.facebook.com/toutlehoodenparle)

MTL SANS PROFILAGE

Une recherche action participative sur les relations des jeunes et de la police dans un quartier de Montréal.

French

[FACEBOOK.COM/MTLSANSPROFILAGE](https://www.facebook.com/mtlsansprofilage)

SKA'NYONHSA INTER-TRIBAL YOUTH CENTRE OF MONTRÉAL

(514) 499-1854 X 2229

Located in the basement of The Native Friendship Centre, the Inter-Tribal Youth Centre aims to provide all Indigenous and non-Indigenous youths in Montréal a safe, welcoming, and non-judgemental environment, including choices of activities in order to improve their livelihood. Programs include arts, traditional culture and knowledge; physical health; community involvement; and spiritual and drug-awareness services.

2001 Boul. Saint Laurent

Ages 12-29

English and French

youth.coordinator@nfcmm.org

youth.organizer@nfcmm.org

[NYC.NFCM.ORG](https://www.nfcmm.org)

NATIVE FRIENDSHIP CENTRE

(1 855) 499-1854 (TOLL FREE)

(514) 499-1854

The Native Friendship Centre of Montréal is a non-profit, non-sectarian, autonomous community development agency whose principal mission is to promote, develop, and enhance the quality of life in the urban indigenous community of Montréal.

2001 Boul. Saint Laurent

English and French

info@nfcmm.org

[NFCM.ORG](https://www.nfcmm.org)

PROJECT X

(514) 481-0277

MON-THURS 10:00 AM - 9:30 PM FRI 10:00 AM - 5:00 PM

Part of Head & Hands. To support youth by

helping them find creative ways to survive the effects of institutional racism and racial profiling.

5833 Sherbrooke Street W

Free services. Ages 12-25 only. Physically accessible. For more services see Health and Wellness section.

English and French

info@headandhands.ca

[HEADANDHANDS.CA](https://www.headandhands.ca)

QOULEUR

QOULEUR.QOLLECTIVE@GMAIL.COM

An annual, volunteer-run 2QTPOC festival in Montréal celebrating racialized and Indigenous queer identities and experiences through the arts.

English and French

[QOULEUR.CA](https://www.qouleur.ca)

CONCORDIA ABORIGINAL STUDENT RESOURCE CENTRE

(514) 848-2424 X 7327

Support and programs for First Nations, Métis and Inuit students.

1455 de Maisonneuve West, room H-641

Physically accessible

English and French

[CONCORDIA.CA/STUDENTS/ABORIGINAL](https://www.concordia.ca/students/aboriginal)

INDIGENOUS RESOURCE PORTAL AT

MCGILL

ONLINE RESOURCE

McGill's Indigenous Resource Portal is a source of information about Indigenous- focused student groups, on-campus events, and off-campus resources. You can browse our calendar for upcoming events, get involved with Indigenous-related research, and find resources on education, health, and other topics.

[INDIGENOUSNETWORK.MCGILL.CA](https://www.indigenousnetwork.mcgill.ca)

MCGILL FIRST PEOPLES' HOUSE

(514) 398-3217

MON-FRI 9 AM - 5 PM

We strive to provide a 'home away from home' for First Nations, Inuit and Métis students at McGill University. Playing many roles, including those of residence, gathering place and resource centre, the First Peoples' House is first and foremost a community. We provide a space

where students can find academic support and stay connected to Indigenous culture.

3505 Peel Street
Physically accessible
English and French
MCGILL.CA/FPH

**IEIÉNTHOS AKOTIÓHKWA
PLANTING GROUP**

(450) 635-4374

A community resource that we hope will help Kahnawakehró:non help each other to respect our traditional responsibilities, share seeds, tools, experiences, workshops, and time together. We plant healthy gardens, preserve and share food, recipes and local resources.

IEIENTHOS.AKOTIOHKWA@GMAIL.COM

RECLAIM TURTLE ISLAND

A cross-border grassroots project that works to develop resources for Indigenous sovereigntist and anti-colonial struggles on Turtle Island (“North America”). An all Indigenous collective supporting self-determination through self-representation, RTI fights resource extraction, reservation apartheid, and colonial capitalism by providing media support, video collaborations, social media, workshops, and skillshares within communities and movements.

RECLAIMTURTLEISLAND.COM

UNCEDDED VOICES

Uncedded Voices: Anticolonial Street Artists Convergence is a biennial convergence of primarily Indigenous-identified women/2spirit/Queer and Women of Color street artists in Tiohtià:ke/Mooniyaang. The goal of this convergence is threefold: to develop a network of solidarity and support between Indigenous women/2Spirit/Queer and Women of Color street artists, to promote anti-colonial resistance through diverse street art interventions, and to foster relationships and dialogue between the collective and the broader community. Through street art interventions, the artists in Uncedded Voices collective are from all Turtle Island and express their demands, identities, and histories.

decolonizingstreetart@gmail.com

DECOLONIZINGSTREETART.COM

QTBIPOC HOUSING

ONLINE RESOURCE

A closed group for QTBIPOC to find roommates/digs/sublets/couches to crash on. The point of this group is to make it easier for folks (who are interested) to find housing opportunities.

English and French

FACEBOOK GROUP

**SETTLEMENT REPARATIONS FOR
INDIGENOUS PEOPLE MONTREAL
AND SURROUNDING AREA**

ONLINE RESOURCE

The purpose of this public group is to give the indigenous folks of Montreal and the surrounding area, Kanien’kehá:ka (Mohawk) traditional territory, a place to voice their wants and needs and to be heard and supported by non-indigenous residents in a real and immediate way.

FACEBOOK GROUP

**BUBZ! MONTREAL ANTI-RACIST
TRADEPLACE**

ONLINE RESOURCE

A moderated community space for trading/bartering/exchange. It aims to be a safer space centering the experiences of marginalized folks.

English and French

FACEBOOK GROUP

**BIPOC EMPLOYMENT AND
SKILL SHARE ZONE**

ONLINE RESOURCE

A moderated community space for jobs / employment / skill exchange by and for BIPOC in tionni’tiotiah:ke, so-called Montreal, Kanien’kehá:ka territory. This group was created recognizing the systemic barriers BIPOC face in accessing (stable) employment and income. Intentional space for circulating job opportunity postings toward other BIPOC, prioritizing hiring and paying other BIPOC for work / services, and sharing skills with each other.

English and French

FACEBOOK GROUP

RESOURCES

LGBTQIA2S+ RESOURCES

AIDE AUX TRANSEXUELLES ET TRANSEXUELS DU QUÉBEC (ATQ)

(1-855) 909-9038 (SANS FRAIS)

L'ATQ offre des différentes activités, conférences, groupes de rencontre, diffusion d'information et levées de fonds. L'ATQ offre aussi une ligne d'écoute et de référence, ainsi que des groupes de soutien.

Adresse est confidentielle, communiquer par téléphone ou par courriel pour avoir accès.

ecoute@atq1980.org

Français

ATQ1980.ORG

ASTTEQ MONTRÉAL

(514) 847-0067 x 207

MON 7 PM – 9 PM (DROP-IN)

ASTT(e)Q is run by and for trans people. Offers peer support, advocacy, education, outreach, and community empowerment.

1300 Sanguinet

Office entrance at 300 Ste-Catherine East, 2nd floor

Free or PWYC unless otherwise specified. Free transit fare for

visitors, home visits & prison visits.

English, French and Spanish

info@astteq.org

ASTTEQ.ORG

RÉZO

(514) 521-7778

RÉZO is a community-based organization for trans, gay and bisexual men in Montreal whose focus is overall health promotion as well as the prevention of HIV/AIDS and other sexually transmitted infections (STIs). Programs and services include workshops, discussion groups, counselling, accompaniment and support for gay or bisexual men who are coming out, information and answers about safer sex and sexual health, HIV and STI testing and vaccination against hepatitis A and B. Free condoms are also available.

2075 Plessis, room 207

Metro Beaudry. Free.

French, English, and Spanish

info@rezosante.org

REZOSANTE.ORG

GAI-ÉCOUTE

(1 888) 505-1010 (SANS FRAIS)

(514) 866-0103

24/7

Helpline and information centre for people concerned with questions related to sexual orientation and gender identity. They also offer online chat support as well as email support.

English and French

aide@gaiecoutte.org

GAIECOUTTE.ORG

SANTÉ TRANS HEALTH

Works to promote health and social justice for Trans people in Quebec. Health guidebook is available free of charge through their website.

English and French

SANTETRANSHEALTH.ORG

THE CENTER FOR GENDER ADVOCACY

(514) 848-2424 x 7431 (SERVICES)

(514) 937-2110 (PROGRAMMING AND OUTREACH)

MON 3 PM – 5 PM WED 10 AM – 12 PM (DROP-IN)

Free confidential support services and workshops operating on principles of empowerment, harm reduction and self-determination. Commissioner of Oaths to have your name and gender marker changed, binders by donation, needle exchange program, free safer sex products.

2110 rue Mackay (services)

1500 de Maisonneuve W., suite 404 (programming and outreach)

Accessibility information for both locations on the website

info@genderadvocacy.org

peersupport@genderadvocacy.org

GENDERADVOCACY.ORG

PROJECT 10

(514) 989-4585

MON-THURS 12:00 PM – 6:00 PM (HELPLINE)

THURS 6:30 PM – 8:30 PM (DROP-IN)

Project 10 works to promote the personal, social, sexual and mental well being of lesbian, gay, bisexual, transgender, transsexual, two-spirit, intersex and questioning youth.

1575 Rue Amherst

Free, confidential & anonymous. Building is not equipped with ramps. Ages 14-25.

English and French

questions@p10.qc.ca

P10.QC.CA

L'ASTÉRISK

(514) 318-5428

A friendly, non-commercial space where lesbian, gay, bisexual, trans, queer and questioning youth have access to information, services and a variety of activities. It is also a place where youth under 25 years old can find the support of an intervention team and peer support.

1575 Rue Amherst

Free, confidential & anonymous. Building is not equipped with ramps. Ages 14-25.

English and French

lasterisk@coalitionjeunesse.org

LASTERISK.COM

JEUNESSE LAMBDA

(514) 528-7535

VEN 18H (DROP-IN)

Jeunesse Lambda est un groupe francophone de discussion et d'activités par et pour les jeunes LGBTQ+ ou en questionnement de 14-25 ans. C'est un organisme à but non-lucratif (OSBL) qui a été créé par des jeunes LGBTQ+ voyant dans l'entraide par les pairs et la socialisation la réponse aux questions de coming-out et d'acceptation.

1575 Rue Amherst

Free, confidential & anonymous. Building is not equipped with ramps. Ages 14-25.

Français

info@jeunesselambda.org

JEUNESSELAMBDA.ORG

QUEER MCGILL

(514) 398-2106

(514) 398-6822 (HELPLINE)

Discussion groups, social activities, listening line for McGill students and non-students.

3480 Mc Tavish, SSMU building, room 432

Physically accessible

English and French

QUEERMCGILL.CA

QUEER CONCORDIA

(514) 848-7414

MON & THURS 12 PM - 5 PM TUES 2 PM - 5 PM WED & FRI 1 PM - 05 PM

On-campus resource centre, library and safe space for those who are queer, lesbian, gay, trans, two-spirited, bisexual, asexual, intersex,

questioning and allies. Holds events and workshops for queer and queer-friendly students over the course of each academic year. Stocked with safer sex and reproductive health needs.

2020 Mackay, suite P-102

queerconcordia@gmail.com

QUEERCONCORDIA.COM

MONTREAL QUEER SPOON SHARE

ONLINE RESOURCE

Facilitate community based care in Montreal (traditional territory of the Kanien'keha:ka or Mohawk people) and to connect queer folks who, due to illness, injury, disability, or any other life challenge, are in temporary or long-term need of help. This group is open to anyone who self-identifies as queer, but is centered around queer folks with disabilities.

FACEBOOK GROUP

CHEZ QUEER MONTRÉAL

ONLINE RESOURCE

This is a group for all the queers and queer allies of Montreal to help you find lovely housemates and safe happy homes. Post ads if you're looking for a place to stay, a new roommate, a sublet, or just folks to start a new home with. Intersectional and accessible.

FACEBOOK GROUP

MTL FREAKFAM JOBBY JOBZZZ

ONLINE RESOURCE

Job callouts with accessibility information and LGBTQIA2S+ inclusivity. For freaks only.

FACEBOOK GROUP

ÉCHANGE Q

ONLINE RESOURCE

Queer friendly job openings, Queer community projects to get off the ground, requests for info on queer-friendly services, etc.

FACEBOOK GROUP

RESOURCES

HOUSING AND TENANT SERVICES

HOJO

(514) 848-7474 x 7935
MON-THURS 10 AM - 6 PM FRI 11 AM - 4 PM (SGW CAMPUS)
THURS 1 PM - 5 PM (LOYOLA CAMPUS)

The CSU's Off Campus Housing and Job Bank is your on-campus resource on housing issues and workers' rights. We provide legal information to students, offer a classifieds website to find work and housing, and give workshops across campus and in the community. Visiting HOJO does not require an appointment.

1455 de Maisonneuve Blvd West, H-260 (SGW campus)
7141 Sherbrooke Street W, Central Building CC-426 (Loyola campus)

hojo@csu.qc.ca

LIKEHOME.INFO

HOJO.CSU.QC.CA

PROJECT GENESIS

(514) 738-2036
MON & TUES 9 AM - 4 PM THURS 9 AM - 7 PM
FRI 9AM - 2PM (DROP IN)

Drop-in storefront offers free-of-charge, confidential help in areas such as housing, welfare, pensions, and family allowances. Our services are available to everyone. For example, we do not refuse service based on immigration status, age, religion, country of origin, neighbourhood in which you live, income or housing situation.

4735 Côte Ste Catherine Road

GENESE.QC.CA

COMITÉ BAILS

(514) 522-1817
MON - THURS 1:30 PM - 4:30 PM

Le Comité de base pour l'action et l'information sur le logement social d'Hochelaga-Maisonneuve (Comité BAILS HM) contribue à la promotion du logement social et la défense collective des droits des mal-logés. Le Comité BAILS HM offre les services suivants: atelier d'information sur le logement social; inscription sur les listes de HLM et Coopératives d'habitation; mise sur pied de comités de requérante(s) pour les projets de Coop; suivi et support; listes de demandeurs de Coop pour les coopératives d'habitation qui sont à la recherche de personnes.

1475-1 Rue Bennett

Frais d'inscription: 3\$ pour la carte de membre

info@comite-bails.org

LOGEMENT-HOCHELAGA-MAISONNEUVE.ORG

COMITÉ LOGEMENT

PLATEAU MONT-ROYAL

(514) 527-3495
MON, WED, THURS 9 AM - 12 PM & 1:30 PM - 5 PM TUES 9 AM - 12 PM

Le CLPMR a pour mission la défense des droits des locataires et des mal-logé.e.s du Plateau Mont-Royal, la promotion du logement social (COOP, HLM et OSBL) comme une des alternatives au marché privé locatif et le regroupement et la mobilisation des locataires, des membres et des résident.e.s du pmR afin de faire avancer leurs droits. Que ce soit pour obtenir de l'information sur vos droits et recours en tant que locataire, pour vous impliquer pour le droit au logement en participant à nos actions collectives ou nos activités de vie associative, n'hésitez pas à nous téléphoner!

4450 rue Saint-Hubert, local 328

CLPMR.COM

COMITÉ D'ACTION DE

PARC-EXTENSION (CAPE)

(514) 278-6028

Le CAPE offre de l'information et de l'appui aux résident.e.s du quartier Parc-Extension sur toute question concernant les droits et les obligations du locataire et du propriétaire. Nous offrons des rencontres individuelles au bureau ou par téléphone. Nous offrons également une aide à la rédaction de demandes, des visites de logement, un accompagnement à la Régie du logement. All our services are free and confidential.

Services are provided in French, English and Spanish

419 rue St-Roch, basement, room S503

cape@coopitel.qc.ca

COMITEDACTIONPARCEX.ORG

SHELTERS

P.O.P.I.R.

(514) 935-4649
BY APPOINTMENT

Durant ses heures d'ouverture, le P.O.P.I.R. offre une ligne d'information gratuite et confidentielle qui permet aux locataires de se renseigner sur leurs droits et obligations. De plus, sur rendez-vous, il est possible de rencontrer un intervenant à nos bureaux. Lors de cette rencontre, nous pourrons vous aider à rédiger une lettre pour votre propriétaire, vous aider à remplir une demande à la Régie du logement ou vous préparer à une audience. Toutefois, le P.O.P.I.R. ne peut vous fournir un avocat qui pourrait vous représenter devant les tribunaux.

4017 rue Notre-Dame Ouest
505C, place Saint-Henri (wheelchair accessible)

No accessible bathrooms Services are for residents of Saint-Henri, Petite-Bourgogne, Côte-Saint-Paul, and Ville-Émard only.
info@popir.org

POPIR.ORG

CESSION DE BAIL ET SOUS-LOCATION MONTRÉAL

ONLINE RESOURCES

Ce groupe est créé pour annoncer ou chercher des sous location ou des sessions de bail ici à Montréal.

FACEBOOK GROUP

NATIVE WOMEN'S

SHELTER OF MONTRÉAL

(1-866) 403-4688 (TOLL FREE)
(514) 933-4688
24/7

Offers support and frontline services to First Nations, Inuit and Métis women and children to promote their empowerment and independence. The NWSM is the only women's shelter in Montréal that provides services exclusively to Indigenous women and their children. The NWSM can accommodate up to 16 women and children per night.

Address is confidential, call for details.
English, French, various Indigenous languages.
nakuset@gmail.com

NWSM.INFO

ASSISTANCE AUX FEMMES

(514) 270-8291
BY APPOINTMENT. 24/7

Provides shelter for women with children experiencing abuse. Experience in assisting immigrant women.

Address is confidential, call for details.
English, French and Spanish
information@assistanceauxfemmes.ca

ASSISTANCEAUXFEMMES.CA

AUBERGE MADELEINE

(514) 597-1499

Shelter for homeless women struggling with addiction or who are experiencing abuse.

Address is confidential, call for details.
Multiple flights of stairs to access whole facility; not wheelchair accessible.
English and French
administration@aubergemadeleine.org

AUBERGMADELEINE.ORG

AUBERGE SHALOM

(514) 731-0833 (24/7 SUPPORT LINE AND SHELTER)
(514) 485-4783 (COUNSELLING/RESOURCE OFFICE)

Shelter and counselling/resource office (two separate locations) for women and children who are experiencing or have experienced situations of conjugal violence. Short or longer term counselling includes specialized services such as: for the orthodox Jewish community; legal clinics; community support groups.

Address is confidential, call for details.

RESOURCES

SHELTERS (CONT'D)

Shelter follows the Jewish laws of kashrut (food preparation) and observes Jewish holidays.

English, French, Hebrew, Yiddish

infoaspf@videotron.ca

AUBERGESHALOM.ORG

LA MAISON GRISE

(514) 722-0009

24/7

Offers shelter for women living in homelessness and experiencing abuse. They also provide assistance in finding affordable housing.

Address is confidential, call for details.

French

info@lamaisongrise.org

LAMAISONGRISE.ORG

MAISON FLORA TRISTAN

(514) 939-3463

Provides shelter for immigrant women and children experiencing abuse.

Address is confidential, call for details.

English, Spanish, Portuguese, Russian, Romanian, Créole,

Kinyarwanda, Swahili and Arabic

aide@maisonfloratristan.com

MAISONFLORATRISTAN.COM

LE PARADOS

1-800-363-9010 (TOLL FREE)

(514) 873-9010 (SHELTER)

(514) 637-3529 (GENERAL)

24/7

Free short term shelter for women and children who are experiencing or have experienced conjugal violence. They also support women in their path towards economic, legal and social security.

Address is confidential, call for details.

French

parados@videotron.ca

LEPARADOS.COM

MAISON SECOURS AUX FEMMES DE MONTRÉAL

(514) 593-6353

24/7

Shelter catering specifically to immigrant women and their children experiencing abuse.

22150 Csp St-Marc

French, Chinese, Spanish, Arabic, Urdu, Bengali, Hindi and Wolof

FOOD ASSISTANCE

HEAD & HANDS

(514) 481-0277

MON-THURS 10:00 AM – 9:30 PM FRI 10:00 AM – 5:00 PM

Emergency food security service is available to youth and adults once a month. The food pantry provides one day's worth of food.

5833 Sherbrooke Street West

Free services. Ages 12-25 only. Physically accessible. For more services see Health and Wellness section.

English and French

info@headandhands.ca

HEADANDHANDS.CA

QUÉBEC COLLECTIVE KITCHEN GROUP

ONLINE RESOURCE

L'action du RCCQ vise le développement de l'autonomie alimentaire par les personnes, les familles et les communautés, au moyen de l'éducation populaire et du renforcement du pouvoir d'agir individuel et collectif pour une société plus juste et solidaire.

English and French

RCCQ.ORG

THE SOCIAL ECONOMY

COMMITTEE LIST

ONLINE RESOURCE

Le Conseil d'économie sociale de l'île de Montréal (CESIM) est une instance régionale de développement en matière d'économie sociale et un réseau d'affaires formé d'entreprises et d'acteurs montréalais de l'économie sociale.

English and French

ECONOMIESOCIALEMONTREAL.NET

QUÉBEC FOOD BANKS

ONLINE RESOURCE

Site that allows you to search all food banks in Quebec.

English and French

BANQUESALIMENTAIRES.ORG

NDG FOOD DEPOT

(514) 483-4680
TUES 2 PM TO 7 PM FRI 10 AM TO 2 PM

Twice-weekly emergency food baskets provide healthy groceries for residents of the following postal codes: H4A-H4B-H4V-H4W-H4X-H3X-H3Z-H8R-H3W. The Depot also offers collective gardening and community kitchen services.

2146 Av Marlowe

DEPOTNDG.ORG

PEOPLE'S POTATO

(514) 848-2424 X 7590
MON-FRI 12:30 PM - 2 PM
DURING THE FALL & WINTER SEMESTERS ONLY

By-donation vegan lunches with gluten-free options at Concordia University. On their website you can find Montreal's Food Assistance Guide, a database of food resources by neighbourhood and a directory of Food Resources for Low Income People of Greater Montreal.

1455 de Maisonneuve W, H-733

By-donation. Wheelchair accessible with accessible bathrooms.

Bring your own container and cutlery.

English and French

peoplespotato@gmail.com

PEOPLESOTATO.COM

HIVE FREE LUNCH PROGRAM

(514) 286-0486
MON-FRI 12:30 PM - 1:30 PM

Offers a free vegan, nut-free lunch every school day at the Loyola campus. The downtown location is not free but is a cooperatively-run café offering locally & ethically sourced, healthy, affordable, and delicious food options in Downtown Montréal.

1455 de Maisonneuve Blvd W, room H-290 (downtown co-op cafe)

7141 Sherbrooke West, 2nd floor (Loyola campus free lunch)

Not allergen-free. Not physically accessible. If you would like to access free lunch, but are unable to due to the inaccessibility of this building, please contact us.

English and French

hivefreelunch@gmail.com

HIVECAFE.CA

MIDNIGHT KITCHEN

(514) 398-2337
MON-THURS 12:30 PM
DURING THE SEMESTER ONLY

Free, by-donation vegan lunches served at McGill University. There are three serving locations, depending on the day.

3480 McTavish, room 203A, room 302 & room 401

Wheelchair accessible with accessible bathrooms nearby. Bring your own container and cutlery

midnightkitchencollective@gmail.com

MIDNIGHTKITCHENCOLLECTIVE.WORDPRESS.COM

CONCORDIA'S MULTI-FAITH AND SPIRITUALITY CENTRE

(514) 848-2424 X 3593
BY APPOINTMENT

Concordia Students in immediate financial need may be able to receive gift cards that can be used at Provigo or Maxi. Also serves weekly vegan meals for \$2 with Mother Hubbard's Cupboard. Concordia students only

2090 Mackay St.

Mother.Hubbards@concordia.ca

mfsc@concordia.ca

CONCORDIA.CA/STUDENTS/SPIRITUALITY

RESOURCES

REFUGEE, NON-STATUS, IMMIGRANT & NEWCOMER SERVICES

ACTION GAY, LESBIENNE, BISEXUELLE, TRANS ET QUEER POUR IMMIGRANTS ET RÉFUGIÉS (AGIR)

INFO@AGIRMONTREAL.ORG
BY APPOINTMENT

Offers services, information, programs and resources, in addition to protecting and defending the legal, social and economic rights of migrants (asylum seekers, refugees, immigrants, and those with undetermined status).

2075 rue Plessis, Bureau 311
English, French and Spanish

AGIRMONTREAL.ORG

ACTION RÉFUGIÉS MONTRÉAL

(514) 935-7799
MON-FRI 9 AM - 5 PM

We seek justice for asylum seekers and refugees. We promote partnerships among refugees, faith communities and society at large for mutual empowerment. Through our programs we provide hope and assistance while raising awareness of refugee rights.

1439 Ste. Catherine West, suite 2
English and French
info@actionr.org

ACTIONR.ORG

L'HIRONDELLE

(514) 281-2038

L'Hirondelle est un organisme communautaire qui travaille à l'accueil des nouveaux arrivants et à leur insertion socio-économique en partenariat avec les milieux privés, publics et communautaires.

French

HIRONDELLE.QC.CA

MAISON SECOURS AUX FEMMES DE MONTRÉAL

(514) 593-6353
24/7

Shelter catering specifically to immigrant women and their children experiencing abuse.

For more services see Shelters section
22150 Csp St-Marc

French, Chinese, Spanish, Arabic, Urdu, Bengali, Hindi and Wolof

MÉDECINS DU MONDE

(514) 281-8998 x 246
TUES & THURS 1 PM - 4 PM
WED 1 PM - 4 PM (PREGNANT WOMEN ONLY)

Provides free but limited health services to migrants with no medical coverage, non-status people and people in precarious financial situations.

560, boul. Crémazie Est

Free and confidential service. Building is not equipped with a ramp, can request assistance from clinic workers.

English and French, possibility to request translation services from volunteers to the clinic.

info@medecinsdumonde.ca

MEDECINSDUMONDE.CA

MULTI-ÉCOUTE

(514) 737-3604
MON-FRI 9 AM - 12 PM & 1 PM - 5 PM
IN PERSON COUNSELLING BY APPOINTMENT

Listening services & referral service, help with filling out forms, translation and certification of documents, French and English courses, conversation workshops, integration workshops for immigrants, socio-cultural activities.

3600 Avenue Barclay, suite 460

There are a few steps to go up before being able to access the elevator.

French, English, Spanish and Arabic (phone line)

English, French, Persian, Spanish (counselling)

MULTIECOUTE.ORG

PRIMARY CARE CLINIC FOR MIGRANTS WITHOUT HEALTH COVERAGE

(514) 609-4197
BY APPOINTMENT

Address is confidential, call for location.

PROGRAMME RÉGIONAL D'ACCUEIL ET D'INTÉGRATION DES DEMANDEURS D'ASILE (PRAIDA)

(514) 731-8531

Formation et sensibilisation dans la communauté et auprès des professionnels du réseau de la santé et des services sociaux quant aux besoins spécifiques des demandeurs d'asile.

5700 Côte-des-Neiges. french only.

PARENTS

PREMIÈRE RESOURCE

(1-866) 329-4223 (TOLL FREE)

(514) 525-2473

MON-FRI 9 AM – 4:30 PM

Free counselling line for parents, parental figures & children concerning family issues.

English and French

PREMIERERESSOURCE.COM

YOUNG PARENTS PROGRAM

(514) 483-0660

WED & FRI 12 PM – 3:30 PM

Part of Heads & Hands. A place for parents or parents-to-be under the age of 25 to meet and connect with other parents in a friendly, casual, and inviting atmosphere. The YPP is a space for parents to share experiences and resources as well as their hopes and fears.

6870 rue de Terrebonne

Physically accessible. For more services see Health and Wellness section

English and French

ypp_pjp@headandhands.ca

HEADANDHANDS.CA

CONCORDIA UNIVERSITY STUDENT PARENTS CENTRE

(514) 848-2424 X 2431

MON-FRI 10 AM – 6 PM

A child-friendly space on campus that offers a computer lab, kitchen, nursery (with toys and games), and a lounge for student parents and their children. Does not provide childcare.

1410 Guy St, room 24

English

CUSP@CONCORDIA.CA

MCGILL FAMILY CARE

ONLINE RESOURCE

(514) 398-5645

Provides information about various aspects of family care to the entire McGill community

English

family.coordinator@mcgill.ca

MCGILL.CA/FAMILYCARE

SSMU DAYCARE CENTRE

(514) 398-8590

a privately run, non-profit group from SSMU which offers full-time childcare to 32 children of the McGill community. Subsidized by the Québec Government and partly funded by McGill University undergraduate student fees. Parents pay only \$7 per day.

3600 McTavish, suite 2300

Physically accessible. McGill students only. Priority to undergraduate McGill students. For children aged 18 months - 5 years old

English and French

SSMU.MCGILL.CA/DAYCARE

PGSS STUDY SUNDAYS

(514) 398-3756

SUN 9:30 AM – 2 PM

PGSS members with child dependents have the opportunity to complete academic work while their children are cared for in the same building by trained volunteers. There will be organized activities to entertain the children. The objective of the program is to provide student parents with an opportunity for quiet study time and is designed to better serve the McGill community. Morning snack and beverages are provided.

3650 McTavish, room 401, Thompson House

Must be a PGSS member. For children ages 2 and up.

PGSS.MCGILL.CA/EN/FAMILY-CARE

RESOURCES

FOR SEX WORKERS

THE FEMINIST ALLIANCE IN SOLIDARITY FOR SEX WORKERS' RIGHTS (FAS)

ALLIANCEFEMINISTESOLIDAIRE@GMAIL.COM

A Québec coalition of individuals and feminist groups working together to support and defend the rights of people working in all sectors of the sex industry.

ALLIANCEFEMINISTESOLIDAIRE.ORG/ABOUT-US

STELLA

(514) 285-8889 (SUPPORT LINE)

(514) 285-1599 (OFFICE)

MON & WED-FRI, 11 AM - 5 PM (PHONE & DROP-IN)

Organization run by and for sex workers that provides support, resources, and information for sex workers as well as a support hotline.

2065 rue Parthenais, bureau 404

English and French

info@chezstella.org

CHEZSTELLA.ORG

SCARLET SOLIDARITY

SCARLETSSOLIDARITY@GMAIL.COM

Scarlet Solidarity is a tool offered to sex workers both off-campus and on McGill campus so they may improve the quality of their lives and their working conditions

MCGILL SERVICES

There are many McGill services listed under other headings

MCGILL CAREER PLANNING SERVICE

(514) 398-3304

(514) 398-7582 (MACDONALD CAMPUS)

MON-FRI FROM 9 AM - 5 PM

CaPS offers a number of workshops on resume/cover letter-writing, how to find a job and interview skills as well as “myfuture” online job listings, career fairs, speaker series from various career fields, mentoring and CV/Advising drop-in. If you are seeking employment or if you need help figuring out what to do with your life, CaPS also provides individual appointments with experienced career advisors designed to help you explore your career options, including graduate and professional schools, as well as the Program for the Advancement of Career Exploration (PACE.), a series of four workshops involving vocational testing and self-assessment.

3600 McTavish St, Brown Building, room 2200 (downtown)

21111 Lakeshore Road, Centennial Centre (Macdonald campus)

Both locations are physically accessible

English and French

careers.caps@mcgill.ca

mcgill.ca/caps

CAPS.MYFUTURE.MCGILL.CA

SOCIAL EQUITY AND DIVERSITY EDUCATION (SEDE)

(514) 398-2039

SEDE provides information and education to all areas of the University in order to create safer and more inclusive learning, living, and working environments. Through workshops, trainings, events, programs and community-engaged learning, SEDE aims to share resources and better foster equity and diversity across the McGill community.

3610 McTavish, suites 11 & 12

Physically accessible

English and French

equity.diversity@mcgill.ca

On facebook and twitter

MCGILL.CA/EQUITY_DIVERSITY

CONCORDIA SERVICES

There are many Concordia services listed under other headings

THE MCGILL OFFICE OF SUSTAINABILITY

(514) 398-2268

Provides the strategic guidance, support, and resources to transition McGill into an institutional model of sustainability for society. In partnership with students, staff, and faculty, we advance McGill's vision for sustainable research, education, connectivity, operations, and governance.

1010 Sherbrooke Street West, suite 1200

English and French

sustainability@mcgill.ca

MCGILL.CA/SUSTAINABILITY

MCGILL NIGHTLINE

(514) 398-6246

MON-SUN 6 PM – 3 AM

DURING THE SEMESTER ONLY

McGill Students' Nightline is a confidential, anonymous and non-judgmental listening service, run by McGill students, providing the community with a variety of support. This includes anything from information to crisis management and referrals.

Open to all

English

SSMU.MCGILL.CA/NIGHTLINE

THE INSTITUTE FOR GENDER, SEXUALITY, AND FEMINIST STUDIES (IGSF)

(514) 398-3911

MON-FRI 9 AM – 4 PM

Supports cutting-edge research, teaching and outreach activities in gender, sexuality and feminist studies. We aim to produce knowledge that is accessible to the public and in dialogue with our local communities. Through community and university partnerships, we host public events, support student internships in gender, sexuality and feminist studies, fund student awards on community service and academic excellence, host visiting professors from around the world, and organize public events and workshops on a number of issues, from current struggles for justice to emergent research methodologies and advocacy in the field.

3487 Peel St, 2nd Floor

English

MCGILL.CA/IGSF

CONCORDIA CAREER

AND PLANNING SERVICES

(514) 848-2424 x 7345

CAPS can help you find a career related job or internship. Figure out your career path and what to do with your degree. Get individualized assistance and find the career resources you need to reach your goals!

2070 rue Mackay, EN-109 (downtown)

7141 rue Sherbrooke W, AD-103 (Loyola campus)

CONCORDIA.CA/STUDENTS/SUCCESS/CAREER-PLANNING-SERVICES

FINANCIAL AID AND AWARDS OFFICE

(514) 848-2424 x 3507

MON-THURS 10 AM – 5 PM, 1PM – 4 PM (WALK-IN)

MON-THURS 10 AM – 4:30 PM (CLOSED FROM 12 PM – 1 PM)

We're here to help you manage your investment in your education. We give you personalized, in-depth advice to plan your budget so you can focus on your studies. Offers assistance with applying for scholarships and awards, applying for government student aid, budgeting, and working on campus.

1550 de Maisonneuve W, GM-230

7141 rue Sherbrooke W, AD-121.02 (Loyola campus)

fundingyoureducation@concordia.ca

CONCORDIA.CA/OFFICES/FAAO

THE SIMONE DE BEAUVOIR INSTITUTE

(514) 848-2424 x 2370

Established in 1978 as a site for action and the production of knowledge about women's lives, SdBI has the oldest Women's Studies program in Canada and is recognized as one of the most innovative places in Quebec and Canada to study feminisms and develop initiatives that promote equality and social justice for all.

2170 Bishop

Not physically accessible

English

linda.bowes@concordia.ca

CONCORDIA.CA/ARTSCI/SDBI

RESOURCES

INDEPENDENT MEDIA

MTL COUNTER-INFO

ONLINE RESOURCE

A platform that publishes texts, images, and videos that are submitted to it, usually anonymously. The site does not represent any group or organization. We invite widespread contribution from people and groups engaged in struggles against systems of domination.

MTLCOUNTER-INFO.ORG

DIRA

(438) 928-2728

Anarchist library

2035 Boulevard St. Laurent

BIBLIOTHEQUEDIRA.WORDPRESS.COM

L'INSOUMISE

(514) 313-3489

Anarchist bookstore

2033 Boulevard St. Laurent

INSOUMISE.WORDPRESS.COM

CONCORDIA UNIVERSITY TELEVISION

CUTV offers a variety of educational and production tools to its members, supporting students and professional artists alike in their media projects. CUTV gives its members access to professionally equipped television and audio recording spaces, state of the art media creation equipment and editing suites, as well as industry workshops, training and production meetings for its members. CUTV is a member-operated campus/community media production organization.

sasha@cutvmontreal.com

CUTVMONTREAL.COM

CJLO 1690AM

Concordia University radio station

facebook.com/cjlo1690am

CJLO.COM

CKUT 90.3FM

McGill's campus-community radio station

CKUT.CA/EN

CINEMA POLITICA

Regular screenings of independent political films at Concordia, McGill and UQAM.

CINEMAPOLITICA.ORG

QPIRG CONCORDIA ALTERNATIVE LIBRARY

(514) 848-7585 (QPIRG OFFICE)

MON-THURS 12 PM - 6 PM

The QPIRG Concordia Alternative Library is a free library that is committed to fulfilling the QPIRG Concordia mandate, which aims to promote social and environmental justice.

1500 de Maisonneuve, suite 204

2nd floor, physically accessible by elevator

QPIRGCONCORDIA.ORG/LIBRARYCIRCULATION

QPIRG MCGILL RESOURCE CENTRE

LIBRARY.QPIRGMCGILL@GMAIL.COM

MON-FRI 12 PM - 6 PM

Dedicated to providing hard-to-find books, periodicals, media, and zines that contribute to QPIRG McGill's anti-oppression mandate and support its working groups.

3647 University

3rd floor, not physically accessible

QPIRGMCGILL.ORG/RESOURCES

[/ALTERNATIVE-RESOURCE-LIBRARY](http://ALTERNATIVE-RESOURCE-LIBRARY)

CONCORDIA'S FINE ARTS READING ROOM

(514) 848-2424 X 5633

MON-THURS 10 AM - 7 PM FRI 10 AM - 6 PM

The Fine Arts Reading Room is a student-run library and resource centre. We offer access to computers, printing, and loans from our collection of historical and contemporary art publications. We also provide students with funding through our annual residency project as well as small publishing grants.

1515 Sainte Catherine W., EV-2.785

farrconcordia@gmail.com

READINGROOM.CONCORDIA.CA

MONTREAL'S ALTERNATIVE LIBRARIES DATABASE

ONLINE RESOURCE

ALTERNATIVELIBRARIES.ORG



MAKE THE ANCESTORS PROUD

Marie Joseph Angelique

#ANTI375

#UNSETTLE150

#JEMESOUVIENSANGELIQUE

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*See Groups section for more information about our funders!

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Defend the Territory (p.3) — CCH

Part of the #anti-375 and #resist150 street-art campaign.

Tioh'tia:ke and Surrounding Areas
in the Kanien'keha:ka Language (p.6) — Karonh'io Delaronde

Sleepcrawl (p.8) — JJ Smith

Bring Bissan Home (p. 9) — Hikaru Ikeda

Brick (p.31) — Unknown

Gender Europhria Flowchart (p.34) — Emciel

Demilitarizing McGill Illustrated (p.35) — Demilitarize McGill

Boxing Allies (p.38) — Anna J. McIntyre

Yarrow (p.43) — Sarah Farahat

Anishaanabek Medicine Wheel (p.44-45) — Design by Priscilla Goulais and content
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Slavers Not Saviours (p.98) — CCH

Part of the #anti-375 and #resist150 street-art campaign.

Poster #05, Decolonial Love (p.99) — Anonymous

Part of this Graphic History Collective's series Remember | Resists | Redraw: A Radical History
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Untitled (p.176) — Loretta Mui

Make The Ancestors Proud, Marie Angelique (p.213) — Reclaim Turtle Island

Part of the #anti-375 and #resist150 street-art campaign. Collage includes adornment from Onon-
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SCHOOL SCHMOOL

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